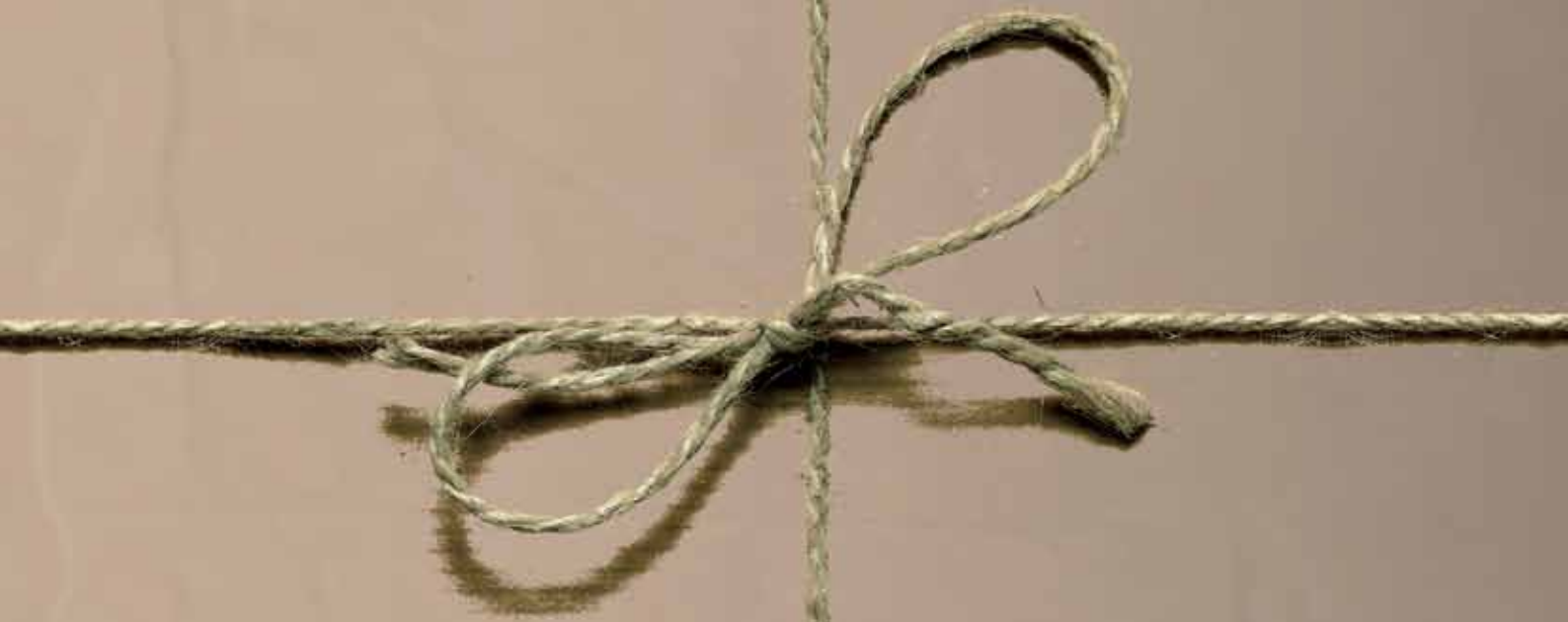


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英文版 4 月份  
国内统一刊号:  
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China Intercontinental Press

ISSN 1672-8041



9 771672 804043

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26 <sup>th</sup> April 2014	Huadu of Guangzhou	Info Session & Learning Activities	24 <sup>th</sup> April 2014



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Supervised by the State Council Information Office of the People's Republic of China  
主办单位: 五洲传播出版社  
地址: 北京市海淀区北三环中路31号生产楼B座7层 邮编100088  
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广告经营许可证: 京海工商广字第8069号  
法律大部: 大成律师事务所 魏君贤律师  
Legal advisor: Wei Junxian, Dacheng Law Firm  
国际标准刊号: ISSN 1672-8041

国内统一刊号: CN 11-5233/GO  
定价: 20.00元 邮发代号: 4-845  
如发现印刷装订问题, 请与广州白云天马印刷厂联系  
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# THE WRAP



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### // THE SEX FACTOR

Chinese attitudes towards making love have changed drastically over the last few decades. We talk to everyone, from parents and university students to prostitutes and strippers, to discover the joy of sex in the PRD.

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Patients and physicians are increasingly traveling to China for medical revolutions.



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Instead of flailing your arms desperately at passing taxis, hail a ride with these popular apps.



## //24 TURKISH DELIGHTS

Istanbul overflows with markets and minarets, but it's the cuisine that is a true feast for the senses.



## //32 ALL NIGHT LONG

A bit of say you, say me with soulful singer-songwriter Lionel Richie.



## //46 COUNTRY STRONG

Head out to the suburbs to discover a cornucopia of organic produce ripe for the picking.

### // QUOTE OF THE ISSUE



# “OLDER MEN ARE THE BEST. THEY HAVE SEX ONCE AND FALL ASLEEP.”

A PROSTITUTE SHARES HER EXPERIENCES BETWEEN THE SHEETS IN OUR COVER STORY [P41](#)

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# EDITOR'S NOTE

## Editor's Note

The average woman thinks about sex 9.9 times a day, according to a recent study, while men clock in at 18.6 times. While not quite as much as the oft-quoted (and probably erroneous) stat of once every seven seconds, that's still a sizable amount of time spent dwelling on doing the nasty. With that – and the recent Dongguan crackdown on prostitution – frolicking around our brains, we just had to find out all about the perception of the reproductive rite in the PRD. Our editors threw aside their inhibitions and chatted with prostitutes, HIV activists, sex shop owners, strippers and the general public in order to bring you a comprehensive view of gland to gland combat (p36).

One man who likes to go all night long is Lionel Richie. We nabbed an interview with the smooth singer-songwriter ahead of his visit to China this month (p32). If you've never belted out the words, "Hello, is it me you're looking for?" at KTV, then Bruno Mars might be more to your taste – you can read our chat with him on p30.

With April's Canton Fair here once more, getting a taxi is going to be a real pain in the bottom. To save you the headache, we've got a list of the most popular cab-ordering apps (p12), plus a guide to the various taxi companies in town.

**Tom Lee**  
Chief Editor

## Win! Win! Win!

In Guangzhou, a pair of tickets to the play **Our Town** (p70), a pair of tickets to Spanish folk band **Evoéh** (p70), a pair of tickets to the play **Divorce** (p72), a pair of tickets to **Beishan World Music Festival** (p72), a pair of tickets to see harpist **Xavier de Maistre** (p74), a pair of tickets to **Keren Ann** (p75), a pair of tickets to **Club for Five** (p76), one voucher for a Bite of Italy set dinner at the **Four Seasons Guangzhou's Caffe Mondo** (p86) and a buffet dinner for one at the **W Hotel's Kitchen Table** (p86).

In Shenzhen, a pair of tickets to the **All for Nothing** gig (p67) and two RMB200 vouchers for **Bubba Mac's Smokehouse BBQ** (p80).

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## DON'T SLIP IN THE SUBWAY

A 35-year-old office worker was found dead at the entrance to a Shenzhen metro station, after collapsing and lying there for 50 minutes. Liang Ya, a manager at IBM, reportedly fainted on the morning of February 17 near Exit C of Shui Wan Station on the Shekou line. She lay on the ground for almost an hour before passersby sought out subway staff, who called the police and emergency services. During that time, six people walked past her unconscious body without checking to see if she was okay. Liang had died by the time an ambulance arrived.



## TAKE ME BACK TO OLD CANTON

Many expats wonder why Guangzhou isn't called by its former (and more recognizable) name of Canton. The debate was brought to the Guangzhou People's Congress recently, when a deputy suggested a name change would help in building the city's image as an international metropolis. Deputy Lei Jianwei pointed out that the name Canton was known around the world for 200 years previously and that it would make sense considering the language spoken across Guangdong is known as 'Cantonese.' On paper, Guangzhou has always been Guangzhou. The city may have developed a global reputation as Canton, but it was never officially deemed that. The origin of the name Canton is unknown, but is believed to be based on a Portuguese mispronunciation.



## POTTY TRAINING

Firefighters had to be called after a Shenzhen man wedged his entire arm down a toilet trying to retrieve his glasses. The 35-year-old office manager, surnamed Zheng, was taking a shower in his apartment on March 6, when he dropped his spectacles down the loo. He managed to retrieve his eyewear, but his limb became stuck. After crying for help for three and a half hours, one of Zheng's neighbors eventually heard him and contacted the emergency services. The bathroom's small size initially presented difficulties for the firefighters, who had to break the toilet to free Zheng.

## UNDY-HANDED

A woman living in Shenzhen's Longgang district became so sick of a panty thief making off with her underwear that she set up a hidden camera to catch him in the act. In the video, a young man with dyed red hair is seen jumping up to reach undergarments hanging out to dry; he then sniffs and rubs the panties on his face. According to the woman who set up the camera, surnamed Lin, the knicker bandit has been plaguing residents in the area for years. Lin estimated over 300 pairs of undies had been stolen from her and other residents, costing her a fortune in lingerie bills.



## PUT THAT IN YOUR PIPE

A crackdown by police in Shenzhen on smoking in public places resulted in 37 people being fined on March 11. The raids took place a week after authorities in the city introduced tough new anti-smoking regulations. The majority of offenders were found in restaurants and hospitals, according to the Guangzhou Daily, and were each fined RMB50, the lowest penalty under the new rules.

## NO WAY THREE WAY

Guangzhou police conducted a late night raid on an adult 'club' in a rented apartment in Tianhe, according to state media. Thirteen men were caught in the late-night bust, some not fully clothed, and taken into police detention. Since December, the organizer, a 37-year-old from Chongqing surnamed Wang, has used social media to organize men seeking various sexual experiences. In two months, approximately 2,800 middle-class people visited the Tianhe apartment. Gay sex has been legal in China since 1997, but the state has banned what it calls 'group licentiousness,' meaning consensual sex involving at least three people can result in up to five years of imprisonment.





## ACCIDENTAL CHINESE HIPSTERS

## Scream blue murder



She charges through the landscape like a warrior, fortified by pearl neck guard, sequin epaulets and enemy fear-making hair pile, reminiscent of owl decoy. Oh, and it is 1.45 in the afternoon. **Alison Kuo** // For more hip hip visit [accidentaltchinesehipsters.tumblr.com](http://accidentaltchinesehipsters.tumblr.com)

## SNAP CITY

## This month's winner is...

OLIVIA STEELE



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## QUOTE OF THE MONTH



"Rooms, beds, quarantine facilities as well as working staff are facing a shortfall due to the overwhelming baby figures."

Authorities in Guangzhou explain why a station where parents are able to anonymously leave their unwanted children has been forced to close. The so-called 'baby hatch' received 262 babies since it began operation in late January, roughly five per day.

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# TAXI!

## HOW TO HAIL A CAB THE CLEVER WAY

BY LENA GIDWANI AND WILL WU

Taxi-hailing applications started to emerge in China at the end of 2011, when YaoYao Taxi launched YaoYao Zhaoche (摇摇招) in Beijing. Since then, a great number of taxi apps have sprung up in Chinese metropolises – to date, there are over 50 in the market, with investments in the millions pumped into development over the last two years.

While these handy tools generate huge profits for some, they've also caused plenty of problems for others. The major dispute is that such apps allow customers and drivers to break through the government's price control due to the incentive schemes carried out by operators. Customers who use these digital products are rewarded in many ways, like refunds to bank accounts or mobile phones.

On the other hand, taxi drivers too can receive subsidies of up to RMB100. As a result, many municipal governments have banned taxi apps. Drivers in Shenzhen, for instance, are forbidden to use them during rush hours to lessen the burden on regular hailers.

It's obvious that for these apps to exist in the transport ecosystem, authorities must seek to strike a balance between their usefulness and the lack of accountability. For now, however, here are three of the most popular if you don't fancy your chances on the mean streets.

### DIDI DACHE 滴滴打车



**B**acked by Tencent Tech Group with a US\$100 million round of funding, Didi Dache, loosely translated as 'Beep, Beep, Catch a Cab,' debuted in Beijing on September 9, 2012. In less than two years, this app has come to 32 cities, including Guangzhou and Shenzhen, and claims to have a 60 percent market share, with 20 million registered users and over 350,000 drivers.

In order to bring in more users, a certain amount of subsidization is given to both drivers and customers per order. After registering with your mobile, you are given two main options:

Make a Reservation (预约用车), in which you type in your current location, the destination and the booking time (at least 30 minutes before); and I Need a Taxi Now (现在用车), in which you are required to leave a voice message describing your location and destination in Chinese. Once your request is actioned, a message with the taxi number and taxi driver's name will be sent to you.

After successfully getting into the taxi, users can pay via WeChat's My Bankcard interface and receive RMB12-20 back each ride. The upper limits of this subsidy policy are RMB30 for users and RMB50 for drivers per day.

### KUAI DI DACHE 快的打车

**T**he biggest competitor of Didi Dache is Kuaidi Dache, a taxi-booking app owned by Alibaba. Started in June of 2012 in Hangzhou, Kuaidi Dache managed to garner over 100,000 registered users in just eight months and has now launched its service in 45 cities in China. With a

similar user procedure to Didi Dache, Kuaidi is proud of its speed in answering calls – users receive responses within 60 seconds. In a clear act of one-upmanship, Kuaidi announced an incentive scheme earlier this year that always offers one yuan more in cash returns than its major rival. As the app is

owned by Alibaba, payment for taxi fare is done through Alipay.







## Color Coding

### Know your taxi companies

For those of you who abhor flailing your arms around trying to attract a cabbie in Guangzhou, you're not alone. The rest of us car-less transients have also walked in the rain and fought our way through hordes of other desperate travelers, with plenty a story to tell about our cab horrors. From spit backs to convoluted rides, the tales can be endlessly horrifying. But take it down a notch and remember that RMB10 gets you a cool 2-ish kilometers – plus, there are more than 16,000 cars out there, all waiting for a piece of your business. Here's a color-coded guide to hailing a taxi.

### Yellow, yellow, a smart fellow

The most popular and favored of all, yellow taxis are owned by Guangjun Group and are driven primarily by locals who are familiar with the city. They are also highly noted for their service standards, modern fleet and efficient management. Their 'star' service, which started in 2002, gives ratings to their drivers; five stars is the highest level a taxi can attain. Taxi drivers must be able to speak 50 everyday English sentences to gain four stars and 60 phrases for five. During the Canton Fair, passengers can receive free interpretation services provided by Guangjun Call Center. Since the start of the year, 100 Guangjun taxis are equipped with 4G Wi-Fi.



### Red and blue, they'll do

With a solid reputation, red and blue cabs are generally clean and serviced by local and migrant drivers who are comparatively familiar with the city's roads. During the Asian Paralympic Games in 2010, the Baiyun Group introduced 100 London-style cabs to help the disabled. Currently, these doppelgangers are only available for on-call services and do not search for clients like other cabs, since they consume more gas. The golds and light greens are a good bunch too, but harder to find than the more common reds and blues. Blue and orange taxis are owned by the Baiyun Group, red taxis by the Jiaotong Group, light green by the Tianhu Group and gold taxis by the Suimeng Group.



### Green, green, not tidy or clean

High numbers of complaints, lack of trust and lower service standards have resulted in green cabs losing favor with the locals. Owned by various small, independent companies, the greens are often a surly bunch and are at their worst during peak hours. But as they say, beggars can't be choosers... just take precautions and always get a receipt (that's 'fapiao' 发票 for the Mandarin initiates). Though the service may not be pleasant, green taxis have the most amusing of messages after you pay for the fare. Perhaps a new voice recording is in order...



## UBER 优步

Uber, the San Francisco-based start-up with a popular app-connected private car and limousine service, now has a Chinese name. Youbu, loosely translated as 'A Great Step Forward,' is hoping to challenge existing domestic operations with a more polished service –

though at a greater cost.

Uber's efforts got a boost recently with the addition of Alibaba's Alipay service. Previously, users could use only credit cards to settle payment. Uber's drivers wear suits and open doors for customers, and users are allocated a vehicle from a selection that includes the Mercedes S-Class, Audi A8 and BMW 7 series, all for a minimum fare of RMB17.



# WE CAN REBUILD YOU

## STEM CELL TOURISM COMES TO CHINA

BY OSCAR HOLLAND



Consigned to a wheelchair and rapidly losing motor functions, 9-year-old Kara Anderson, who suffers from cerebral palsy, faced an uncertain future in her native US. With doctors recommending invasive surgery that would sever tendons, nerves and ligaments to help restore mobility, her family began searching overseas for alternatives.

After months of research, her uncle David Mair, who is also CEO of a medical tourism company, suggested stem cell therapy in China. This largely experimental field of medicine uses undifferentiated (or “blank”) cells that can take on the functions of depleted or damaged cell lines and repopulate within the patient’s body. While many stem cell treatments remain years, if not decades away from being approved as safe in the West, a combination of more lenient regulations and a distinctly different model of medical ethics has seen a surge of these advanced procedures in China over the past decade.

With her options limited at home, Anderson traveled to a medical center in Beijing where she was injected with approximately 50 million stem cells harvested from umbilical chords. The treatment was combined with medication

and physical therapy to direct the cells to areas where they could begin to repair and repopulate. The improvements exceeded even the most optimistic of expectations, according to Mair, who accompanied his niece to China.

“Since [Kara’s] treatment she now has independent use of her left arm and can use her hand for most major motor functions,” he explains. “She only uses a single crutch to get around and, on occasion, doesn’t use one at all. She can’t thread a needle but then again, neither can I.

“She has improved coordination and motor skills. The only downside is that in the four years since treatment she’s needed to have her glasses replaced three times, but that is only because of improvements in her vision.”

While medical tourism for advanced treatments has traditionally seen people traveling to the West for the latest technology and leading physicians, the flow of patients is reversed in the field of stem cell medicine. In 2010 it was estimated that there were over 200 clinics and hospitals across China administering experimental treatments for a range of chronic and degenerative conditions, including Parkinson’s disease, multiple sclerosis and muscular

ambitions,” according to deputy head of the Chinese Hospital Association’s legal department, Zheng Xueqian.

But although few researchers in the West deny the potential of these strands of medicine, the lack of information about their long-term effects has led to regulatory caution. There remains a huge amount of uncertainty about the safety and efficacy of the types of procedures being carried out in China.

Posing as a patient with a spinal chord injury and paralysis, *That’s* approached the Hope Hospital in Zhuhai, Guangdong, providing less than 50 words about our condition and symptoms. The local, non-Government-affiliated hospital responded within hours, recommending “rapid treatment” and claiming that stem cells provide the “only chance to cure spinal chord injury.”

For US\$26,000 the hospital suggested a three-week inpatient program with a series of eight lumbar, intravenous and intramuscle injections. The correspondence claims that 85 percent of such patients saw a “dramatic reduction in symptoms” in two to three weeks, with the other 15 percent experiencing improvements within two to three months. Collectively, this implies a 100 percent success rate for an unproven and potentially dangerous treatment which is still being tested on animals in the US.

After expressing concerns about the safety of the procedure, *That’s*’ fictional patient was assured that there are “absolutely no side effect” (sic). The hospital also assured us that stem cell treatments were “safe for all age and many diseases” and that there would be “no drug reaction [and] no discomfort.” When questioned about the legal status, we were assured that delays in global clinical trials were only the result of the US being “entangled in politics and public misunderstanding.”

But caution in the West is largely the result of medical, not political, concerns, argues Keith Pollard, the CEO of Intuition Communications,

*Stem cell treatment is very unlikely to be clinically tested or proven, despite what some clinics may claim*

dystrophy, procedures which remain in the early stages of clinical trials in the US and Europe.

Figures showing the scale of medical tourism are difficult to verify, but one of Beijing’s most well-known clinics, the Wu Medical Center, claims to have treated 2,800 patients over the past six years, of whom 96 percent were from abroad. China has emerged as the most popular destination for those unable to receive stem cell treatments at home. It is believed to account for 86 percent of the world’s stem cell tourism.

Scientists and doctors whose activities are restricted in the West are also believed to be moving to China “in the hope of carrying out their research and realizing their



publisher behind the titles International Medical Travel Journal and Treatment Abroad.

"The treatment is very unlikely to be clinically tested or proven, despite what some clinics may claim," he explains.

To highlight the risks of unproven and loosely regulated treatments, Pollard cites the example of a British family that made contact with *Treatment Abroad* after traveling to a local Beijing clinic with their severely autistic son. They spent over RMB20,000 on a month-long program which saw the 4-year-old receive daily injections for a glucose drip and four spinal injections of stem cells. The therapy had no discernible effect, and because the boy had been taken into a private room for the injections to be administered, his parents remain uncertain as to whether he even received the full treatment.

Although the parents were not willing to talk further about their ordeal, Pollard reports them telling him: "We have lost our money, and our child suffered so

much."

The effectiveness of such therapies to treat autism remains in question in Western medical circles. There are, however, a limited number of other well-tested stem cell treatments available in the US and Europe, and bone marrow stem cells have been used against leukemia for over 30 years. But without stringent regulations on new therapies' administration, there are fears that patients may be at risk. Europe's largest stem cell clinic, the XCell Center in Germany, which exploited a legal loophole to charge patients for experimental trials, was shut in May 2011 when a baby died after receiving an injection to the brain.

Chinese authorities are not oblivious to the dangers. Far from it. New, stricter guidelines emerged amid concerns about patient safety and the proliferation of local, unlicensed clinics using medical trials for commercial gain. In 2012, the Ministry of Health halted unapproved treatments and trials, and stopped accepting new applications for stem cell programs, explains the Chinese

Hospital Association's Zheng Xueqian.

"Before 2012, the whole industry was out of control because of a lack of regulation and supervision," she says. "Then in 2012, guidelines were released and a crackdown was implemented.

"But although there are now guidelines, it is difficult to monitor which treatments go against regulation. Without a defined law, the line between what can and cannot be done is very vague."

A debate on whether stem cells qualify as drug therapies or medical technologies has also created uncertainty around which department will be responsible for regulation. The Ministry of Health and the China Food and Drug Administration (CFDA) are jointly preparing more concrete and enforceable laws, but Zheng says that it will "definitely take a very long time." In the meantime, unproven therapies are still openly promoted and carried out by local clinics, many of which are



staffed by foreign doctors.

But the existing guidelines differ depending on how the stem cells are sourced. Director at the Beijing Puhua International Hospital, Dr James Quinlan, has been working with a medical team in South Korea to treat severe joint problems with stem cells harvested from patients' own belly fat, rather than donor umbilical chords or embryos. He plans to launch the therapy commercially in China this year.

Currently, patients with damaged cartilage in their knees or hips often face complete joint replacements, major surgical procedures that the American doctor describes as "barbaric." He claims that the new treatment can re-



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grow cartilage and delay, perhaps indefinitely, the need for surgery.

Quinlan's research places global demand somewhere between heart disease and diabetes. Critical of the "conservative" approach to clinical trials in the West, he believes that China's medical mindset benefits from its patient-centric pragmatism.

"One of the reasons I came to China was to try and take part in things that make a difference," he explains. "[China] is the last frontier, the last free country.

"We have a thousand patients who have been [treated] using this technique with a 90 percent success rate. The point is the stuff works. It works without significant complications and it's predictable and it's do-able. We don't really need to wait for someone else to say that it works to know it works. It's self-evident.

"If I kick a rock my foot will hurt. I don't need the FDA [Food and Drug Administration in the US] to tell me that. We know from many, many patients that we have a technique that can help hundreds of thousands of people in China, let alone worldwide.

"If you need prospective human data you're going to be waiting, not until hell freezes over but until it gets pretty chilly, to get information that's approved and publicly sanctioned for clinical use [in the West]," he says.

A 32-year-old American patient, Albert, who would only give his first name, said: "Given my young age, [the cartilage] procedure was life changing for me." He recommended the treatment to other patients in his position, telling us that "there are so many things that can go wrong with a total hip replacement."

But the moral dilemma of whether patients with serious conditions should have the right to try experimental treatments is less straightforward if they are sold as effective and proven. A number of unlicensed medical centers' websites across China are littered with unverifiable data on success rates and patient testimonials laden with words like "hope" that arguably exploit those in desperate circumstances.

The way that stem cell therapies are promoted skews the ethical debate, according to Intuition's Keith Pollard. "The problem is that

## *China is the last frontier, the last free country*

[stem cell therapies] are not sold to patients as experimental and unproven treatments," he says. "They are promoted and sold as safe, effective treatments which deliver a miracle cure. The patient is not given the whole truth."

But one patient who is well versed on the risks and benefits is Dr. Quinlan himself. While in China he has undergone anti-aging stem cell treatment which he believes may prolong his lifespan through the cells' ability to "rejuvenate and replenish" the body. He claims that celebrities and leading figures in the Chinese medical community have also undergone the therapy.

"As our cell lines wind down and peter out, so do we," he explains. "We can repopulate [them with] cells that can look around, adapt, fit in and repopulate with fresh genetic material. I can produce stem cells but they are in their 60s. How nice to have stem cells that are zero."

Coupled with our growing understanding of how to manipulate human genetics, these advances could ultimately justify Dr Quinlan's belief that stem cells represent "one of the most important revolutions in the history of medicine."

"With stem cells and genetic engineering you will have the possibil-

ity of being able to grow new organs. If you're flexible about how you define life it could be infinite," he says, although his main concern is having time to complete the 20 years of unfinished work that he hopes lies ahead.

Regardless of whether the future of the field lies in immortality or not, it is widely considered to be promising. It is a future that may soon come to be led by China, a possibility that the government is embracing, according to researcher at the RIKEN Center for Developmental Biology, Doug Sipp.

"The Chinese government has been interested in expanding innovative sectors of the Chinese economy, including biotechnology," he says. "For more than a decade now, stem cells have been considered to be one of the hottest fields in biomedical research, so China has invested – like many other countries in Europe and elsewhere – in a concentrated fashion."

While the sums involved may remain modest compared to the US, the Government-affiliated National Natural Science Foundation of China funded 226 stem cell projects between 2009 and 2011. This number rose to over 600 in 2012 alone.

The financial gains for Chinese firms could be vast. The global stem cell market is estimated to reach US\$120 billion by 2018. But besides economic incentives, state backing for research and development may also be motivated by the public health challenges posed by a large and aging population. Treatments for conditions affecting the elderly,

such as Alzheimer's disease, have the potential to substantially reduce the imminent burden on Chinese healthcare services. Therapies claiming to help patients produce insulin could also provide a more affordable way to deal with the reported 114 million Chinese people suffering from diabetes.

Differing medical ethics offers China a unique advantage over the West in this regard. Controversy, particularly in the US, is often centered around the creation, and subsequent destruction, of human embryos to harvest stem cells. Religious concerns and the pro-life movement have stalled the progress of many strands of research. But Chinese culture does not bestow moral value on embryos in the same manner. In Confucian thought, life begins with birth, not conception.

This may prove significant. Although not all treatments rely on fetal cells, they are believed to have huge potential due to their ability to take on the behavior of other cell types (unlike many adult stem cells that are limited to the functions of their tissue of origin). China's comparatively pragmatic attitude toward this moral quandary has seen it escalate its focus in this area of research.

The ethical question this poses is just one of many facing China's biotechnology sector and society at large. Opinion is likely to remain divided over whether the industry represents a dangerous "wild East" or the future home of the most promising developments in the history of modern medicine.



The lab at Beijing Puhua International Hospital that will shortly be helping patients regrow damaged cartilage using stem cells harvested from their own belly fat





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SPA

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As the bringer of French sophistication to hotels worldwide, Sofitel Guangzhou offers guests elegant and personalized service. So Spa continues in this tradition, with Guangzhou being the vanguard in Asia – they are the first to exclusively use the much-loved L'Occitane products.

Minimalist French design is epitomized in the all-white, modern spa reception area, and continues through with organic curves to socializing spaces and private areas within. Treatments draw on the French tradition of cosmetology and rejuvenating traditions from East and West. The women's and men's spaces both have Hammam areas, where one can soak, steam or even tighten up their pores in the bracing ice room.



We tried the So Exhilarating signature treatment, a 60-minute massage, intended to get circulation moving and shape up the silhouette. Guests can choose the firmness of touch, brightness of light and style of music beforehand. The treatment begins with a warm foot bath, using a luxuriant L'Occitane lavender foaming bath.

ender foaming bath.

After being wrapped in soft flannel sheets, some gentle rocking is employed to get the blood moving. A full sensory experience is created by even utilizing taste – before the massage begins, a dab of honey is smeared across our lips for moisturizing and taste. The massage utilizes exclusive L'Occitane oil, notable for its lightness and tasteful scent.

Post-treatment, guests can have a swim in the large indoor pool (with underwater music broadcaster) or lie in the Swiss-designed deep relaxation room with soothing blue beams dancing on the ceiling. **JK**

// RMB580. So Spa, 7/F, Sofitel Sunrich Guangzhou, 988 Guangzhou Dadao Zhong, Tianhe District 天河区广州大道中988号 (020-3883 8888)

HEALTH

## Power napping

It's no secret that the locals love a good midday snooze. Even after the morning flask of green tea, a head buried into a makeshift pillow between the hours of 12 and 2pm is a familiar sight. That said, there may be logic to the nation's neurosis over napping. A quick doze can be the most refreshing way to wake up and enliven your mind when you're feeling spent.

Harvard sleep researchers found that power naps can boost productivity, improve memory, jump start creativity and even help lower your risk of heart disease. All well and good, yet why are naps so hit and miss?

Well, it all depends on how we catch those precious zzz's. The non-rapid eye movement (NREM) sleep cycle can be divided into four parts: stage one and we're in a light sleep, that weird state between being



awake and asleep when we are roused at the drop of a hat.

In stage two, we detach from our surroundings and prepare for deep sleep; our breathing and heart rate is regular and our body temperature lowers.

By stages three and four we're in deep sleep, with stage four being more intense. Your muscles relax and you begin to enter that dream-ridden stage of REM. The first cycle of REM occurs about 90 minutes after you nod off and lasts around 10 minutes, with each period lengthening after each non-REM round.

The difference between a good rest and a bad one is down to which stage you wake up in. The perfect power nap stays in stages one and two; the deep-sleeping stages of three and in particular four are bad news: they play with your body's daily rhythm.

To ensure you resurface in stages one and two, take naps that are between 20 to 40 minutes long. Having a regular naptime may also help you get to sleep faster and wake up quicker. **SES**

COOL SHOP

## Miao Yin Chan Cha



In Sea World, which has become more west than the West, finding an oasis of China can be difficult. Near Minghua ship, this appears as Miao Yin Chan Cha, a store that specializes in pu'er tea, a type of black leaf grown in Yunnan. Here, purchases are accompanied by beautiful tea sets, varieties of aged tea and – most interestingly – instruction in the art of tea culture.

Tea expert Wan Ru laments that many Chinese – and most expats – are unaware of the depth and history of tea culture. Unlike green tea, which needs to be consumed immediately, pu'er is more like wine: it is aged, an acquired taste and needs to be imbibed correctly to be truly appreciated.

Microbially fermented, pu'er comes in three varieties: 'sheng pu,' which helps the diet and delivers anti-toxins; 'shu pu,' which helps sleep; and 'lao pu,' the Trojan, which generally makes life better.

Traditionally, three sips are required to take in the wave of flavors, which Miao Ying Chan Cha can serve to patrons post-purchase at RMB50 an hour. Each infusion of pu'er is delivered at a water ratio of 1:20-25 (green tea is 1:50), and each brew yields around 20 servings.

Both mind- and bladder-cleansing, Miao Ying Chan Cha is a gem, and, after a couple of hours, patrons will not only pee like a champ, but learn a lot. **GM**

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# Hangover cures

## Sprite

Researchers at Sun Yat-sen University analyzed 57 different drinks, including herbal infusions, teas and carbonated beverages. They discovered Sprite actually broke down acetaldehyde (metabolized ethanol) faster than other contenders, thus shortening the length of a hangover.



## Congee

On the surface, congee is a pretty simple dish, but this Chinese rice porridge has many variations throughout the country. As a solid soup, it tackles both causes and effects of a hangover by rehydrating and soothing an irritated belly.



## Green tea

High in antioxidants, green tea helps detoxify an abused liver a lot better than the self-destructive hair of the dog. It may also help with headache and nausea. At the very least, the high caffeine content will allow you to walk into the office upright.



## Ginger

Ginger is a tuber used by its parent plant to store nutrients to get it through the cold, hard winter. It might be just the thing to help you through the cold, hard facts of the morning after, as it's a venerated panacea in the world of traditional and organic medicines.



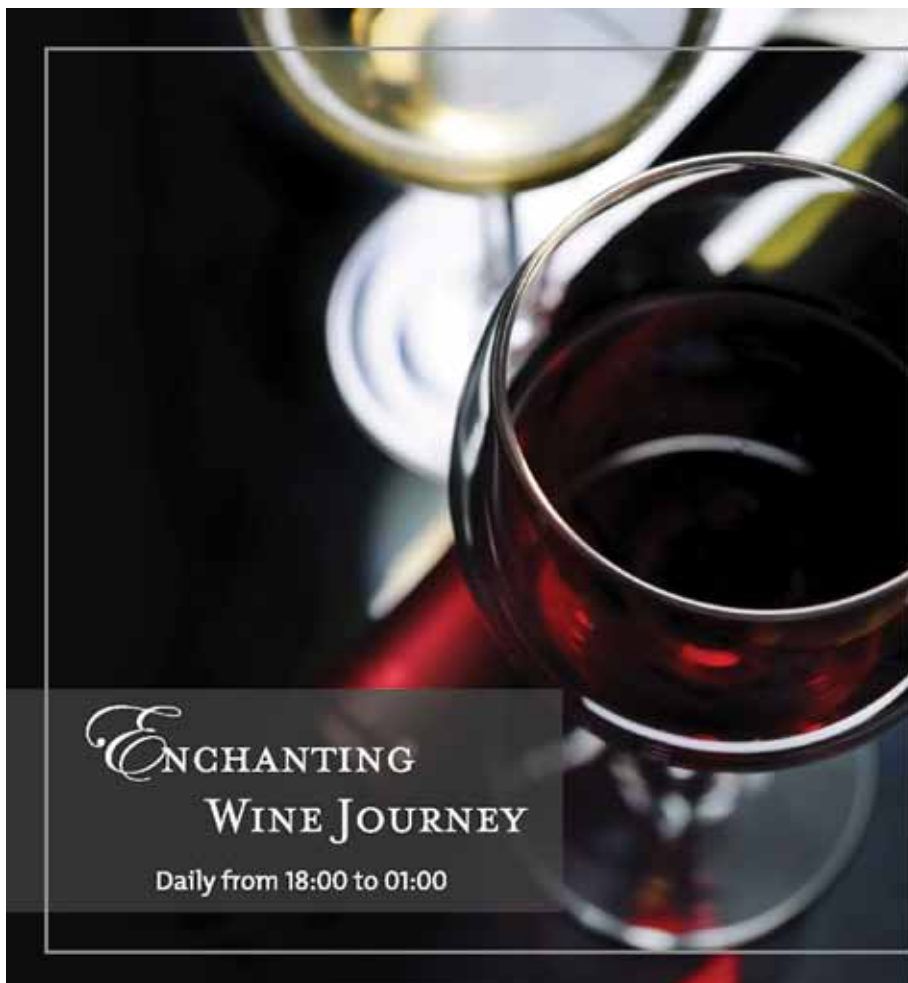
## Ginseng

This herb is best imbibed sliced up and steeped in hot water. The mildly bitter root calms the body by purging excessive yang – hot positive energy – from the body. Chinese elders will tell you that the herb generates fluids and curbs thirst, perfect for hangover dehydration.



## Coconut water

Nature's Gatorade, but better, this liquid sustenance can hydrate the body without the calories and has the added plus of being low in carbohydrates. Valuable electrolytes are also found in coconut water, along with sodium, potassium, magnesium, calcium and phosphate. **SES**



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# THE HOT LIST

Runway rundown for the season ahead

BY MARIANNA CERINI



**Metallics**  
Time to shine with the metallic trend, shimmering in all shapes and colors. It will be everywhere this season.  
Pull & Bear mini bag, RMB99.  
> [www.pullandbear.com](http://www.pullandbear.com)

Catwalks are confusing places. Look at any runway report for next season (or any season, for that matter) and you'll likely come away with few clues as to what precisely is supposed to be 'on trend.' Maxi prints are up there with white garbs. Bomber jackets flank tea-length skirts. Sorbet pastels contrast metallic hues. But here's the thing: those trends don't actually have to make a lick of sense. Fashion, being fashion, is meant to carry plenty of contradictory statements – designers want you to buy their clothes and will try to display as many trends as possible to appeal to as many customers as they can. To help you navigate this season's sea of fads, we've selected the very best of the spring/summer 2014 runways. How you choose to wear it is entirely down to you.



**Ugly shoes**

The most memorable shoes on the spring/summer runways weren't exactly the most aesthetically appealing. We kinda like them.

Asos shoes, RMB661.05.  
> [www.asos.com](http://www.asos.com)



**Pretty pastels**

Get all pastel-happy with a rainbow of minty green, baby pink and delicate lilac. Actually okay if you mix it with bolder pieces.

Ted Baker blazer, RMB2,149.



**Slip dresses**

The spaghetti strap slip dress hugely popular in the 90s (hello *Clueless*) has been reworked into desirable throw-on.

Topshop, RMB650.  
> [www.topshop.com](http://www.topshop.com)



**Bomber jackets**

The sporty layering piece gets edgier for spring with colorful prints.

Motel Rocks bomber jacket, RMB525.  
> [en.zooq.com](http://en.zooq.com)



**Shift blouses**

Boxy silhouette and near-elbow-length sleeves. Cos blouse, RMB590.



**Wide-leg trousers**

Yes, they're back. Look for a pair that's leaner on the flare and possibly high-waisted – it'll make your frame look longer. Stradivarius trousers, RMB299.  
> [www.stradivarius.com](http://www.stradivarius.com)



**Collarless coats**

The key layering piece for spring: streamlined, collarless and ultra chic.

Zara coat, RMB899.  
> [www.zara.cn](http://www.zara.cn)



**Lady-like skirts**

Tea-length hemlines are going to be everywhere. Pair them with a crop tee to make you look taller.

H&M flared skirt, RMB499.  
> [www.hm.com](http://www.hm.com)



**Art-inspired prints**

Wearable art is going to be all the rage this season – think paint-splattered garments, impressionistic florals and pop motifs. Cos, RMB790





### Espadrilles

The footwear of choice for the discerning, stylish boy. Pair them with a suit and you'll be the ultimate dapper gentleman.

H&M espadrilles with laces, RMB149.  
> [www.hm.com](http://www.hm.com)



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Tis' the season to flower up. Floral prints were everywhere on the runways for spring/summer 2014. Go subtle or completely bold. Zara Man print shirt, RMB299.  
> [www.zara.cn](http://www.zara.cn)



### Stripy everything

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Gap short-sleeve shirt, RMB349.  
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Uniqlo blazer, RMB499.  
> [www.uniqlo.cn](http://www.uniqlo.cn)



### Patterned hoodies and jackets

There were lots of different printed jackets this year, from plaid to floral. Even camo made a resurgence.

Zara Man Jacquard hoodie, RMB499.  
> [www.zara.cn](http://www.zara.cn)



### Big holdalls

The new man bag is bigger and more spacious than ever. Cote & Ciel bowler bag, RMB1,630.  
> [shop.projectaegis.com](http://shop.projectaegis.com)



### Rolled-up pants

Choose a pair of trousers that fit you well, match them with espadrilles and go for it. Ted Baker chinos, RMB1,149.



### Athleticism

The influence of sportswear loomed large over the spring/summer catwalk. A comfy trend that is best paired with a hangover. Cos, RMB390.



### Printed pants

If you opt for a loud pant but are not a Gucci model, we recommend you keep things minimal above the hips - i.e., do not mix this with a patterned hoodie. That's called overkill. H&M twill shorts, RMB349.  
> [www.hm.com](http://www.hm.com)

# CORDYCEPS

## THE ALLURE OF THE GOLDEN WORM

BY JANE KENT, PHOTO BY PENG CHENG

Noticed some stores popping up lately selling what looks (at first glance) to be just jewelry, but with the very non-jewelry name of 'Very Grass?' One of these shops has even appeared on Xingsheng Lu, sandwiched between two bars. Wander in and one of the well-heeled staff will be happy to unlock the glass case, remove a little wooden box and open the lid to reveal... a twig... with a horn. Meet cordyceps, whose otherworldly appearance matches the near-miraculous powers bestowed upon them.

In the Tibetan Autonomous Region, they have been known as 'yartsa gunba' since the 15th century, which means 'summer grass, winter worm.' In English, they were previously called simply 'caterpillar fungus,' and then renamed 'cordyceps,' meaning 'club head,' referring to the mushroom protruding from the little guy's forehead.

So what are these freaks of nature? They are a type of ghost moth found in the Tibetan plateau. Each year, their bodies are taken over by a type of fungus, eventually killing them but leaving the exoskeleton intact. They are a bizarre merging, a flora and fauna Frankenstein. In the spring, a horn sprouts from the forehead and what has been dubbed the 'Tibetan gold rush' begins. Many local residents spend May and June inching across the slopes on their bellies, eyes in the grass, plucking the critters from the soil. The work is tedious, but the pay-off is massive: larger cordyceps can be sold for as much as twice their weight in gold.

The medicinal properties of cordyceps have been touted for



Kids leave school for two months to search for cordyceps



*They are a bizarre merging, a flora and fauna Frankenstein*

centuries, for specific ailments, general well-being, and, of course, libido.

Dr Xu Longyu is one of the chief doctors of Shenzhen Wuzhou Hospital of Integrated Chinese and Medicine and has nearly 50 years of clinical experience. He says he prescribes cordyceps for "middle- to terminal-stage and chronic lung diseases like TB, insufficient pulmonary functions, lung failure, emphysema, pulmonary heart disease, renal diseases, mild- to middle-stage renal insufficiency, and benign and mild malignant tumors."

Cordyceps are especially useful in recovery periods after chemotherapy, according to a doctor from Guangzhou's Eur Am Medical Center, or for "patients having a deficiency of Yang – symptoms including coughing, asthma and weak immunity... A small amount of cordyceps is

helpful to those who are sub-healthy, working under great pressure and having symptoms such as pain in the waist, forgetfulness, impotence and feeling increasingly tired."

While there is no Western scientific evidence supporting the benefits of cordyceps, they are a cornerstone of traditional Chinese medicine and a very valuable commodity.

With outsized demand and the lure of giant price tags, concern has been raised that without a more sustainable harvesting approach, the grasses are going to be picked clean. Harvesters are encouraged to leave smaller cordyceps to grow, but with the knowledge that even little ones can make a significant difference in a family's income, it's hard to resist.

In the 1970s, one cordyceps went for a few dollars. The cost

soared through the subsequent three decades as popularity grew alongside scarcity. Now, one pound of large, high-quality specimens can retail for over US\$50,000. The rising preciousness has altered the perception of cordyceps as mere medicine: it has become a status symbol. No longer just in a drawer beside other TCM items, this is why cordyceps are now locked away in the cases of luxe shops playing up to the newfound stature.

As prices continue upwards, it portends that they may become less accessible to those without piles of cash – and in turn, their multitude of uses may not be taken advantage of as readily. Dr Xu notes that it traditionally has been used as a tonic for the elderly. "Some of our old doctors who felt tired at work, it made them feel better," he says. Soon, these same people may find their penchant for cordyceps a little too expensive to pursue.

### How to eat

**How exactly does one ingest these wonder worms?**

Options are plentiful. Dr Xu recommends you "separate it into two parts, wash it, sterilize it and chew it" if you want to cut to the chase, or soak it into alcohol for 90 days to make yao jiu wine.

**Our Eur Am doctor suggests some ways to refine the cordyceps into something more palatable:**

**1** Grind cordyceps into powder and take 0.5 to 1 gram of the powder with warm water before breakfast.

**2** Soak 3 to 6 grams of cordyceps into 30 milliliters of water for 20 minutes. Then stew the cordyceps with the water for 20 minutes. Drink the water and eat the cordyceps.

**3** Add a small amount of cordyceps (3 grams per person) in meat soup during stewing.





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# ISTANBUL

## A FEAST FIT FOR AN EMPIRE

BY MONICA LIAU



Luscious kaymak, or clotted cream, with honeycomb at the Inebolu Market



A rainbow of olives at the Fatih Market



Spices and teas sold by open air vendors



*Drawing from a complex past, Istanbul cuisine speaks in voices that are sometimes clear and other times peppered with a perplexing humor*

Istanbul author Orhan Pamuk once wrote that his hometown is immured in a sense of huzun, or melancholy – a word denoting hopeless depression in English, while taking on fierce profundity in Turkish. Built on millennia of history, the city and its citizens look forward while shadows of Constantinople and the crumbled Ottoman Empire darken every corner. From this, the Nobel Prize winner says, they draw on “an ache that saves our souls and

gives them depth.”

The city’s cuisine is as dense and lyrical as Pamuk’s metaphor. Drawing from a complex past, it speaks in voices that are sometimes clear and other times peppered with a perplexing humor. Straddling the cultural and physical crossroads of Asia and Europe, the food pulls elements from foreign cultures, bygone eras and the diverse regions of Turkey itself.

In one restaurant, Ficcin, we found a magnificent chicken soup laced with paprika, made by Circassians – a people from a region along the northeast of the Black Sea – whose ancestors arrived by the millions in the 1860s and whose women were highly sought after in harems due to their beauty and wit.

At another eatery, Sultanahmet Koftecisi, men have long labored over open flames, turning out perfect, savory lamb meat balls and a white bean salad across from the Hagia Sophia. In a desert shop, we scratched our head over a sticky-sweet pudding laced with ribbons of chicken (tavuk göğsü), a traditional delicacy from the Middle Ages made popular in the Topkapi Palace, the opulent residence of the Ottoman Sultans for almost 400 years. Later, rounds of inky eggplant, candied to crystal-like consistency and served with ice cream, had us reconsidering the role of nightshades.

In wintertime, men push copper samovars down winding cobble streets hawking sahlepe, an eggnog-like drink made of milk and ground orchid root: silky, unctuous and bolstering against the damp. Most vendors come from a single village nicknamed Sutculer or ‘Milkmen’ – as that is what many of the men migrated to Istanbul to deliver before sahlepe. They live in Istanbul to sell their refreshments and return to their families when the season turns.

At its base, Istanbul dishes draw vibrancy from beautiful domestic produce and dairy products. The bounties of weekly open air bazaars are breathtaking, and the Inebolu Market is one of the best. Every Saturday evening, farmers set off from the small town of Inebolu on the Black Sea and drive 11 hours through the night, vehicles piled high. Arriving in Istanbul in the wee Sunday hours, they set up in a ramshackle neighborhood of Kasimpaşa.





## Kaymak taunts the eater to fill their belly long after hunger is sated

Old aunties and young foodies alike flock in early to peruse the wares. A grizzled grandpa sells green-tinted olive oil which smells of the Mediterranean and hands us a bouquet of flowers after our purchase. Sturdy women in flowered head scarves preside over tubs of concentrated tomato and red pepper pastes, a spoonful of which seems to fit in all the flavors of sunshine and summer bounty.

Mustachioed men stand behind dripping honey comb, so golden as to appear black, and towers of kaymak, a clotted cream somewhere between the texture of whipped marscapone

and Greek yogurt. Ludicrously delicious at breakfast with bread and honey, it taunts the eater to fill their belly long after hunger is sated.

Moving to Wednesdays, the biggest market in the city springs up at the foot of the Fatih Mosque, packing in 2,500 peddlers whose stalls radiate into the warped row house lanes of the conservative Muslim neighborhood. In addition to shoes, clothing and Tupperware, you can sift through pink-blushing olives and shapely cheeses, some pulled so they resemble grown-up string cheese, others sharp and studded with tart greens. Pumpkins scream neon orange. Pickled young plums pucker the lips. Piles of spinach are so darkly green they suck light from the surrounding air.

It goes on. And on.

To experience the produce in action, dive into mezzes: small appetizers served with bread that start – and in our case, sometimes comprise – every meal. An eating tradition also found in Greece, offerings are ever changing.



## ISTANBUL EATS

If you're not sure where to start on the Istanbul culinary scene, a tour run by Ansel Mullins and the team behind Istanbul Eats is the perfect way to get your bearings. Offering intensive six-hour food and history excursions, the company helps you dive into the cuisine and better understand its building blocks. The amount of food is generous. In the 'Two Markets, Two Continents' walk, you'll have a chance to have a traditional breakfast, learn about candy, taste delicious mussels stuffed with rice, sip Turkish coffee and explore new neighborhoods along the way. By the ending of baklava, you'll be stuffed full of food and new knowledge that will help guide you the rest of your trip.

// US\$125/person, tours generally run from 9.30am to 3pm. For more info on tours and restaurants around town, visit [www.culinarybackstreets.com](http://www.culinarybackstreets.com)



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A view of Galata tower, built in 1348, rising up from the Beyoglu district

You may find smoky bites of eggplant whipped into clouds, shredded pumpkin folded with tangy yogurt, massive artichoke hearts poached in olive oil or whitefish preserved in vinegar and a green parsley pesto. In a surprising turn of events, we were once served hot hummus, bubbling and sexy in a small stone pot. At another meal, we tasted cold zucchini flowers stuffed with a delicate mix of cinnamon and sumac-scented rice.

Along ferry station wharves, the scales of silver creatures snagged by rowdy, galoshes-clad fishermen match the sky's glinting patterns over the Golden Horn. Their gills, pulled out to denote freshness, shine an alarming vermilion. In colder times, you'll find sinuous hamsi, a silky anchovy fried to a crisp on skewers street side and eaten whole. There may also be fat istavrit – a mackerel that takes on heft when grilled – or lufere, a bluefish with delicate, salt-tinged flesh.

In the evenings, crowds gather at grilled fish restaurants like Ney'le Mey'le and raucously consume the catch of the day with bottles of raki, the smooth, intense anise alcohol supposed to lubricate conversation. "We are a passionate people," says our dinner companion one evening, a Turkish resident who gesticulates wildly. "We have a saying that raki and fish is what we eat when we



have our hearts broken and need comfort from others."

While older cooks have kept this tradition of seasonal cookery alive, there was a recent time when the Istanbul food scene focused on brand names and convenience. According to Hande Bozdogan, founder of Istanbul's Culinary Institute, in the 1970s and 80s, all things West were in vogue – including packaged meals and fast food.

However, Bozdogan says there is a renewed focus on local, fresh cuisine. At her school and its connected restaurant, housed in a five-floor building in Beyoglu district, students go through an intensive cooking program that bring them from zero to employable in six months flat.

Over a light lunch of winter wedding soup – tender lamb

swimming in a light, creamy yogurt – and octopus braised in red wine, she discusses how the students must first learn the building blocks of Turkish food, before being allowed to contemporize their trade. Bozdogan also has a 15-acre farm connected to the Institute three hours outside of the city, so the students get a true handle on the concept of farm to table cuisine.

Aside from the Institute, and maybe in part because of it, there is a newer crop of enterprising restaurateurs aiming to make the traditional cool (Bozdogan says that the Turks, like many, can be set in their ways about food and often don't like new things).

At Van Khavalti, a group of men from Van (a city on the border of Iran, and famous for its breakfasts) serve up a trendy morning

*Dive into mezzes: small appetizers served with bread that start – and in our case comprise – every meal*

meal showcasing some of the best of their native land – alongside bottomless tea – in a modern basement space crowded with blond wood tables. Tucked into the corner and gorging on sweet sesame spreads, cucumbers, hard cheeses and gently scrambled eggs baked in a metal pan (menemen), we watch the crowds around us laughingly engaged in consumption, a hip mix of tourists and time-worn residents.

One imagines this could be a pretty engaging way forward for the Istanbul food scene. In the eyes of Pamuk, perhaps it would be a poignant expression of old melding with new. "We are engaged in a state of mind that is ultimately as life-affirming as it is negating," he once wrote. We can think of nothing else more enlightening than a meal such as this.





## TEA FOR ME

Wandering the streets – whether in a local market or upscale shopping area – you’re likely to bump into a hustling man with a hanging tray loaded with delicate fluted glasses of black tea. Called cay (pronounced chai), this is the essence fueling everyday activity.

According to Ansel Mullins, founder of Istanbul Eats, it is a mainstay at all formal and friendly gatherings, and people drink as many as 10-15 cups a day. Every business, be it restaurant or lighting company, must have access at all times.

Since cay is relatively attention intensive – it is brewed to incredible bitterness and then diluted to taste – many neighborhoods have a “tea guy,” whose sole purpose is to make the hot drinks and deliver them. Some businesses order so often, they run direct wires to tiny brewing stations and yell orders via intercom. Some tea men supply entire blocks and the cables to their room tangle over each other like a bird’s nest.

However, it was coffee that was most widespread through much of Istanbul’s history. The first city in the world to develop a coffee shop culture as beans poured in from Ethiopia, there are records depicting the bracing brew as far back as 1554, in which grounds and water are carefully boiled over open flames in a copper vessels before being poured into an espresso cup. When Sultan Murad IV tried to ban coffee in the 17th century because he was afraid of un-monitored anti-establishment talk, people moved into secret salons.

Tea was not widely sipped until the fall of the Ottoman Empire in the 1930s, when coffee became so expensive it was saved for special occasions. To fill the void, farmers cultivated cheap tea that people could drink as often as they wanted – one small cup is never more than one or two Turkish Lira. Ten years ago, coffee slowly made its way back to the streets and you can find brewers and roasters around town who labor over the perfect cup. But tea remains the king of beverages.

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## Wave Band



Exclusively contracted to the W Hotel and house band of the opulent and plush third floor Fei bar, Wave Band is a funky quartet with a repertoire spanning six decades.

Made up four Americans, each from a different state, they are styling themselves up as the “feel food” group of Guangzhou. Lead singers Julianne Costa and Wyn Haygood, guitarist Joe Filipow and drummer-keyboardist Delbert Mack all come fresh from their last stint in Ho Chi Minh City, Vietnam.

What do the guys think of the city itself? “The people are awesome and genuine,” says Costa. “Guangzhou really has a California feel to it.”

While paying tribute to legends of the world, from the Rolling Stones to Amy Winehouse, the band brings a welcome touch of audience participation to the city’s live gigs. Costa can be seen at the front of the stage teaching enamored audience members steps to their music.

The show is fast paced with an equally slick light display and high-fidelity sound system to match. Yet they can also play mellow and laidback with tracks like ‘Put Your Record On’ by Corinne Bailey Rae.

Here until June, girls heading down to their ladies night on Thursdays can enjoy free vodka cocktails between the hours of 9pm and midnight.

As Filipow explains in an online video, Wave Band are “taking people places they’ve never been before, showing things that they’ve never seen... something you’d never expect from a live band.” **SES**

// 26 Xiancun Lu, Zhujiang Xincheng, Tianhe District, Guangzhou 广州市天河区珠江新城冼村路26号 (020-6628 6628)

FILM

## Coming to a theater near you...

### TRANSCENDENCE

Apr 18



Long-time Christopher Nolan cinematographer Wally Pfister makes his directorial debut with this sci-fi thriller. Johnny Depp stars as Dr Will Caster, an artificial intelligence researcher obsessively working on the world’s first self-aware supercomputer. After he’s shot by a protester, Caster is brought back to life with the help of the powerful computer. Problems arise once Caster 2.0 starts acting out. Morgan Freeman and *House of Cards*’ Kate Mara co-star in a film coproduced by Beijing’s DMG Entertainment. To raise attention, Depp will make his first visit to the Mainland.

### RIO 2

Apr 11



This sequel to the 2011 animated hit picks up with Spix’s macaws Blu (Jesse Eisenberg) and Jewel (Anne Hathaway) enjoying domesticated life in Rio de Janeiro with their three children. However, they’re thrown for a loop when they journey to the wild Amazonian rainforest. A colorful cast of characters greets them voiced by stars Bruno Mars, Jamie Foxx, bossa nova pioneer Bebel Gilberto and Andy Garcia. Can they safely get back home and save the endangered Amazonian habitat while fending off sadistic Nigel the cockatoo?

## Last month’s box office



1. Need for Speed
2. RoboCop
3. The Hobbit 2
4. Malavita
5. The Old Cinderella
6. Home Front
7. Sweet Alibis
8. Free Birds
9. Frozen
10. Lock Me Up...



Source: MTime.com

GOSSIP



## Jackie’s boy band

Despite a legendary career that’s inspired a museum and amusement park in Shanghai and Beijing respectively, Jackie Chan shows no sign of tiring. His new venture – K-pop svengali. Chan introduced his new boy band, JJCC, last month. The quintet represents a joining of Asian cultures and will be produced by Chan and Korean hip-hop artist Hyun Jin-young.



## Classic collision

National committee member Li Haibin made quite the impression at the Political Consulting Conference when he suggested banning CCTV’s *The Water Margin*. Li lambasted the show’s outdated, violent stories. However, netizens quickly challenged Li, pointing out it’s based on one of China’s Four Great Classical Novels and carries a deeper meaning than its story of a rebellious gang of oppressed ruffians.

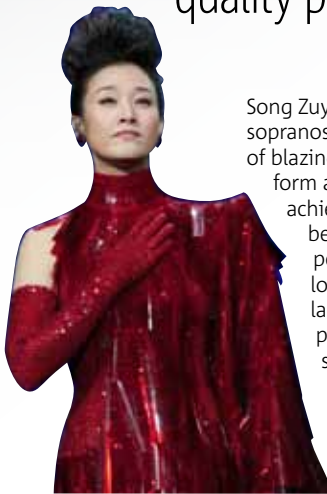


## Rain brewing

Fresh off being the solo guest on *Kuai Le Da Ben Ying*, Korean megastar Rain has signed on to star in his first Chinese film, *Hong Yan Lu Shui*. Rain will play the artistic owner of a huge company that discovers the power of true love. Quite a departure from 2009’s *Ninja Assassin* and his upcoming gangster film *The Prince* co-starring Bruce Willis and 50 Cent.



“It is partly owing to me that so many of the country’s art troupes have set the Golden Hall as a venue to have to perform in... the important thing is that we give high-quality performances.”



Song Zuying, one of China’s most famous sopranos, reflects on the mixed blessing of blazing a trail for Chinese artists to perform at the Vienna Golden Hall. Song achieved global recognition when she became the first Chinese artist to perform solo on the musical hallowed ground in 1993. However, last year over 100 Chinese artists performed at the venue, willing to shell out 20,000-30,000 euros to rent out the space. Critics have complained that this trend is turning the Golden Hall into a Hall of Gold.

## Just Out



The latest in the Royal Asiatic Society’s (RAS) Monograph series shines a spotlight on avant-garde writer Mu Shiyong. Andrew Field translates five of Mu’s short stories in *Mu Shuying: China’s Lost Modernist*, set in the colorful world of Shanghai’s dancehalls in the 1930s. Mu’s vivid cityscapes marks a break from May 4 literary giants Lu Xun and Lao She.



French architect Paul Veyseyre continues to hold influence in Shanghai where hundreds of his buildings remain. His legacy is fully explored in Spencer Dodington and Charles Lagrange’s *Shanghai’s Art Deco Master*. The coffee table book is based on the Veyseyre family’s archives, exploring the architect’s life and work creating many of the former French Concession’s enduring buildings.



In her debut novel *Yellow Papers*, Australian writer Dominique Wilson follows Chen Mu, a 7-year-old sent to America to study following the country’s defeat in the Opium Wars. Rather than return, he flees to an Australian mining town where he befriends a local who is fascinated by China and eventually ends up in Shanghai during its 1920s heyday.

## It's a band gang

While Shenzhen’s music scene isn’t as developed as Shanghai, Beijing or Guangzhou, it’s certainly far from non-existent or static. Three bands in Shenzhen with completely different sounds are working to raise the profile of what’s going on, do something other than the current narrow range of pop rock and nu metal, and – above all – enjoy themselves while giving crowds a taste of original music.

Space Folk consists of Americans Charlie (vocals and guitar), Adrian (vocals and drums) and Jon (guitar), Uran from Israel (bass) and Devin from Korea (vocals and djembe). Playing al-

ternative folk music, their sound evokes a slice of America’s rural side, which is clear from the twanging melodies, though it doesn’t define them. With a positive view of Shenzhen and the future, these lyrics from ‘Space Folk Anthem’ perhaps best sum up their attitude: “We’re all here ‘cause we wanna be, we’re all here ‘cause we’re totally free.” Check out their music on [decayingmatters.bandcamp.com](http://decayingmatters.bandcamp.com)

Friendly Cannons, or Pao You in Chinese – that’s ‘friends with benefits’ to you and I – brings China and America together in the form of Jubil (vocals and

guitar), Ben (sax and synth), Rita and Rainie (backing vocals), Kevin (drums) and Slim (bass). Describing themselves as “indie, porn, pop, cute, punk” – quite a heady mix – Friendly Cannons writes and performs in Mandarin, Cantonese and English. They keep things on the right side of twee with plenty of rawness and stage presence to accompany their melodic tunes. Check out their sound on [friendlycannons.bandcamp.com](http://friendlycannons.bandcamp.com)

Pokemon Dad is a rock group comprising four Americans – Kevin (drums), Paul (vocals and guitar), Jon (bass) and Greg (vocals and guitar). They play



an eclectic mix that explores “dynamic syncopation, nostalgic melodies and elements of post rock.” Although lyrics aren’t at the forefront of what they do, Pokemon Dad offers a reflective take on transitioning into the digital era, life in China and people they know. They don’t tailor what they do for local crowds and, about their experimental style, Greg says, “People feel our sound is a bit bizarre, but it’s still well received.” Check out their music on [pokemondad.bandcamp.com](http://pokemondad.bandcamp.com). **GM**

// All three bands will be playing on April 26 at the Tunnel Rock Show, under the tunnel opposite IKEA, 8188 Beihuan Lu, Nanshan District 南山区北环路8188号



# MARS EXPEDITION

## GOLDEN CHILD OF POP HITS HONG KONG

BY MARIANNA CERINI

"I want to write better songs, I want to put on better shows, I want to make better music videos. I want my next album to be better than the first and the second."

That's how Bruno Mars responds when we congratulate him on the rapid escalation of his solo career, effectively only launched in 2010. The musician, who's bringing his *Moonshine Jungle Tour* to Hong Kong on March 29 and 30, doesn't seem to care for compliments.

Still, there's something to be said for his resolve. In the span of four years, 28-year-old Mars has reached trailblazing achievements, becoming the go-to guy for hip-hop melody and, as of last year, earning the dubious honor of being the world's most pirated artist together with Rihanna.

Not that he should worry about that too much – he's already got two platinum albums and 18 Grammy nominations (including two wins), and has sold 68 million singles worldwide. Three of them are counted amongst the best-selling singles of all time. The man is definitely doing something right.

The son of a Puerto Rican-Jewish percussionist and a Filipino dancer, Mars (real name Peter Gene Hernandez) was born and raised in Hawaii. At age 4 he became part of his father's variety show as a mini Elvis Presley impersonator. A few years later, he went on to portray Michael Jackson also. The training hugely influenced his formative years as a performer.

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*Kids around me were growing up watching Michael Jordan, Joe Montana or Mike Tyson. I was studying Elvis Presley, Michael Jackson, James Brown*

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"Kids around me were growing up watching Michael Jordan, Joe Montana or Mike Tyson," he says. "I was studying rock stars – Elvis Presley, Michael Jackson, James Brown, the Beatles. That world fascinated me the most."

Does he have a favorite tune from the two music legends that shaped his musical education? He ponders... "I'm going to go with 'Dirty Diana' for Michael and 'Heartbreak Hotel' from Elvis."

Learning a wide repertoire at a young age helped the singer become acquainted with the stage, and develop a versatility of style that's been pivotal to his success both in the recording studio and live. His light, soul-influenced voice is an easy fit in a range of genres, his style quick to shift from fancy footwork routines to slow-paced ballads. There's no place he doesn't belong.

The threesome has a firm grip on the full spectrum of black and white pop. Under the partnership, Mars has produced for Alicia Keys, Justin Bieber, Lil Wayne and Flo Rida, and penned chart-toppers such as CeeLo Green's game-changing 'F – You' and B.o.B's 'Nothin' on You,' as well as 'Billionaire' by Gym Class Heroes frontman Travie McCoy – a song that saw Mars taking center stage for the first time.

Then there is a slew of hits from his own repertoire: 'Just the Way You Are,' 'Grenade' and, most recently, 'Locked Out of Heaven.' There's no doubt that he can pen a tune. The process to get there, however, isn't as chain-like as it may seem.

"I don't sit down and think, 'I'm going to write a song,'" he says. "Inspiration hits me always unexpectedly: on a plane, when I'm out or just before I go to bed. An idea will suddenly come to my mind, and sometimes I manage to turn it into lyrics the next day. Sometimes it'll take me one year to get something real out of it. You can't force creativeness."

The Smeezingtons produced his debut album, *Doo-Wops &*



*Hooligans*, back in 2010. An effortless example of pop song craft, it earned a nomination for album of the year in the US, winning generally positive reviews for what *Entertainment Weekly* described as “instant-access melodies” and “sly snatches of dance-floor swagger.” It also sold more than six million copies worldwide, catapulting Mars into the upper echelons of pop.

Two years later, *Unorthodox Jukebox* was released. This impeccably made and compulsively listenable sophomore effort – five million copies sold around the globe, and counting – features producers extraordinaire Mark Ronson and Jeff Bhasker among its collaborators.

“Mark and Jeff are good friends,” says Mars. “They are good buddies of mine, but also my favorite producers out there today. I’m constantly going back and forth with them, thinking about the next step and what we can do together.”

The album, thematically darker

## Sometimes it'll take me one year to get something real out an idea. You can't force creativeness

than the breezy *Hooligans*, offers more than clinically perfect song craft, and unsurprisingly, its lead single and number one hit, ‘Locked Out of Heaven,’ was nominated for Song and Record of the Year at the 2014 Grammys.

On the wave of such success, Mars was asked to perform at this year’s Super Bowl Halftime Show, the most illustrious gig in pop – so much so, that no appearance fee is granted to the performers: payment comes in the form of exposure.

It’s a slot that demands an established star with epic wattage.

Last year it was Beyonce, the year before Madonna. In this respect, Mars might have looked like an odd choice. Electing to have him share the stage with guest performers the Red Hot Chili Peppers may have been even more unusual. But his performance paid off.

The singer – who was also the first artist in 10 years to headline before turning 30 – launched a kinetic entertainment assault that certainly left an impression – to some positive, to others rather too safe. The *New York Times* stated that Mars’ lack of tabloid appearances and fragrance deals kept him from being a household name. The *Guardian* criticized him for delivering “slick, unmemorable pop, ruffled only by his big, fratty brothers.”

Mars sneers at his detractors. “The Super Bowl has really become this huge pop culture event for any artist to land, so it really was an honor to play there. At the same time, there’s a lot of pressure involved – of pleasing the audience, of play-

ing in freezing cold weather.

“There were a lot of factors that were working against us, but it turned out to be a lot of fun. It’s something I’ll carry with me forever, the opportunity to one day tell my kids that Dad performed at the Super Bowl.”

As he prepares to hit China, he is “excited simply to be there. I haven’t spent much time in Asia – though growing up in Hawaii, I have always been surrounded by Asian culture, I relate to it – so I’m really going to be taking advantage of this opportunity. Then, of course, I’m keen to perform in front of an audience so very new to me.”

Enjoying the present, he says, is all he wants to do right now. “I have been on tour for a while now, and I still have some more to go after Asia. It’s important that I don’t burn out. I have to keep my music sacred, so that when I’m ready, it’ll be ready too.”

// March 29–30, 8pm, HKD588–1,088. AsiaWorld-Expo Area ([www.hkticketing.com](http://www.hkticketing.com))



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# LIONEL RICHIE

## HIGHLIGHTS FROM OUR HUGE ONLINE INTERVIEW

BY NED KELLY, PHOTO BY LIVA KOZIOLA

### On the Jackson 5...

Of course it was a joke to us, we said: "Guys, we don't want to hurt these little kids, so don't play too hard, let's play kind of soft." Then these guys came on stage and we thought we were watching some midgets – they were so professional at age 7, 8, 9, 10, 11. I mean, forget about it.

### On Micheal Jackson...

He was the lead singer of the group, I was the lead singer of my group. Each kid adopted their place in the band and so Michael and I became really close. He was a kid. And then, as happens with all child stars, he became this teenager, and for about four years, it died. All the rest of the people moved on and of course he had to find his new identity as a young adult. So when he came with the Jackson Family with 'Can You Feel It' it was just smoking. Then he took off with *Off The Wall*. That's the end of the ball game.

### On the early song writing days...

I didn't know what the heck I was doing, because – remember now – I can't read or write music and I wasn't the lead singer of the Commodores: I was the greatest horn holder that ever lived. I could twirl it, I could dance with it, I could do everything in the world with it. Then I hit three notes – da dada, da dada. Back then that's all you needed. I kind of discovered the writing part of it while being in the Commodores so it's a pretty special period there – by the time I got to 'Three Times a Lady,' I knew what I was doing. There's a time when the bell goes off, you go, "Okay, I know what I'm doing here."

### On Nelson Mandela...

I had a relationship with him. I knew him, you know? I didn't have a chance to really know Martin Luther, didn't have a chance to meet Kennedy as I was too young. You know,



**T**he living legend that is Lionel 'All Night Long' Richie has a show at the Mercedes-Benz Arena on April 8, and we managed to meet up with him for an extensive four-part interview you can find at [lionelrichie.thatsmags.com](http://lionelrichie.thatsmags.com). Here are just a few of the highlights...

Mandela – I had a chance to meet. He came to LA when he was just released from prison, and Quincy [Jones, legendary record producer] called us in and we all had assignments.

One group was to get the planes as he couldn't travel on Delta – he couldn't travel on commercial flights, so we had private jets. One group had where he was

going to stay. One group had his clothing – you know, he's been in prison, he's going to be on television. So I was the clothing department, I was the man who went... "Let's find the clothes!"

### On Paul McCartney...

We haven't done the song yet, but the most impressive thing about him was the first time I

met him. He walks in the room and goes, "Oh my god! It's Lionel Richie – man, I got all your records." He said, "I followed you throughout your career." He started calling out all my career points. I said "Stop! That's my line to you!"

### On being a grandfather...

I did *The Voice* down in Australia, and Joel [Madden, husband of Richie's daughter Nicole] is one of the judges down there and I remember [granddaughter] Harlow and [grandson] Sparrow were sitting there and I went on stage and the audience were all screaming at me and Sparrow said to Nicole, "What's Papa doing on stage with Daddy?" (laughs) "Pop Pop's a singer." "He is?"

Can you imagine, the door opens and two people will run in the room, they don't know anything about the Commodores, they don't know anything about the 80s, they missed the 90s – they missed everything. They don't know anything except, 'Chase me Papa,' and that's a blessing. You know, it's one of those things where it's a genuine love affair and I have more fun with these two crazy people...

### On his kids...

You know, so I'm working really hard now to prove myself to my family. Because even my kids – I mean, Miles and Sophie – they missed the Commodores and they missed the 80s. They didn't show up until the 90s. So I got a family walking around me going, "There's Dad hanging out again on stage..." "What do you mean hanging out – I'm Lionel Richie, get over it!"

// Lionel Richie hits Shanghai's Mercedes-Benz Arena on April 8, RMB380–2,500. 1200 Shibo Dadao, by Shangnan Lu 奔驰文化中心, 世博大道1200号, 近上南路 (400 882 1190, [www.a2live.cn](http://www.a2live.cn)) Read the full interview at [lionelrichie.thatsmags.com](http://lionelrichie.thatsmags.com)



# HIGHLY STRUNG

## GUANGZHOU MUSIC SHOPS

BY S.E. SMITH

**S**o you've written the lyrics, got the melody down and are ready to bash out a song. There's just one problem: you've got nothing to bash out your song on. Fret not, because *That's PRD* has put together four places for those in need of instrumental succor, be it a fine tuning or a new model.

### SUSTAIN MUSIC

A shop that opened six years ago in November 2007, Sustain Music has that retro-style den feel to it. The walls are black, along with the carpets and a big couch that sits behind a well-used tea table. Twenty-nine-year-old local Billy – well-known among musical expats – owns and runs it.

Even if you're not in the mood to purchase one of the many Chinese guitars, Billy is great to talk to and swap gigging tips over a pot of freshly brewed red tea. Up until last year, he fronted a band

and even has plans to start up a guitar brand of his own.

He makes a point of saying that they're open every day – except Chinese New Year, of course.

// 2/F, 1 Chigang Xi Lu, Haizhu District, Guangzhou 广州市海珠区赤岗西路一号二楼 (139 2886 0325, billy\_leung020@126.com)



### CHINA RHYTHM CENTRE

Down a very Cantonese looking backstreet – think *Police Story* – China Rhythm is hidden but not ignored. Since April 2012 they have built up a solid foreign clientele, who head there for the soundproofed band rooms. All at reasonable rates too: the piano room is RMB20 per hour, the drum room is RMB30 per hour and the band room is RMB50 per hour (but owner Carol assures me “you can use whatever you want inside”).

It's small, pokey and has a hodgepodge vibe, with racks of assorted music magazines, violins, rattles and random percussion packed onto

shelves and units. They even have restrooms for jammers.

See if you can spot the row of cowboy boots... they are for sale.

// Shop 102, 31 Manao Xiang, Zhongshan Liu Lu, Yuexiu District, Guangzhou 广州市越秀区中山六路玛瑙巷31号首层之二 (020-8138 2390, china-rhythm@qq.com)



### WELOVEMUSIC

Most of the buildings around welovemusic have been torn down or are undergoing refurbishment, adding to its quirky charm. Green-tiled balconies hover over the doorway with stone plant pots balanced precariously on ledges. Inside, it's one of the places in the city where you can ululate over all things ukulele.

Welovemusic opened back in March last year and is not only a music shop but a cafe also – aptly named welovecafe. More chilled and stylish than other stores, it makes a nice place for a rest and bite if you are in the area.

They also have a second floor with a small collection of guitars and a room set aside to teach a traditional harp-like instrument known as the guzheng (古筝). Watch those pots!

// 53 Baoyuan Lu, Liwan District, Guangzhou 广州市荔湾区宝源路53号 (020-8121 9840, www.weloveka.com, weibo.com/mlokmusic)



### GREATWALL MUSIC SHOP

Greatwall is a shop that could be described as a shrine to the Japanese guitar brand Ibanez. The ground floor has a huge collection of Ibanez axes lining both sides of the walls. Up a flight of stairs and there's more limited editions of Takamines shown in glass cases.

Their second floor is worth a look even for non-musicians. Dozens of various types of golden cymbals take up a whole wall, floor to ceiling, with the opposite wall dedicated to drums.

Clean and professional,

Greatwall is all about size and quantity. Though the owner can't play a lick, this well-oiled, well-stocked guitar treasure chest should impress any veteran or greenhorn.

// 156 Wanfu Lu, Yuexiu District, Guangzhou 广州市越秀区万福路156号 (020-8333 4390, info@musicgw.com, www.musicgw.com)



# A PLACE IN THE COUNTRY

## TURNING A SCENIC SITE INTO A CREATIVE COMMUNE

BY WILL WU

As the pilot city for China's reform and opening up policy, Shenzhen is notable for its rapid economic development. Through its short 30 years of history, the bustling port has successfully branded itself as a fairly cosmopolitan hub. However, despite the fruitful economic achievements it has gained, it still lags in certain areas. Number one on the list is culture.

With this in mind, Shenzhen's municipal government has taken action to boost the city's creative industries. One of its major initiatives has been to develop an artistic village on the verdant Wutong Mountain.

Located in the eastern part of Shenzhen, Wutong Mountain is the only provincial-level scenic spot in the city. Surrounded by thick woods, it is sometimes called 'Shenzhen's lung' and is favored by people yearning for a weekend hike. Since the beginning of 2012, the mountain has also been attracting visitors for a new reason: the burgeoning creative commune flourishing at its foot.

A great number of individuals have set up their studios here. Some are painters who hang their canvases in the yards; some are musicians who enjoy playing with their peers; some are graphic designers who bring colorful graffiti to every wall of the community. Though the village still needs further expansion and improvement, it is already delivering a fresh spirit of modern bohemianism.



*A more human touch is brought to the artwork and the people who visit. No academic background is needed to appreciate art here and people enjoy it in a lighter atmosphere*

Of the many distinctive studios here, one in particular stands out. Away from the main street in a quieter neighborhood, Huxia Space combines aspects of personal workshop and exhibition venue to create a getaway for those who need a break from metropolitan hubbub.

On entering the main wooden doors, two black words immediately jump out from the whitewashed wall. These beautiful characters are '虎吓'; the venue's name in Chinese, literally meaning 'tiger threat.' Judging from the ferocious moniker, you might think it was owned by a bold, brash person. Just the reverse; the man behind

this art retreat is both gentle and soft-spoken.

Peng Jie, a veteran artist hailing from Hubei province, opened Huxia Art Space in October last year. After graduating from Central China Normal University, where he majored in oil painting, Peng acquired his master's degree in art criticism from Guangdong Academy of Fine Arts. After successively working as a freelance painter, a researcher and a curator at the Guangdong Museum of Art and OCT Art and Design Gallery, Peng turned his interest towards opening his own studio.

"Some people consider art

as something serious, hard to understand, superior and expensive. These are wrong concepts which I try to wipe out," says Peng. "In Huxia, a more human touch is brought to the artwork and the people who visit. No academic background is needed to appreciate art here and people enjoy it in a lighter atmosphere."

There are two main exhibition rooms at Huxia Space, each occupying around 30 square meters and laid out in the shape of a traditional, rural Cantonese house. Dotted about the corners of these rooms are several easels and palettes, encouraging guests to spontaneously unleash their imagination. According to Peng, his gallery welcomes all kinds of pieces, from painting to installation. Silent auctions are also held from time to time, as Peng believes that purchasing art at an appropriate price is another way to respect artists and their craft.

One of the most costly parts of the art profession can be





paying for a venue to display your labors. So how much is the rent for exhibiting at Huxia? “Cook me a meal, buy me some wine, give me some furniture or simply bring me inspiring artwork and books. These can be treated as the rental,” says Peng breezily.

Adding to the overall rustic aesthetic, the kitchen to the side of the exhibition rooms features piles of firewood, delivered to the hearth by Peng’s Benz so he can prepare food the old-fashioned way. City-dwellers might regard this as a waste of energy, but for Peng, the benefit of cooking with wood

lies precisely in the time it consumes.

There is a studied casualness throughout Huxia. In the front yard, bookshelves filled with literature are scattered about, a big round table and some chairs allowing people to sit for a spell in the quiet surroundings. The tranquility seems to stop time, granting you freedom to do whatever you like, either eating the meal you cook in the kitchen or reading a book you randomly pick from the collection.

Most of the artists who settle on Wutong Mountain are low key, seeking nothing

but a quiet haven, space and creative freedom. Peng is the opposite. Art to him is not something isolated. On the one hand, he acknowledges that making art requires a peaceful environment; on the other, he insists art should not be separated from society. “I want to be the one who sends out Wutong Mountain’s anima to the outside world in the form of art and bring in external vitality to this tranquil village. That’s why I set my studio and organize exhibitions here,” he says.

“Exhibition here is more than just displaying artwork,” Peng

continues. “They are exhibitions on the surface, but also opportunities to make great friends in nature. And such opportunities are free, which, in my opinion, makes it easier to attract more participation from average people.”

For a city that boasts little in the way of an arts scene, Shenzhen has taken an innovative step in the right direction with this free-spirited sanctuary of creativity.

// No. 51, Huzhuxia Village, Wutong Mountain, Luohu District, Shenzhen  
 深圳市梧桐山虎竹吓村51号 (135 0969 1815, WeChat: PengPeng7729)



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**LET'S TALK ABOUT**

# **SEX**

In ancient China, young brides were sometimes given a book or box by their mother on their wedding night. Inside were colorful illustrations depicting the art of lovemaking. Since those days, information is disseminated in many ways, but the sexual landscape has certainly become much more complicated. This month, we explore what's going down between the nation's sheets.



# IN THE BEDROOM

## THE CHANGING CHINESE ATTITUDE TO SEX

BY WILL WU

Historically, the Chinese see the world in dualistic terms, yin (阴) and yang (阳), and strive to achieve balance between these two opposing forces. Among the many methods to attain harmony, sex is regarded as indispensable. Through sex, men and women receive energy which they lack in their own bodies, thus maintaining equilibrium. With such importance placed on copulation, ideology used to take center stage whenever lovemaking was discussed.

China's 5,000 years of history placed a premium on virginity. Women in ancient China were required to maintain chastity before marriage, as they were in many other cultures. Any extramarital affair was illegal and would have been punished in both verbal and physical ways. An extreme example of this was the jin zhu long (浸猪笼), in which an unfaithful woman was locked in a cage previously used for confining pigs and then thrown into a river.

Strict rules on sexual behavior were more burdensome to women, which greatly influenced their views on intercourse. Female sexuality was considerably repressed and publicly discussing fornication or sharing stories of a husband's prowess in bed was deemed unseemly or even shameful.

According to a survey done in 1997 by Ms Xu Anqi, the author of *A Report on Chinese Love and Marriage at the Turn of the Century*, only 9.7 percent of couples interviewed who had been married since the 1980s admitted to having premarital relations. Over 40 percent of them had not hugged or kissed his or her other half before the wedding. With hard work, frugality and collectivism promoted as the Middle Kingdom's backbone, coitus was approached with practicality. Sex was for reproduction, not personal pleasure.

However, alongside rapid economic development after decades of reform and opening up, traditional sexual ideology has undergone revolutionary changes. Sex is no



longer off the table as a public topic and attitudes and behaviors have become more varied.

Such major evolution can be readily witnessed in younger generations of Chinese, particularly in women, who have eagerly embraced their new freedom. In November 2013, the Guangzhou Women's Federation conducted a large-scale lifestyle survey among 800 female university students from nine universities in Guangzhou. Questions included in the survey ranged from the female students' view on future careers to relations with parents; from opinions on sex to marriage; and from consumer characteristics to community involvement.

The results, published last month, have provided the public with a clearer and more thorough insight into the opinions of the contemporary girl. Eighty-three percent of the interviewed students held that premarital sex is an individual's choice, having nothing to do with social morality. Digging a little deeper, the study also found that 17.1 percent were against personally slipping between the sheets before marriage, while 12.1 percent were all

for it, considering it an acceptable way to test the water. The report concluded by saying that, "judging from these figures, it is fair to say most of the female students have a relatively open attitude towards sex."

But how does this translate into real-world actions? Well, people may think it is okay to do what they want, but it doesn't mean they are doing it.

Over half of the interviewees (57.9 percent) still believed it was necessary to preserve their chastity before getting hitched. Among these students, 47.2 percent of them were afraid of the effect premarital sex could have on their future marriages, such as quarrels over the woman's lack of celibacy. Forty-one percent held that it is easier to get STDs through premarital sex, thus affecting reproductive health. The biggest reason given for conserving virginity was the fear of premarital pregnancy or potential infertility brought by abortion (65.6 percent).

Another surprising statistic revealed by the survey was that 60 percent of those who had never been in a relationship with men were strongly against premarital

sex, while among those who had, the figure dropped to 49.6 percent.

The changing sex stance towards sex is also reflected in ways women respond to harassment. Of the 1,500 victims of assault surveyed by Sina.com in 2005, 39.67 percent chose to remain totally silent. Almost a decade on, the poll by the Guangzhou Women's Federation found nearly half of the interviewed students would report inappropriate advances to the police, while 34.3 percent would tell their parents or friends first. Only 13.8 percent said they would keep quiet, under the proviso that "the harassment was not serious."

"Sexual harassment is something unacceptable. Reporting it is an effective way for protection," says Amber Huang, a junior student at Sun Yat-sen University. In the minds of Huang and her classmates, the best way to prevent and punish these incidents is to improve laws regarding assault.

The changes in views among the younger female generation in China reflect the gradual liberation from the strict rules of yesteryear. Sex to the modern woman is a basic human right, which should be respected and enjoyed.

# THE BIRDS AND THE BEES

## HOW KIDS TODAY LEARN ABOUT REPRODUCTION

BY WILL WU

“Where did I come from?” is a common question asked by kids. In November 2012, the Central China Television news took to the streets to discover parents’ answers to this burning query. “Picked up off the streets,” “Discovered in a garbage can,” “Delivered by the flood,” “Hatched from a stone like Sun Wukong [Monkey King]” and “Found under the bed” were among the responses.

Such ridiculous answers naturally elicit peals of laughter, but behind the amusing replies hide a serious and thought-provoking fact: family sex education in China is outdated. This is evidenced by a recent survey by the Guangzhou’s Women Federation, which showed that more than 50 percent of interviewed female university students garnered their sex-related knowledge through reading magazines, literary works and online content. Only 16.6 percent said their understanding of procreation was transmitted by their mother or father.

From the sharp contrast, it’s clearly evident that most Chinese parents today shy away from discussing even the most basic details of inter-

course with their kids. Instead of telling the truth, many choose to randomly make up fanciful tales, meaning that sexual education in the home is next to non-existent.

And this trend may even continue into the next generation. CCTV also questioned future fathers and mothers on how they would deal with the birds and the bees. Most of them stated that it is too complicated to explain to a little kid. Instead, they expected schools to take the lead in teaching the details of reproduction.

It’s an expectation of which the government is aware. In 2008, the Ministry of Education in China released its ‘Guidelines on Health Education in Primary and Secondary Schools,’ requiring different levels of sex education for students in Grade 5 and above.

However, progress in this department has been sluggish. As China’s educational system has always laid great emphasis on grades, non-grade-related classes are often sacrificed. Despite the ministry edict, sex education is still listed as an optional course in many schools across the country.

This can have serious health consequences. The 2011 Durex Sexual Wellbeing Global Survey showed that only 49 percent of the Chinese people polled chose to use a condom when they had sex for the first time and 48 percent of Chinese aged between 18 and 24 had been physically intimate. With more than 22 million adolescents reaching sexual maturity every year in China, a proper, timely and continuous sex education would seem essential for the youth of today.

Initiatives have begun popping up to deal with the issue. Recently, the *One-minute Sex Education* series went viral online. The program, created by Nutcracker Studio, consists of 15 60-second episodes, each one aimed at answering basic sex-related questions a child might have. Topics included how a child is born, how to protect against molestation, understanding masturbation, homosexuality and the importance of protected sex.

With cute cartoon sketches and lively narration, the series has been warmly received by the public and widely shared on China’s major social media channels, like Weibo and WeChat. “These videos help

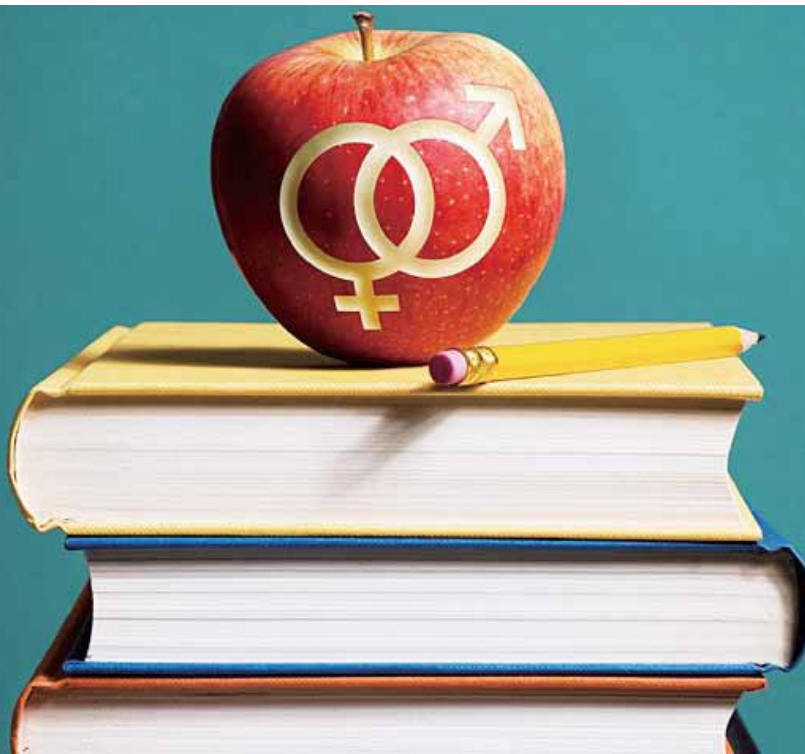
me a lot in replying to my son’s question regarding his birth. It is not embarrassing at all when I watch the videos with him,” says Mr Wang, a 32-year-old engineer working in Guangzhou.

Even though sexual education in schools has not yet become a regular facet of the curriculum and comprehensive textbooks are still lacking, other methods are being introduced to combat traditional taciturnity. Parents are encouraged to attend classes with their kids and more sex-related student organizations have been set up.

The first masturbation interest group was established at Sun Yat-sen University in 2013. Aiming to improve the public’s understanding of physical pleasure, professor Pei Yuxin leads her students in researching and organizing lectures on the topic. As a result of their efforts, the group has been receiving significant local attention.

Meanwhile, schools are more open in cooperating with well-known NGOs to conduct informative sessions. Founded in 2011, Sexuality Zone is a Guangzhou-based education provider committed to providing updated sex-related knowledge to the younger generation and clearing up any confusion during their growth. Currently, this organization is working on its Love and Growth project, in which students are taught by teachers who have been formally trained with professional textbooks. Participating organizations and schools include Sun Yat-sen University, South China University of Technology and South China Agricultural University.

With lots of public attention and increased efforts towards promoting sex education, ignorance about intercourse is slowly being eradicated. However, improved understanding of physical urges in China still depends on supporting policy from the government – as well as parents’ willingness to go beyond garbage cans for explanations of where their children came from.





# THE WORLD'S OLDEST PROFESSION

## WHY GIRLS BANG FOR YOUR BUCK

BY S.E. SMITH

An innocent late-night stroll down Jianshe Liu Malu can be quite the education. Groups of dolled up working girls stand idly at street corners, giving suggestive looks to passersby, accosting those who shoot so much as a furtive glance their way.

Discussion of the world's oldest profession, a phrase coined by Rudyard Kipling in his short story 'On the City Wall,' has flared up again recently, due to the Chinese government's nationwide prostitution crackdown. Back in February, Dongguan became the first city on the hit list. Xinhua News reported that 6,000 police raided nearly 2,000 entertainment venues and detained more than 900 people – with 10 senior officers being suspended from duty or penalized in the process.

In Guangzhou on February 11, police arrested 98 people suspected of involvement in illegal activities, including the sex trade and gambling, and more than 20 entertainment venues were closed.

A quick scan on an international sex guide website and one can see the police's concern. Blogs, forums and testimonials are plentiful with 'mongers' listing Kama Club, Nova Club and Cave Bar as harlot hotspots.

The prostitution debate is as complex as it is controversial. Arguments for or against can rarely be formed abstractly and usually change depending on which country the act is taking place in.

What is applicable in almost every instance is that the sex trade doesn't just fuel prostitution but gives rise to narcotics, money laundering and gang protection – some RMB50 billion is estimated to be at stake in lost revenue from the Dongguan hit.

The sex trade has a visceral effect on innumerable areas of society. Economists have calculated that as much as 10 percent of Dongguan's economic activity will be affected by the crackdown. Taxi drivers



have lost their commission from brothels and landlords are now having a hard time renting out apartments, as prostitutes haven't returned after New Year vacations. Club managers and even DJs have been afflicted, as there are no open party dens to play in.

As to the reason why it's so prevalent in the nation's major cities, well, as always, it's a matter of money. There simply isn't any regular employment in China that can compare to the amount of cash a prostitute can potentially make. Think of Western countries where working in a clothing store, coffee shop, bar or restaurant pays quite well – especially for a young, single girl. Starbucks, for example, pays RMB67 an hour in England. In China, the wage can be as low as RMB10.

Regular jobs are often office and retail roles and, for six days a week, eight hours a day, pay around RMB4,000-5,000 a month. Those working in factories usually only get two days off a month.

In bordellos, which are often presented as high-end KTVs, a girl's sitting fee alone is around RMB150, and that can go up to RMB500 for more sought-after companions. 'Work' is only about six to seven hours, and that

mainly consists of drinking and singing. If the women were to actually sell their bodies, the lowest rates run between RMB500 and RMB1,500 – and that doesn't necessarily include sexual intercourse. For an overnight, full-service romp, girls can and do charge up to RMB3,000.

A standard job that earns RMB4,000-5,000 every month cannot compete with RMB6,000 a month as a low-level KTV girl. For higher-tier girls who are popular with high rollers, it's not unusual for them to be pulling in RMB18,000 a month on just three tricks each week.

Other sex workers, such as those working in massage parlors or saunas, charge around RMB300 for a 'happy ending' massage. The house normally takes RMB100, but RMB200 for 90 minutes work is understandably a big incentive.

It's important to remember also that the girls working at KTVs, saunas and massage parlors aren't forced to be there and can leave at anytime. What alternative job that doesn't require a degree or experience is there that would pay so much? From the point of view of a girl with few future prospects, more money from less work is an attractive proposal.

### PROSTITUTION LAW TIMELINE

- 1987: 'Security Administration Punishment Regulations' published, making it an offence to "sell sex" and to "have illicit relations with a prostitute."
- 1991: 'Decision on Strictly Forbidding the Selling and Buying of Sex' and 'Decision on the Severe Punishment of Criminals Who Abduct and Traffic in or Kidnap Women and Children' released.
- 1992: 'Law on Protecting the Rights and Interests of Women' promulgated, which defines prostitution as a "social practice that abrogates the inherent rights of women to personhood."
- 2012: The Intermediate People's Court in Foshan determines that the sale of erotic massage is not the same as prostitution.
- 2013: Erotic massages are legalized in Guangdong province.

Back in 2009, *Insight China* magazine published the results of an online survey that found 7.9 percent of 3,376 Chinese citizens polled considered prostitutes more trustworthy than politicians. Due to recent events, it's worth wondering what the ranking would be this time round.

# LADIES OF THE NIGHT

## PERSONAL STORIES FROM FEMALE PROSTITUTES

BY THAT'S PRD

### Xiaohong, from Hebei province, 28

"My father died when I was 3 years old, I don't have memories of him. He was in the Chinese navy and he drowned in an accident. My mother was supported, but I believe her life has been difficult.

I did not like school, I did not pay attention. I saw no purpose then. When I was a teenager, boys always told me I was pretty and wanted to talk to me. I got a boyfriend who was older than me. When I was 16, he made me pregnant. It made sense to have the baby at that time. I left school. I wanted to try to be a family with him. We stayed in a place, nearby

my mother. But he didn't want to be with us, he was a bad man. He was too young, liked to drink, play cards. He came home late at night after too much to drink and would hit me. I thought maybe it would stop, but it didn't.

Many other girls I knew had left to work in cities; I heard information from a friend and I went to Guangzhou. My mother supported me going, because she told me I would need to have money for my daughter, but also if I wasn't there, this man wouldn't come around, he did not want to be a father. If I wasn't there, we thought maybe he would go away. This was right, he just left. He did not help us since, he is not in our life.

I was 19 when I first arrived in Guangzhou. It was easy to get a job in a garment factory. My friend helped me and it was easy to learn how to use the machines quickly. I worked there for three months. I hated it, it was so boring and my salary did not seem worthwhile. I stayed in a complex with many other girls like me.

A girl I knew from my hometown told me about how she had sex

with men, and I went with her to a bar one night. It was not so difficult, I made much more money than the factory and I could have fun, dance with my friend and choose who to go with. At first, I would say yes to any price a man offered me, as long as it was at least RMB300. I would try to go with many men each night. Then I realized I could get more, stick to one price and that I could say no.

I would only go with someone if it seemed easy or if I liked them. If someone was rude or offered too little, I just said no. I would tell a man to buy me a drink. I could usually tell during the drink if I would be comfortable with him, that he was not crazy or a bad person. Most men are good. They're not bad people, just single or away from home or bored or come

**AT FIRST, I WOULD SAY YES TO ANY PRICE A MAN OFFERED ME, AS LONG AS IT WAS AT LEAST RMB300. I WOULD TRY TO GO WITH MANY MEN EACH NIGHT**

from places where they can't do anything like this. I did prefer foreign men. Overall they were nicer, would pay more and were fun to have sex with sometimes, asking me what I felt or wanted.

How much money I made was very different from month to month. Some nights I could meet several different men. I also had some regular men who would call me every week or month. The best time was spring, during the Canton Fair. The worst was always cold winter nights when people didn't want to leave their homes. I could go to the bar for three or four nights consecutively and it was empty, I would make nothing.

I did accumulate money; sometimes I made several thousand in a night. I didn't do anything with the money. No long-term plans. I sent some to my mother and daughter. I bought clothes frequently. I returned home every couple months and always brought money home for them. I didn't save as much as I should have because I love to play mah-jong when home. Sometimes, I would lose RMB12,000 in a weekend. I always thought I would win it back, but didn't really.

I was working in Guangzhou for more than eight years. I didn't tell my mother what I was doing; I continued to tell her that I worked in a factory. I was happy with what I was doing. I had control over what I decided to do. I think she did have some idea

a man who I could meet when I visited home, a single, older man who knew I had a daughter, knew my age and was interested in meeting me. She said he might be agreeable to marrying me after we got to know each other. I was surprised by this and felt reluctant and annoyed. I knew that my mother was looking for someone to support me long term. She suggested I meet him. We might get married and I could move home. I liked the idea of living in the same place as my daughter, but otherwise thinking of this was uncomfortable; it meant a big change.

I did not answer my mother about this for a while, but it became unavoidable when I returned home, so I agreed to meet him. He was a nice man, with a decent income. My mother encouraged me to spend time with him.

We went out a few times and he said he liked me so much, he wanted to get married. I had sex with him after a few weeks and got pregnant.

This man likes me so much, he is so happy, I think he loves me. I think he is a kind man. I don't think I love him, but he is accepting of me and my daughter and is a good person. I am not

truly excited about this, but I was told it was a good option many times and I have agreed to marry him.

This is better for my daughter, I can be with her now. I also don't have to worry about what I will do when I am older. I sometimes miss the freedom I had in Guangzhou. I did like meeting people and having my own money."



## Gabriella, from Colombia, 26

### How did you end up in China?

I talked to many girls who worked in China. They told me I could make so much more money in China. In Colombia, there are too many girls. I need money for my two children. I am a single mother.

### Do they stay with their father?

No! I left him a long time ago. He beat me many times. I will never have a boyfriend again, I don't want one.

### What is it like living in China?

I have been here for only three months. I don't speak any Chinese; this is difficult for me. I don't go anywhere except in taxis with name cards. Because I am Colombian, I have to be careful; police will stop me to check

my passport and visa. I am more scared now after I heard about Dongguan.

### How is the work here?

I like to work here, it is easy. I have many, many girlfriends here. I live with four friends from Colombia. I love to drink and dance at the club. I can make RMB2,000-3,000 from one man. Because I am Colombian, something new for many men, they will pay a lot. And I am different than many Colombian girls, my breasts are real.

### Most have fake breasts?

Yes! In Colombia you do this when you are 18. Many of the girls get bigger bums, too.

### Who are your main customers?

Most are Arabs. They are demanding, but good people. Sometimes several Arabs will take me and some friends. This is

fun because I can work with my friends.

**BECAUSE I AM COLOMBIAN, I HAVE TO BE CAREFUL; POLICE WILL STOP ME TO CHECK MY PASSPORT AND VISA**

### What do you do with your money?

I send it to my mother and my two children. I plan to go home every four months. I Skype them every day.

## Fangling, from Guangdong province, 34

### How did you get into this business?

After I finished high school, I needed to work. One parent died when I was a teenager and the

other one is sick and old. I started to work as a KTV girl. I hated this work, I would make RMB300 for a whole night and have drunken Chinese men touching me. I decided to work independently.

### How much money do you charge?

I will not go with any man for less than RMB1,000. I am very strict with myself. I go every night to the bar; I will stay until I find one man. I usually stay with one man per night.

### That means you could make more than RMB25,000 a month? What do you do with the money?

**OLDER MEN ARE THE BEST. THEY HAVE SEX ONCE AND FALL ASLEEP**

I make more than that because I have a few regular customers I might see during the day. Also, I have a boyfriend who comes to Guangzhou frequently and he pays money into my bank

account every month. I save the money. I don't know what I will do with it, but I know I need to save for when I am old.

### Do you have rules about what men you go with?

No, I will go with anyone if they agree to RMB1,000 or more. I prefer European men because they will often buy me dinner and they stay in nice hotels where I can sleep and eat the buffet. Older men are the best. They have sex once and fall asleep. I try not to go with young men, because they want to have sex so many times all night.

### What do you want to do in the future?

Sometimes I think about going to study again. I did well in school. I wish I could get married. I don't care about having a baby. I want to be in love. Most of the time I am lonely.

*\* All names have been changed to protect identities*



# HIV IN CHINA

## BEHIND THE LETTERS OF A DEADLY DISEASE

BY GARY MAIDMENT

**T**he first case of HIV hit China in 1986, in the shape of a foreign traveler who later died in Beijing. The next five years saw a slow rise in infections, almost entirely among people who inject drugs (PWID) in Yunnan. The subsequent association of HIV with drugs and decadence, which was believed to derive from contact with the West, led to the play on words of the local moniker for AIDS: ‘aizibing’ (which sounds like ‘love of capitalism disease’).

An estimated 780,000 people, 0.058 percent of China’s population, live with HIV. Overall prevalence is low – less, in fact, than the US (0.6 percent), Spain (0.4 percent) and France (0.4 percent).

Nevertheless, the past 30 years have sequentially placed PWID blood donors and receivers, men who have sex with men (MSM) and heterosexuals as prevalent groups.

Of the 48,000 newly infected people in 2011 - the most recent statistics in a two-year compilation

cycle – sexual contact jumped from around 70 percent to 81.6 percent as the major transmission mode. Heterosexual infections increased slightly to 52.2 percent, while new MSM infections jumped to 29.4 percent. PWID and mother-infant infections dropped to 18 percent and 0.4 percent respectively.

Geographically, between 70 and 80 percent of those infected today are distributed in six provinces - Yunnan, Guangxi, Henan, Sichuan, Xinjiang and Guangdong – reflecting a mix of socioeconomic and educational disparity coupled with historical trends.

### **The dawn of HIV: drug users**

The decade leading up to the millennium saw an explosion in PWID infections, reaching up to 100,000 in Yunnan alone, due to the heroin flow from neighboring Laos, Vietnam and Myanmar. By 2000, infection had been reported in all of China’s provinces and regions, with drug use accounting for 60 to 70 percent of the total. The HIV

issue at that time went largely unchecked due to the government’s zero-tolerance approach to drugs.

Today, prevalence in PWID remains staggeringly high in certain areas – for example, around 89 percent in Xinjiang’s Yili city. However, overall prevalence has declined from 9.3 percent to 6.4 percent thanks to a strong, sustained response. By 2011, 738 methadone maintenance treatment (MMT) clinics had been established in 28 provinces, which are complemented by clean needle programs and counseling. However, providing a complete solution package still remains a logistical challenge.

### **The dawn of HIV: blood transfusions**

Alongside the drugs trade, the 1990s heralded the tragedy of contaminated blood donation programs. Although Henan was hardest hit, cases had been reported in all provinces and regions by 2003, except for the autonomous region of Tibet. Blood was pooled, the

plasma separated and red blood cells re-injected into donors and patients. Though precise figures are unavailable, countless numbers were infected and, ultimately, entire villages wiped out.

Since the mid-1990s, authorities have clamped down on illegal collection agencies and implemented stringent safety systems. Guy Taylor, Advocacy and Information Officer for UNAIDS China, told us that “China operates rigorous blood safety procedures and screens donated blood to ensure HIV is not transmitted through contaminated blood transfusions.”

### **At high risk: the sex and drugs mix**

In Yunnan, concentrations of PWID who enter the sex trade cause HIV clusters. With a population of 390,000, Gejiu in Yunnan made national news in 2012 as a microcosm of fringe societies. A shaky local economy had begun targeting a surprising demographic with both drug addiction and the sex trade



nearly a decade earlier: women aged 35 to 50.

Local AIDS activist Li Man surveyed 100 mostly HIV-positive sex workers, revealing that up to 60 percent of clients refuse to wear condoms due to a lack of health awareness or because 'it's like taking a shower with your socks on.' Speaking last year, sex worker and former PWID Cai Qing, 43, reported that in the previous month she "had seven clients and made 310 yuan." With visible late-stage symptoms such as lesions, Cai is forced to cover her legs when she's with a client. Part of Li Man's work for her unfunded NGO, Family Health International (FHI), involves teaching sex workers how and why to use condoms to halt the spread of the virus.

Low-end sex workers – especially migrants – consistently report the highest client condom refusal rate, the most unsafe sexual contacts and the highest rate of other STDs, which can increase transmission probability by between two and five times or more, depending on the status of the coexisting STD.

The number of registered drug addicts and individuals with HIV or another STD totals around 5,700 in Gejiu. Of these, 70 percent are HIV positive, testifying to the virulent cocktail of drugs, sex work and other STDs and its central role in spreading HIV.

Comparatively, the national prevalence of HIV among female sex workers is low. In 2012, 1.36 million prostitutes nationwide were tested for HIV, and just 1,130 tested positive, lower than the 2011 prevalence of 0.26 percent. Younger sex workers in high-end city venues are more likely to enjoy managerial protection and use condoms due to higher HIV awareness than their street and migrant counterparts. In contrast, prevalence among sex workers in some areas of Yunnan and in street prostitutes is estimated to range between 1 and 10 percent.

## The situation in Dongguan

Low-end sex workers are mostly selected by migrant males, who in turn are high-risk and hard to reach. Of the 502 new cases reported in Dongguan in 2012, 80 percent were from heterosexual contact, much higher than the national average, and 86 percent of infections were found in non-local, migrant males.

The anti-prostitution drive earlier this year has unfortunately discour-

## WITH VISIBLE LATE-STAGE SYMPTOMS SUCH AS LESIONS, CAI IS FORCED TO COVER HER LEGS WHEN SHE'S WITH A CLIENT

aged low-end sex workers from seeking preventive intervention in other parts of China, according to *China Daily*. The NGO Tianjin Xin'ai Cultural Center reports: "We used to cover more than 700 low-end sex workers in the city and many of them now reject our services."

### HIV in the over 60s

Low-end sex workers also help to explain the rise in HIV infections in males over 60. In 2005, 2.2 percent of the new 483 HIV carriers in China were over 60, which had risen to 9 percent and 3,031 respectively in 2010.

An increasing number of low-income women with migrant husbands are turning to the sex trade and targeting the over 60s. With a comparable lack of health knowledge, both are likely to eschew condoms, and the HIV status of these men is usually uncovered by tests during the treatment of other illnesses. CDC Director Wu Zunyou states that better healthcare enables older people to remain sexually active after retirement, and that the "death of spouses or their lack of interest [means that] some elderly have resorted to sex services." Unfortunately, with a five- to ten-year grace period before AIDS kicks in, this group often displays greater apathy than others.

### Men who have sex with men (MSM)

Another rapidly rising group of HIV carriers is college students, with the number of new infections hitting 1,700 in 2012, an increase of 24.5 that brings the total to around 7,000. Most new infections involved the MSM demographic.

The rapid rise in MSM infections as a whole is one of the biggest concerns, and only 43 percent of homosexual men report regularly using condoms. Guy Taylor, from UNAIDS China, told us that "HIV prevalence among men who have sex with men now stands at over 7 percent, up from around 2 percent in 2007. There is a need

to expand prevention and treatment programs, particularly those delivered by community-based organizations."

Writing a blog under a pen name, Gong Wei is a young homosexual man who caught HIV after a stint as a male sex worker. He is now an AIDS-awareness activist, but still encounters difficulty getting the message across, even working at the grassroots level. "Sometimes when I give leaflets out to sex workers, they're not interested, they just throw them on the floor," he writes.

Even so, the community-based method is arguably the most effective way of reaching fringe groups who may shy away from state programs due to a fear of prosecution. However, NGO funding has become a critical issue after the Global Fund withdrew from China in 2011 to focus on poorer regions such as sub-Saharan Africa where the problem is more acute.

### The future

After a checkered start prior to 2000, the government has since taken a proactive approach to stopping the spread of HIV, working in tandem with NGOs and organizations such as UNAIDS. Considerable headway has been made with PWID, blood-based infections and mother-infant transmissions. For example, Yang Zhengrong from the Shenzhen CDC told us that "all pregnant women in Shenzhen are screened for HIV. C-sections, drugs and bottle feeding have lowered the mother-infant transmission rate from around 30 percent to 2 percent."

Indeed, part of the rise in HIV infections is due to the rise in the number of people getting tested, jumping from 60 million in 2010 to 100 million in 2012. Nevertheless, low-end sex workers and migrant males remain high-risk and hard to reach, while MSM transmissions now account for the highest prevalence and rising rates.

Despite the increased openness that's encouraging people to get tested, Ye Dawei, Deputy Director of the China Red Ribbon Foundation, an NGO that works with migrants and students, hits on two further problems: "Schools and parents are not willing to tell [students] how to protect themselves. Also, young people are facing more temptation in this information age. I have heard of some college students offering sex through the Internet for money to buy things such as an iPhone."

A major issue remains the stigma associated with HIV. As late as 2008, a study of 6,000 residents revealed that 32 percent believed HIV sufferers deserved the condition because of their behavior. According to Guy Taylor, the government is taking steps to change this mindset and lead by example: "China's top leaders regularly meet with people living with HIV and speak out openly against stigma and discrimination, in a strong demonstration of government commitment to the HIV response." Zero Discrimination Day, which took place in Beijing on March 14 this year, saw over 30 business leaders sign an anti-discrimination pledge.

The stigma facing HIV sufferers is compounded by the financial burden: although antiretroviral drugs are free, medicines for HIV- and AIDS-related conditions and in-patient hospital stays are not, which prevents many from accessing full treatment.

Though challenges exist, strong political will coupled with an increasingly educated public make the government's aim of cutting infections by 30 percent in 2015 a viable target, providing that NGOs are able to maintain a decisive role at the grassroots level and the cohesive governmental response characterizing this decade continues.

## HIV AND EXPATS

In 2010, the government issued the People's Republic of China Border Health Inspection Law Implementation Guidelines, lifting restrictions on issuing visas to foreigners living with HIV – the same year as the US implemented similar measures.

An HIV positive status doesn't necessarily preclude longer visas, with UNAIDS China commenting, "An HIV positive result does not prevent the issuing of a Good Health Certificate, which is required by the Public Security Bureau as part of the visa application process."

# SHOPPING THE FUN WAY

## SEX STORES IN THE PRD

BY VAN FAN



**T**wenty years ago, sex in the PRC was taboo and, for fear of shame and embarrassment, certainly not something to be whipped out in public. Even these days, it's not necessarily openly discussed, but things are on the rise, so to speak, as witnessed by the burgeoning sex shop industry that's sweeping the nation. Now, for example, those seeking some adult fun can do a quick search on Google Maps and find nearly 2,000 results in Shenzhen alone.

The ascent of sex shops is not just represented in their quantity, but also in improved quality and variety. Previously, these racy establishments kept a low profile, popping up in small alleys and offering a limited range of wares under a sign written in sultry red: *xing yongpin shangdian* (literally, 'sex item store'). Not so today. Though often noted for their introverted character, people in the world's most populous country seem to be waking to the fact that

people are 'doing it.'

Most sex shops are family businesses – if you stumble across a grandma and her 5-year-old grandchild idling against a lingerie display playing Flappy Bird, you could be in a sex shop. Aphrodi in Luohu is a high-end outlet that knows what it's about and who it's targeting. "Our customers are people who enjoy their lives and are often women with successful careers. We mainly attract those in their 30s to 50s," says father of one and shop owner Lin Xinxian.

While their product lineup doesn't include Viagra or its equivalent, Aphrodi stocks an impressive array of female comfort implements, rubber 'pleasure gardens' for the gents, sexy lingerie, sex power spray, leather whips, love bouncers and sex swings from Japan, Austria and America. Lin is quite clear about his mission: "We want a revolution that gets over the traditional view that sex is a cov-

ert thing and instead sees it as a healthy and enjoyable part of life. So we opened this sex shop and really want to help people explore the pleasures in life."

According to Lin, they have regular customers, but the more reserved type of sexual adventurer can choose to shop in Aphrodi's online store (and hope the order arrives in plain packaging, presumably). The ratio of male and female customers is even, and though most people drop in on their own, it's not uncommon to see couples seeking to spice the bedroom up with some catalysts of love.

The top sellers are gentlemen's rubber companions and vibrators for couples (RMB200-1,500). Though we didn't speak to anyone who directly performs quality control, Aphrodi's products are high end, well designed and obviously satisfying. Amid the pink and purple shelves, Lin is upbeat about the future. "I know this is

new in China, but I'm confident that when people see the value of our products, the Chinese will become less self-conscious about the subject of sex."

// Downstairs from Karaoke King, 33 Jiang Bei Lu, Luohu District, Shenzhen  
深圳市罗湖区江背路33号K歌王楼下  
(0755-2585 8117, [www.aifuluodi.com](http://www.aifuluodi.com))





# THE REAL MAGIC MIKE

## LETTING IT ALL HANG OUT

BY LENA GIDWANI

For most people, a typical day at work involves sitting in front of a computer screen and clattering away at a keyboard for eight hours. For Igor, it involves showing up to a five-star hotel room dressed as a police officer, only to be asked to strip off a few seconds into his five-minute routine.

A 30-something, Guangzhou-based male dancer with blond hair and blue eyes, Igor says that grown women at hen nights and birthday soirees never tire of the sexy cop guise. "They seem to love men in a uniform, holding a toy gun. I put the music on and take off a piece of clothing one by one till I'm down to just a G-string, while pretending to arrest them. Then they start squealing in delight."

It sounds like something out of *Magic Mike*, Steven Soderbergh's banana-hammock bonanza depicting a golden age of male stripping, full of fancy boats, fistfuls of dollars and crowds of female fans. But this fine male specimen says that it's far from the truth. "It's a job for me. Sure, I love dancing. I get ready, get onstage and get those ladies – and sometimes men too – excited. But it's still a lot of work and effort that goes into each routine."

One half of the dancing duo Black Devil, the Ukrainian also works hand in hand with the tantalizing Penny, a bleached-blond ecdysiast from Guangdong, whose toned, sensual form has left many gasping for air. Together, their routines range from the sinful to the, well, more sinful.

Igor, who has studied dancing for 22 years, has perhaps the most coveted job in town. Women worship him and want more, and let's just say that men wished they had his goods. *That's PRD* sat down with the man himself for an exposé.

**Let's get straight to the naughty stuff. What kind of themes and costumes do you have?**

I have several types and it all depends on the client's needs. Sometimes the girls who book me for hen nights want something kinkier and sometimes they want a more serious but sexy look. I always try to satisfy the bride-to-be or birthday girl! When Penny and I perform, we have about 11 routines, each with a storyline and a costume to match. I can be a monk or hunter, and Penny the devil or tiger. We also have other costumes like naughty teachers, king and queen, village clothes, Chinese-style ensembles – and, of course, plenty of sexy underwear. This

appeals to both men and women. The best part is that the audience can manipulate the flow of the act with their participation. So even though we have a theme, each performance is always different.

### **Are most of your clients locals or expats?**

Most of them are locals, but it is undeniable that amongst those present there are always people of other nationalities, which is very pleasant and helpful for our show. They are friendlier, open minded and willing to let loose and enjoy the moment.

## I ALWAYS TRY TO SATISFY THE BRIDE-TO-BE OR BIRTHDAY GIRL



Igor with his Black Devil partner Penny

### **How did you start in this line of work?**

I have been dancing since I was 11. I am a trained dancer and love keeping myself fit and performing for others. I came to Guangzhou two years ago and met Penny in a nightclub. The idea of working together as a duo did not come immediately, but in each of us was the desire to change something and add to our creativity. In the process of communication, we realized that we had a lot in common, especially dancing. Our interests and our vision for the future seemed to coincide, so we began to train together and got plenty of new projects.

This was the beginning of the creation of the duo Black Devil. Dancing is our life, this is what brings us pleasure, when we feel one. When we're on the stage, we feel like we're reincarnated in our characters, and the lines between the stage and life start to blur...

### **What's your typical work schedule like?**

I work mostly at night. I really love what we do. It's a hobby as well as a source of income. Sometimes it is just me performing alone. But now, Black Devil is very popular and we have a very busy schedule. We often travel around China, sometimes for weeks at a stretch. Clients usually book us months in advance. It's very tiring but rewarding.

### **Any downsides?**

There are many cases when guests are drunk and touch us, which is not allowed. They try to come up on stage and this hinders us. Luckily, security is always on hand to help out.

### **What's your signature Igor move?**

Spinning around, bending down with legs wide open and coming up with a thrust and a bang. Now that's how you make the girls go wild!

// To book Igor and Penny for events, call 189 2886 5337 or add sskk980 to your WeChat.

# A WEE BIT NUTTY

## GETTING DOWN AND DIRTY AT AN ORGANIC FARM

BY JANE KENT, PHOTOS BY CLAIRE ZHENG

**T**rying to eat wholesome, natural food in China can be a disillusioning endeavor. No true health food stores exist, the lines between 'organic' and 'non-polluted' are murky and sweet peppers really shouldn't be the size of a child's head.

So we were all ears when we heard about an organic vegetable delivery service cropping up in Guangzhou. It seemed too good to be true: order non-polluted, fresh-from-the-farm produce – in English, no less – and it will arrive at your home the next day. Curiosity piqued, we wanted to find out who was behind this operation and what farming *au naturel* in the PRD actually looks like in reality.

As it turns out, Guangdong Golden Field Agricultural Development is a family-run business, and the impetus behind the farm extends far beyond merely turning profit. It was started by the Chans, a couple who were formerly successful architects. Helped by their son Allen, a construction company employee living in Hong Kong, they embarked on the venture despite having no previous farming experience.

First, the Chan clan partnered up with the Provincial Agricultural University of Guangzhou to learn about the most suitable plant species for China and began their search for land. They also learned about the nebulous Chinese standards and practices for what constitutes organic goods. "You can pay RMB30,000 and receive the first level of certification if your farm grows three items organically. So that means as long as 3 to 5 percent is organic, the other 95 to 97 percent doesn't have to be. But your farm is now 'organic,'" Chan explains.

The recent influx of 'non-polluted' produce in large supermarket chains isn't just oddly translated English; it is



*As long as 3 to 5 percent is organic, the other 95 to 97 percent doesn't have to be*

a higher level of designation. "Non-polluted is better," says Chan. "But there are cases where large companies buy produce, repackage it as 'non-polluted' and then increase the price."

Choosing to not be certified in this way, the Chans hold themselves to Hong Kong requirements, which are on par with European regulations. Being able to do this started with the choice of land. Driving 40 minutes outside of Guangzhou, Chan explains that the large area where his family plot is based, surrounding the village of Zhengguo, has been designated by the government as a non-factory area. "Also, no animal farms have been allowed in this area. This is where government officials get their own vegetables from, because they know about the problems with Chinese food. The soil, water and air are very clean and pass high standards of testing. Our production site is a special place," assures Chan.

So what pushed them to make the dramatic change? "My parents received a calling from

God," according to Allen Chan. "They were told to help the Chinese have clean, safe food."

Arriving at the farm, we are greeted by a row of red brick houses, a temple and a small, modern shed with picnic tables and toilets for visitors. Chan points out the boundaries of his mother and father's 660-square-meter tract, framed by misty green hills. We walk around the raised beds, labeled in English: kale, lettuce, broccoli, asparagus and celery are currently on the go, surrounded by grass and some weeds. All weeding is done by hand by a small staff, so only truly detrimental intruders are pulled out.

Chan shows us the irrigation troughs running alongside the fields, explaining how the water comes down from the mountains. His parents' parcel of land was selected at a higher elevation to avoid run-off from any neighboring farms which may not follow their strict standards. Crop rotation is practiced, a necessary technique which gives soil time to replenish

nutrients. Rice is an important part of this process, as it is one of the only plants which offer a symbiotic relationship – it actually cleans the ground while producing food.

No animal or chemical fertilizer is ever employed on the Chans' farm. So, is anything used to stimulate growth? The answer is simple and a bit surprising: peanuts.

Taking us into a small courtyard home beside the temple, Chan gestures to a well-worn machine for pressing the brown legume. After shelling, its oil is taken off in two presses and the remaining mush formed into discs, which



Fertilizer is a peanut mulch





A simple display of what is used on the farm



Traditional peanut press



Allen Chan assists on his family's project

are then put through the machine again. This results in a sort of mulch, which, dried, is used as fertilizer. It's a traditional method of enriching earth that over time fell out of popularity, replaced by quick-fix sprays. We are told that the peanuts not only fertilize but result in a stronger and superior-tasting produce.

There is one other kind of natural helper used: a fermented byproduct of making rice liquor. Appearing as a square chunk of spongy black soil, it is placed at the base of certain plants.

These two old-school methods are the only fertilizers used on the farm. What about keeping bugs away? Chan explains that

there are very rare sprays of low-toxin insecticide, done only when absolutely necessary, such as before every worker disappears for a month around Chinese New Year. This is also the reason that they have not delved into the world of fruit growing, since fruit is high risk unless heavily doused in chemicals.

The vegetables grown at Guangdong Golden Field Agricultural Development are primarily for members – those who have signed up for the home delivery service. How that works is simple: pay for a package and select the types of vegetables you like via an online form or by text message. You will receive a basket to leave out on delivery

days or with security guards within your complex. Vegetables are harvested twice a week in the early morning and delivered to members the same day.

It seems almost too good to be true, with free green onion, garlic, peanut oil and rice sometimes thrown in. Information is all in English – even the delivery man speaks it – and you can freeze the service anytime, such as when going on holiday.

Many other plans are underway. A dorm-style building is scheduled to be built, so members can stay at the farm for a weekend and get to know where their food is coming from.

And if anyone is missing their green thumb, Chan points to an empty plot of land, which is being reserved for “members who want to plant and tend to their own vegetables.”

If you're not looking to be a member or don't have time to pick your own at their farm, some of the Chans' produce is being sold out of a makeshift store on the north end of Longkou Xi Lu. Just look for the white tent in front of the old carwash.

// Guangdong Golden Field Agricultural Development, 4/F, Middle Tower, Pacific Insurance Bldg, Tianhe Bei Lu, Tianhe District, Guangzhou (180 2466 0630, gf8620@126.com, gofresh.six168.com)



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# IN THE RING

## DIARY OF A PRO EXPAT FIGHTER

BY GARY MAIDMENT



Since we last spoke to Heinrich 'Woody' Potgieter back in 2011, the 30-year-old South African has been kicking, punching and blocking his way around China's professional sanda circuit. A veteran of 18 bouts and winner of the Shenzhen Championship in his first year as a pro, Potgieter is enjoying life as an expat fighter in the Middle Kingdom, though it's not short of challenges.

Sanda, a Chinese martial art, is similar in many ways to kickboxing and muay Thai, but traditionally also includes throwing. Increasingly, however, this aspect is off the tournament menu, marking a change that enables more crossover for international competition, one that Potgieter welcomes: "Throwing tends to put expats at a disadvantage because most don't know the technique, so it's difficult to successfully carry out or defend against."

A remaining difference with kickboxing is that sanda allows the use of knees, but no elbows.

Unlike muay Thai, where fighters can use elbows, sanda also limits the use of the knee to single strikes, rather than rib-shatteringly brutal knee combos.

Potgieter emanates the quiet focus of someone whose mind is partly elsewhere – in this case it's on an upcoming bout against Thai hard man Vehas, one of Asia's top three. His current training routine, which starts a month pre-fight, involves a grueling six days per week. "I train for three hours in the morning, eat, sleep for two hours and train for another three hours in the afternoon," he says.

As speed and skill are more important than strength, Potgieter generally doesn't hit the weights, favoring technique and conditioning. "I start off with a 2.5-kilometer hill run, which is followed by stretching, shadow boxing, footwork, five-minute rounds of pad work, clinching, technical sparring, 30 minutes of conditioning, 500 sit ups and stretching to finish. I repeat that twice a day," Potgieter explains.

*The money's not great and competitions are really hard on the body – I can barely walk for a week afterwards*

His diet consists of protein, fruit, vegetables and water-loading to stay lean. As fight day approaches, he cuts heavily – the night before weigh in, Potgieter drinks little water, runs in a sweat suit and takes saunas, enabling him to drop between 3 to 5 kilos in 24 hours, which is then put back on again in the next 24. "Some guys can cut by 8 kilos, but that's quite extreme, so I tend to go for the middle ground," says Potgieter.

The money fighters make is just so-so, varying from a few hundred dollars to several thousand per fight, which can be boosted by knockout bonuses and 'fight of the night.' Even though Potgieter sits in China's top 10 and has a manager and coach, the reason he fights is because he loves it. "You can't really do anything else once you've gone pro. The money's not great and competitions are really hard on the body – I can barely walk for a week afterwards," he reflects.

Potgieter is realistic about the national bias that goes on in China, despite being part of the Chinese team: "Often if I'm dominating a fighter, the ref will break us apart for no reason, but they'll let a local guy continue without separating us."

He invariably doesn't win fight of the night, and crowds often boo or heckle him when he's doing well. However, he's not overly bitter about it, having become accustomed to being an expat on the pro circuit. "It doesn't bother me anymore," he says.

More serious, though, are fight results. To date, he's only lost four bouts. "One fight I was beaten by the Chinese champion and it was a fair result. Another could have gone either way," he recalls. "But two of my losses were blatant cheating – I easily won but ended up losing on points." Of 18 pro fights, he's never been knocked out, which, he notes, "puts a massive target on my back, especially for the young guys who have something to prove."

Nevertheless, this hasn't dampened his enthusiasm for the sport. Potgieter even encourages others to take it on too, jointly running Wan Sheng Fight Club in Luohu, where he is also an instructor.

// Wan Sheng Fight Club, 2/F, Hezheng Jinhui Yi Yuan, Honghu Yi Jie, Luohu District, Shenzhen 深圳市罗湖区 合正锦湖逸园二楼 (0755-8601 9688)



# MY BRILLIANT CAREER

## FIND A NEW PROFESSION AT THE JOB FAIR FOR FOREIGNERS

BY LENA GIDWANI

**W**hether you're in the middle of a career change or new to the working world, chances are you're in pursuit of an opportunity that's personally rewarding and professionally enriching.

That being said, anyone within reach of Guangzhou could do worse than head down to the annual Job Fair for Foreigners, where more than 40 recruiters, such as BYD Auto and English First, will be taking CVs and choosing the creme de la creme of jobseekers.

The best part? It's free for all! Hosted by Chinajob and held at China Hotel, A Marriott Hotel, the fair is the sole event of its kind authorized by the Ministry

of Human Resources and Social Security of the People's Republic of China, and it is supported by the Guangzhou Foreign Experts Bureau. With the backing of companies of various sizes from a wide range of industries, this is the fourth time it will be held in Guangzhou, and it is slated to attract more than 1,000 ambitious go-getters. This year's fair will be particularly geared towards helping people find employment in the service and manufacturing industries as well as quality educational institutions, organizers say.

"There will be plenty of companies there from all over China, looking for English speakers and applicants who speak a variety of languages," says the spokesperson for the



event. "There are more than 1,400 positions up for grabs, which will all be listed in the brochure provided to jobseekers at the fair."

With record numbers of expats looking for work on the mainland these days due to the impressive growth of the educational sector and international trade, the fair could be just the opportunity

many are looking for. Anyone with questions regarding the fair is advised to visit [www.chinajob.com](http://www.chinajob.com). Otherwise, make your way to China Hotel, A Marriott Hotel between 9am and 4pm on April 26, armed with a smart suit, a CV and a firm handshake for some valuable guanxi-building time and, quite possibly, a new career path.

// Printing of CVs is possible onsite. April 26, 8am-4pm, free entry. Section B and C of the Crystal Ballroom, 2/F, China Hotel, A Marriott Hotel, 122 Lihua Lu, Yuexiu District, Guangzhou 广州市越秀区流花路122号中国大酒店2楼宴会厅B和C区 (010-6894 8899 ext. 50307/50303, [grace.zhang@chinajob.com](mailto:grace.zhang@chinajob.com), [Jobfair.chinajob.com](http://Jobfair.chinajob.com))

# ASK THE DOC

## ANXIETY DISORDERS

BY JANE KENT

**H**ow is anxiety diagnosed? The following criteria from the DSM-5 (Diagnostic and Statistical Manual of Mental Disorders, Fifth Edition) are applied after conducting a thorough history and mental status examination of the patient. The most dominant trait is excessive and uncontrollable worrying over specific situations or events or people in a person's life. The excessive worrying has lasted for at least six months and is associated with at least three of the following symptoms:

- Restlessness or feeling keyed up or on edge
- Being easily fatigued
- Difficulty concentrating or mind going blank
- Irritability
- Muscle tension
- Sleep disturbances

The anxiety or worry is severe enough to cause significant distress or impairment in social or occupational functioning. In other words, the anxiety has affected a



person's social and occupational life (inability to go out and see friends, poor concentration at work).

Under the umbrella of anxiety disorders, the following are also included: panic disorder, acute stress disorder, post-traumatic stress disorder, obsessive compulsive disorder and phobias. Female to male ratio for any anxiety disorder is 3:2.

### What are some of the main triggers for anxiety?

Anxiety can be triggered by changes in the circumstances of a person's life, meaning environmental stressors such

as sudden illness, injury, death, separation, big financial losses or interpersonal conflicts. Genetics play a big role in the occurrence of anxiety. Personal temperaments also predispose a person to anxiety. Individuals who are highly driven, persons that set extremely high standards for themselves and perfectionists are easily prone to anxiety. The above factors combine together to produce biological changes in the body, thus producing the symptoms.

### How does it manifest physically?

Physical symptoms of anxiety are palpitations (heart beating fast or pounding), sweating, trembling or shaking, shortness of breath or uncomfortable breathing, difficulty swallowing, chest pains or discomfort, stomach pain, nausea or vomiting, dizziness or lightheadedness, fear of losing control or fear of dying or fear of going crazy.

### Does anxiety affect people living

**in a foreign country differently?** Living in a foreign land is an additional environmental stressor for an individual and therefore makes vulnerable persons more at risk.

### What treatment and help is available?

If someone experiences anxiety symptoms, I suggest they consult their primary health care practitioner first. They are capable of spotting anxiety disorders, providing first-line treatment and referring patients to a psychiatry specialist. Treatment of anxiety disorders uses a combination of medicines and therapy.

// Dr. Rhoda Cruz Despabiladeras specializes in psychiatry at Eur Am International Medical Center, 1/F, North Tower, Ocean Pearl Bldg, 19 Huali Lu, Zhujiang Xincheng, Tianhe District, Guangzhou 广州市天河区珠江新城华利路19号远洋明珠大厦首层康辰医疗 (020-3758 5328)

# HISTORY IN THE MAKING... UP

## AND HOW THE WEB IS GETTING PARENTS IN A TANGLE



BY TREVOR MARSHALLSEA

**D**amn you, Internet! It used to be easy being a father of young children. But, though I was sure it would prove a fad just as transient as the pogo stick, the Internet has changed our lives like some people suggested it might. Back in the day, kids could ask their dads anything, and in return they could be told anything. They'd still walk away and go "Wow!"

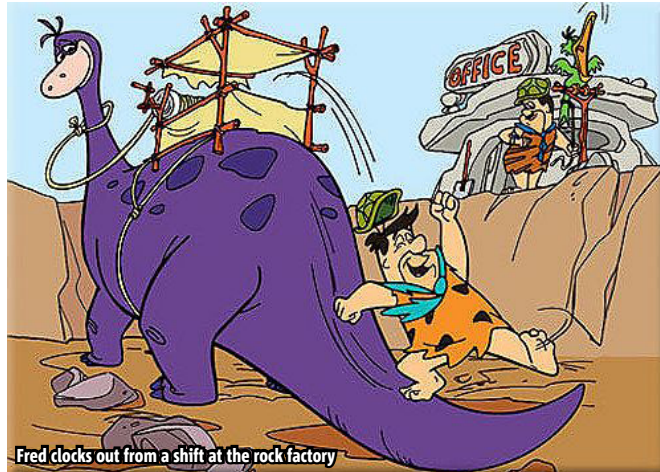
This was beautifully illustrated in an Australian TV commercial for an ISP, around the time everything started to change utterly during the early Internet age. A boy asks his weary dad why the Great Wall of China was built. He's told it was erected by "the emperor Nasi Goreng... to keep the rabbits out." The boy believed him – like a good and proper child.

Even one generation ago, when I were a lad, fathers had it easy. I recall the getting of some very succinct wisdom from my dad that became accepted knowledge. For a period of time I shall define only as a little too long, I believed rocks came from a rock factory, that those who gulped rather than sipped their tea and beer would, as night follows day, explode, and that the dirt track behind our back fence would take you the 350 miles to Sydney.

Those were the days. It used to take precisely 13 years before kids realized their dads were either blessed with a sharp sense of humor, very busy, couldn't be bothered or full of sh\*t.

Now, children of almost any age can just go 'look it up.' For me as a child, that meant a fit of sneezing beside our musty old encyclopedia. Its reliability was questionable to say the least, insisting as it did on the existence of things like Adam, Eve, Siam and Prussia. For our kids, 'looking it up' means a few 'clicks' of a 'mouse.'

This has become an issue in



*The reliability of the encyclopedia was questionable in my boyhood, insisting as it did on the existence of things like Adam, Eve, Siam and Prussia.*

our family as our 7-year-old Evie has become obsessed with history – the history of things. It's an interesting passage of development. No longer is it, "Why is the sky blue?" and "Where did I come from?" Now she wants to know where everything else came from. For the dad it's a minefield. "Daddy?" she will say, introducing pressure to a hitherto relaxing dinner. "Who invented the table?"

Name an object and she wants to know its creator. Sometimes I'll know the answer. More often I won't. Sometimes, in a very minor but satisfying triumph, I won't know the right answer but will at least know the wrong one! (I mean, like Marco Polo bringing noodles back from China. He didn't. He just brought back some pearls for the ladies, a Rolex, a set of calligraphy brushes he would never, ever use, and every season of *Breaking Bad*.)

Sometimes an Evie question will prompt a lovely, sensible, multi-tangential conversation,

like how coke was invented as a cure for headaches. (It was only later also found to be useful in destroying the teeth and stomachs of children.)

But since too much correctness is never a good thing, and maybe because I just don't know, I can still sometimes sound authoritative and have fun at the same time. I should be allowed to find some bliss in ignorance, at least until she gets online to have Wikipedia confirm her dad's a dunce.

Since there's so much to learn, the questions can be rapid-fire, such as in this transcript from dinner recently. I find made-up answers help keep things moving quickly.

"Daddy, who invented shoes?"  
 "Kevin Shoe."  
 "And who invented the wheel?"  
 "Kevin Wheel."  
 "Why are they all called Kevin?"  
 "Dunno."  
 "Who invented boats?"

"Gary Boat."  
 "Who invented wine?"  
 "A genius."  
 "Who invented swearing?"  
 "I DON'T #&@%ING KNOW!"

Some answers are a touch hard to nail down. For that, I give thanks to some ancient civilizations.

"Medicine?" – the Mayans.  
 "Maps?" – the Incas.  
 "Tennis?" – the Phoenicians.  
 "The Internet?" – those Mayans again. It's usually them.

Sometimes the questions are shocking, like: "Daddy? Who invented VD?" I gulped, wondered what parts of the Internet she'd been exploring, and was about to incriminate the Romans when Evie held up a bottle of Vitamin-D tablets she'd just nicknamed.

Sometimes, though, there are lovely times when I can slam the answer back like a fore-hand volley.

"Who invented Vegemite?"  
 "The Australians."  
 "Paper?"  
 "You're living in it!"  
 "Football?"  
 "The English, and in particular Leicester City FC."

I'm always happy to answer questions on music, and thought I was on solid ground the other day when Evie served me this:

"Daddy, who invented rock?"  
 "Ah, well most people would tell you Elvis Presley."  
 "No, I mean the rocks on the ground?"  
 "Oh those?" I said, as I realized we'd reached one of those beautiful circle-of-life moments that make parenting so rewarding. "They come from a rock factory."

// Trevor Marshallsea was a foreign correspondent in Beijing in the 1990s and returned a decade later. This time around he stays at home to grow the kids. Read more of his domestic adventures at [www.thetigerfather.com](http://www.thetigerfather.com).



# TURN IT UP.. TO 11!

## SCHOOL BATTLE OF THE BANDS

BY LENA GIDWANI

It's tough being in a band when you have to catch the school bus to practice in a top-secret location but the bus ayi won't let you on.

Then there's homework that has to get done and that assignment that's long overdue, which means you'll have to schedule rehearsals another day. There's also the issue of graduating or having to relocate, making the average lifespan of any school band slightly longer than that of a tsetse fly.

But for one high school band in Guangzhou come April 19, all that hassle might pay off. Four bands will go head to head to be crowned champions of the third ISMAG Battle of the Bands, with a chance to win cool prizes from local music shop China Rhythm.

The contest is being organized by the International Schools Music Association of Guangzhou (ISMAG), the city's self-formed group of international school music teachers who meet every six to eight weeks to plan events for collaborative music making for all of their students. On this occasion, the organization promises a rocking evening, with a DJ to fill in between performances and an open bar (serving soft drinks, of course) at 191 Space.

Like their schools, the competing bands' styles are all over the map. The young musicians draw from influences as diverse as their nationalities, and the results may well represent the future of music: hardcore lounge, ambient punk and metallic funk. Each band will get 20 minutes on stage – the

equivalent of about three to four songs, with one being an original and the rest covers.

Salom, last year's victor, came from the graduating class at the Clifford School, whose entrant this year, titled Supersized, is keen to bring home the trophy once again.

"The best feeling is getting the responses from the crowd. Seeing them singing your song – that is the biggest high," says Supersized band member Sean, who wants to pursue a career in music. "By having such a big gathering from international schools around Guangzhou, more people will know about us. There's a lot of talent in all our schools, but they need exposure."



We're hoping that these bands attract their biggest audience ever. Lucky for them, it's not on a school night.

// The ISMAG Battle of the Bands 2014 will be held April 19 from 4pm onwards. Tickets are RMB50 and can be bought at the door or from music teachers at each participating school. 191 Space, 191 Guangzhou Dadao Zhong Lu (behind the Tong Ren Tang), Yuexiu District, Guangzhou 广州市越秀区广州大道中路191号



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# CITY SCENES

## That's PRD Food & Drink Tasting at Let's Viet

March 6 saw 20 food aficionados eating, drinking and chatting at a very chilled *That's PRD* food and drink tasting event at Let's Viet, the 2013 winner of our food and drink award for Southeast Asian cuisine. Given the quality of the all-you-can-eat spread prepared by Chef Amy, it was no surprise that all available places were snapped up quickly, pho sure! Four lucky raffle winners went away with champagne and wine courtesy of *That's PRD* and another four with vouchers worth over RMB300 from the Home Women and Children's Hospital. Everyone left with a free-dish voucher from Let's Viet.

// Check out the advertisement on p6 for info about April's upcoming food tasting event at the Tavern Sports Bar & Grill.



## European Chamber's Secret Service Gala Dinner

On March 1, the European Chamber's Secret Service Gala Dinner took place at the W Hotel, Guangzhou. The James Bond-themed event was an unforgettable and fabulous evening for all, with plenty of entertainment, including shadow dancers and a laser tunnel. With drinks flowing, more than 300 guests came dressed to kill. Besides the delicious food, the highlight of the night was a special game where attendees had to uncover the identity of the spy sitting at their tables. As the evening progressed, guests practiced their poker face at the casino tables and danced the night away.





## Carlos Vivar Exhibition Opening Night

On March 14, the exhibition *Colors of Life* by Carlos Vivar officially opened at the Guangzhou Library's Multicultural Library. Though Vivar has exhibited around the world, this marked his first foray into China. Organized by the Consulate General of Mexico in Guangzhou and Guangzhou Library, the diverse collection of oil paintings and engravings will be on display until April 15.



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**G**uangzhou Elizabeth Women's Hospital held a prenatal course in association with Ying Authentic Pilates (YAP) on March 15. The pregnant attendees were helped by YAP to maintain ideal postural alignment, prevent unnecessary lower back pain and relieve muscle discomfort.

**O**n March 11, parents and visitors explored the classrooms of Utahloy International School Guangzhou, taking advantage of the open day to learn more about the facilities. Guides walked around with visitors to explain more about international education, while students and teachers shared what was happening in their lessons.



**O**n March 2, Salala held a party to celebrate its second branch's opening in Kecun. Under the theme of New and Modern, local musicians and bands, TV hosts and fashion icons were invited to attend the party. As well as offering a gourmet experience of Southeast Asian cuisine, Salala also hopes to become known for its stylish design and professionally selected background music.



**O**n March 1, Guangzhou Nanhu International School (GNIS) held its third annual walkathon on the site of its future Longdong Campus. It was the first time GNIS families were shown the new, spacious and green campus, which the school will move to in August of this year. The walkathon finished with a tug of war, showing off once again the great GNIS community spirit.

**T**he family practice at the International Medical Center (IMC) in Hong Kong University Shenzhen Hospital is now fully up and running. With support from various departments of HKU-Shenzhen hospital, the IMC division aims to provide the best quality care coupled with an English service environment.



**O**n March 10, ASC Fine Wines invited local media to join its wine dinner at the Canton Place. During the dinner, Anna, the Branding Manager from Domaines Barons de Rothschild, shared her methods on choosing authentic Lafite.



**T**he Francophonie All Talent Welcome Party hosted by Shenzhen Bienvenue attracted 600 Chinese and French people to chateau-esque restaurant Les Duos on March 20. French consul Bruno Bisson spoke on "transmitting the love of the French language," and Canadian consul Hélène Tremblay gave out language awards. The party ended rocking to Les Gromechkos.

**F**raser Suites Guangzhou was awarded Best Newly Open Serviced Apartment of China at the 9th China Hotel Starlight Awards, regarded as the Oscars of China's hotel industry. This accolade marks a stellar achievement for the property just months after its grand opening.



**O**n March 7, the award-winning Hua Spa at Four Seasons Hotel Guangzhou expanded its treatment menu with royal jelly-based products from Ainhua, a premium Spanish cosmetic brand. Using only natural products, the three treatments are designed to prevent and treat the consequences of dehydration and the ageing process.



# SZ

Shenzhen reviews,  
events and information

## GRAPHIC SCENES

Revered graphic designer Bruno  
Monguzzi gets to the point in a  
new exhibition

*See p67 for details*

### THIS MONTH

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# WHAT'S ON IN **APRIL** \



**APR 27** SUN

**KEREN ANN**

SHENZHEN CONCERT HALL P67



**APR 8** TUE

**ANNA TERNHEIM**

B10 LIVE P66



**APR 22** TUE

**PAJARO SUNRISE**

B10 LIVE P67



**APR 11** FRI

**EVOEH**

SHENZHEN CONCERT HALL P66



**APR 12** SAT

**KILLERSOAP**

B10 LIVE P66



**APR 13** SUN

**SONG SIHENG**

SHENZHEN CONCERT HALL P66





◆ APR 1 TUE  
KASHIWA DAISUKE

B10 Live  
see p66



◆ APR 2 WED  
VIKING MOSES

B10 Live  
see p66



◆ APR 15 TUE  
PETER BRADLEY ADAMS

B10 Live  
see p66



◆ APR 18 FRI  
BOLLANDS

Idutang  
see p67



◆ APR 19 SAT  
CHANG CHEN-YUE

Shenzhen Bay Sports Center  
see p67



◆ APR 24 TUE  
ALCEST

B10 Live  
see p67



◆ APR 29 TUE  
NEIL HALSTEAD

B10 Live  
see p68



◆ ALL MONTH  
TOONA SINENSIS  
ARTWORK

A/T Shekou  
see p68

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## Gossip

With a spring in its step, April's food and drink detective story starts off with a bottle of sparkling and a whisky or two at **Crocetta Wine Bar** (p62) in Sea World – check out the Venetian masks for the last word in style.

Next to Crocetta, newly opened **Baesan Café** from Taiwan is breezy and fresh in green and white, setting the tone with refreshing and cool Taiwan-style drinks.

Continue wandering around Minghua ship in Sea World and newness appears to be everywhere, starting off with **Seattle Seafood Restaurant**, which delights with Alaskan king crab, Boston lobster and seafood noodles.

If you're a seafood fan, don't miss **Four Seasons Oyster Dining Room** (p60), which just reopened after an overhaul, fancier and more stylish than ever – signature French oysters are on the menu.

Then, find nearby Romanesque Bar to enjoy a large selection of wine accompanied by the art that is French cuisine. At the back of **First Meet Bar**, which we introduced in March, **Zun Bar** is under construction. May its opening bring Sea World more late-night fun!

Leave Sea World and head down to OCT-Harbor where many new things are also happening. Live K Bar has gone to the great brewery in the sky, but **Butterfly Dream Music Restaurant & Bar** is no longer a glint in its father's eye (p62).

Expat favorite Coco Park will soon be welcoming a new member to its flock when pizza and burger eatery **The Warehouse** opens its doors.

When you've done this circuit, head back to Sea World for the **That's PRD Tavern F&D Tasting** event on April 20 (see p67).

# OFF THE VINE

## CHATEAUNEUF-DU-PAPE BEAUCASTEL 2010

**T**he chateau at Beaucastel in the Rhone valley has been occupied since the mid-16th century. Today, it is home to the Perrin family, who have been making wine on some of the best terroir in southern France for over a century. The Perrins have solidified their name by adhering to time-honored techniques and a dedication to natural winemaking, unfiltered wines and producing long-lived classics. For these reasons, they are one of only 12 members in the Primum Familiae Vini association, which aims to preserve and promote the traditions of family-run wineries.

The 2010 Chateauneuf-du-Pape exemplifies their know-how. The Perrin brothers credit the cool nights in August for the outstanding quality of the 2010 vintage, as it helped to preserve the acidity of the grapes.

Deep red in the glass, the wine is dark, dense and closed. Aromas of lavender and spicy pepper present on the nose. A silky core of Linzer torte leads the way, backed up by a jammy blackberry. Satiny currant and minerals glide through the long finish, giving it serious grip. It is delectable, and it has the credentials to prove it: the vintage was number eight on *Wine Spectator's*

Top 100 in 2013.

If you have the patience, this is a wine to put away: it is suggested that it will peak between 2016 and 2035. If you don't, serve in large glasses with game, truffles or mushrooms and with no regrets. **JK**

// Summertime Fine Wines & Spirits, Rm 2409-10, Block B, China International Plaza, 33 Zhongshan San Lu, Yuexiu District, Guangzhou 广州市越秀区中山三路33号中华国际中心B塔2409-2410 (020-2883 6800)



## Six of the Best: Shisha

### Mevlana Turkish Restaurant

A Turkish restaurant rich in history and a clear hit with expats, Mevlana guarantees an exotic atmosphere and provides an outdoor square for shisha aficionados. Various fruits and flavors are on offer. RMB48. // 154

Zhenxing Lu (west of watch market), Futian District 福田区振兴路154号(手表市场西) (8336 8778)



### Mo Café

One benefit of smoking in this hidden gem is its Illy coffee, pool table and arty decor, making Mo Café the

perfect place to kick back with the fruity selections of shisha on offer. // 1/F, Art Pia, 8 Zhongkang Nan Lu, Futian District 福田区中康南路8号雕塑家园1楼 (8279 7909)



### My Coffee

My coffee in OCT-Loft boosts this trendy area's appeal by allowing patrons to chill on a cozy afternoon

with some shisha in stylish surroundings. Multiple flavors are available. RMB88. // No. 100-104, Block F-1, OCT-Loft, Nanshan District 南山区华侨城LOFT创意文化园F-1栋101-104号 (8609 5101)



### Little India Indian Cuisine

Besides authentic Indian food, the specialty of this restaurant chain is its Nepal-style hookah. They keep it traditional with iron implements embossed with carved ethnic designs. Apple, grape, cherry, rose and mint can be enjoyed alone or in combination. RMB68. // B18, B1/F, Coco Park, 138 Mintian Lu (near exit B of Shopping Park Metro Station), Futian District 福田区民田路138号购物公园B1楼B18铺(近购物公园地铁站B出口) (8317 4827)



### LAX Club Lounge Café

LAX is famous for its outdoor terrace, party atmosphere and, of course, its shisha. There are many, many flavors available, from the cheapest offerings of lemon and orange (both RMB188) to the more exclusive rose (RMB1,888). // Bar Street, Coco Park, Mintian Lu, Futian District 福田区民田路购物公园酒吧街 (2531 3546)



### Trainspotting Coffee

Imported shisha is presented to customers by a Russian beauty. Right now, Trainspotting is running a Sunday to Monday shisha promotion, so why not take it easy and relax amid the pop-art design and live music? RMB120-158. **VF** // No. 107, Block 2, Gongye San Lu, Shekou, Nanshan District 南山区蛇口工业三路南海易库2栋107 (2688 5119)





# MEDITERRANEAN MEDLEY

## ROASTED PRAWNS WITH PESTO, ROCKET AND GAZPACHO

BY GARY MAIDMENT



Simple, sexy and satisfying, it's hard not to give Mediterranean cuisine the thumbs up for its combination of fresh and healthy ingredients. The essence of a great dish, of course, comes with the innovative and natural fusion of different flavors.

Few people can resist the allure of jumbo prawns. When simply cooked, they retain the fresh crispness that marks them out as a fantastic oceanic treat. Open the wine, pour yourself a glass or two and get making a special pesto and gazpacho sauce to really bring them out of their shell.

**Ingredients:**

- 3 fresh jumbo prawns
- 5g rocket leaves
- 300g basil leaves
- 30g pine seeds
- 15g parmesan cheese

**Gazpacho sauce ingredients**

- 5g red pepper
- 5g fresh tomato
- 3g coriander
- 1 tbsp Tabasco
- 1 tbsp LP sauce
- 1 tbsp lemon juice
- 70ml olive oil
- Salt
- Pepper

**Preparation:**

- 1) Pre-heat the oven to 200 degrees Celsius.

- 2) Marinate the prawns in salt, pepper and olive oil and leave them to soak up the flavors while preparing the sauces.
- 3) Grill the jumbo prawns for just one minute in the oven.

**Pesto sauce**

- 1) Put the basil leaves in a mixer and add 15 milliliters of olive oil. Blend the leaves, and then add the pine seeds and parmesan. Sprinkle on some salt and pepper to taste.

- 2) Re-blend the mix and gradually add olive oil until it becomes a paste.

**Gazpacho sauce**

- 1) Blend the ingredients together in a mixer. Gradually add olive oil until the sauce becomes consistent, then season with salt and pepper.

**Presentation**

Arrange the pesto sauce on the middle of the plate. Place the three prawns on the pesto sauce and add the gazpacho sauce around the rim of the plate. Garnish with rocket leaves.

// This recipe is courtesy of Sous Chef Kadafy Hosenally, The Exchange, Sheraton Shenzhen Futian Hotel, Great China International Exchange Square, Fuhua Lu, Futian District 深圳喜来登酒店, 福田区福华路大中华国际交易广场 (8282 6171)

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# THE GRILL

## SEASIDE BARBECUE

BY GARY MAIDMENT, PHOTOS BY CHRISTY CAI



Most people's forays into the world of hotel cuisine don't extend much past gut-busting buffets, which is a shame because their in-house restaurants often feature top-notch gourmet food prepared by leading international chefs.

Such is the case with The Grill and South African Chef Erica Shone at the Shekou Hilton. Already off to a good start with a view of the ocean dotted with yachts, the food matches the

promise of the stylish decor, which luxuriates in browns, beiges and plush chairs. The degustation set menu furnishes diners with seven courses at RMB600 (add RMB50 for a three-cheese platter), but many other culinary options are available, including Angus beef (RMB380/180 grams), Australian Wagyu (RMB640/350 grams) and lobster (market price) from the grill.

The grilled tuna, beetroot and orange couscous salad (RMB88) is an excellent choice to kick things off with – light and interesting, the citrus, sweetness and texture of the couscous complements the fish perfectly. The Iberian ham and buffalo mozzarella with plum tomatoes and balsamic caviar (RMB98) is equally good, delivering a salty edge thanks to the ham and capers, which are balanced by the softer flavors of the cheese and tomatoes.



Next, the entrees: slow-cooked lamb shank (RMB195) served with sauteed potato and asparagus is fall-off-the-bone superb, as is the large seared salmon fillet (RMB158), which is served with veggies, lemon butter, capers and caramelized onion. The finisher – named simply Passion (RMB88) – is a delicious passion fruit medley of ice-cream, fruit chunks, sponge and crisp frosting.

An extensive selection of spirits (RMB50-60) and wines (RMB275-8,800) are available to complement the cuisine. With well-balanced dishes and an environment that is both relaxing and classy, The Grill is a solid choice for those who deserve a treat.

// All dishes are subject to a 15 percent service charge. Hilton Shenzhen Shekou Nanhai, 1177 Wanghai Lu, Shekou, Nanshan District 南山区蛇口希尔顿南海酒店, 南山区望海路 1177号 (2162 8888)

# FOUR SEASONS OYSTER DINING ROOM

## SHELL OUT

BY GARY MAIDMENT



Having rebranded in early February to emphasize its high-end cuisine and new outside barbecue, Four Seasons Oyster Dining Room is anchored nearby Minghua ship, offering a touch of understated class.

Glorying in la langue Française with names such as Ostra Regal and Papin Poget, the restaurant's signature French oysters come in nine varieties and flavors. Served on ice and at RMB80 a pop, these bad boys clearly target oyster connoisseurs and, unsurprisingly, are fantastic.

Although oysters headline Four Seasons' French-Italian fusion cuisine, the rest of the menu – under the care of Italian Executive Chef Mattias Bregoli – shouldn't be ignored. The starters are all quality, including smoked duck breast with

apple ragout (RMB108), boiled shrimps with aioli salsa and Mediterranean olives (RMB88) and mixed mushroom salad with crispy bacon and sweet garlic dressing (RMB88).

Pastas and risottos (RMB98-158) sit alongside French entrees such as the superb slow-cooked Angus beef in Chianti (RMB138), which is marinated for 36 hours, and roasted lamb rack with demi glaze (RMB138). All are excellent thanks to a mix of carefully sourced imported ingredients and culinary skill – a misfire as far as the food goes would indeed be a surprise.

Executive Chef Kevin Levi heads up the outside barbecue for a more summery take on meat and seafood. He's also the dessert specialist, and the crepes Suzette (RMB68) served with pecan ice-cream and prepared

tableside are not to be missed.

Mixologist and bar manager Matthew Sigurdson gives an expert kick to the eatery's cocktails (RMB38-46), with his own signature Heartthrob complementing a range of classics, including a hearty take on Sex on the Beach.

Four Seasons weaves romance with the interior's mahogany tones that marry gents' club class and French sophistication, positioning it as a viable post-10pm lounge bar as well as a high-end eatery. After rebranding under the eye of Danka Pavlovic, the international team is bringing some global expertise to bear and the results are impressive this early in the game.

// No. 105, Haibin Business Center, Sea World, Shekou, Nanshan District 南山区蛇口海上世界海滨商业中心 105号 (近麦当劳) (2689 3986)



# FAIGO HOT POT BUBBLING UP

BY VAN FAN



With nearly 2,000 years of history, hot pot is a simple creation that's a favorite among locals and expats alike, especially on those cold and dark winter nights.

Unlike other places where the hygiene of dipping shared chopsticks is questionable and raises the specter of communicable diseases if the soup's not boiled, Faigo Hot Pot provides an environment that is cozy – if a little subdued – and comfortable, where each diner has his or her own individual pot – rendered golden for a touch of class - and sauces.

Patrons can choose from 12 different soups (RMB12-32), spicy or light, ensuring that all tastes are catered for. The offerings include a wide variety of main dishes such as clams (RMB9/piece), shrimps (RMB25-38), oysters (RMB9/piece), mini-abalone (RMB19/piece) and crab (RMB78). Meat is of course well represented, with prime beef ranging from RMB35-299 and lamb going for RMB39-49. Vegetables include watercress (RMB15), cabbage (RMB9), spinach (RMB12), bamboo (RMB18) and mushrooms (RMB12-36) for the essential fiber. Patrons can complement these with noodles of the udon and vermicelli varieties, dry tofu, mini hotdogs

and quail eggs. A new venture, freshness is one thing on which Faigo prides itself.

Hot pot isn't all that complicated; add what you want to the boiling soup, and it's done in a few seconds. Then, give the sauces a go. Vegetable oil provides the fuel, not recycled gutter oil we're pleased to report, and this oil is apparently better for the environment and safer.

Faigo is a place for hot pot fans who want to go traditional, like their individual servings and have a ton of stomach to fill.

// Shop 129, 1/F, Chuanwei Square, Sea World, Shekou, Nanshan District 南山区海上世界船尾广场1幢商业1楼129商铺 (2161 3155)



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# CROCETTA

## CHILLING WITH SOME SPARKLE

BY GARY MAIDMENT



**B**old, creative and fresh – these aren't the adjectives that spring to mind when initially sauntering into Crocetta in Sea World, but the realization soon dawns that this wine bar is actually doing something a little bit different.

Based on the idea of replicating the Italian lifestyle of relaxing and chatting over a glass or two of vino, Crocetta's major sellers are sparkling wines imported from Italy, which are visible via an impressive and attractive display opposite the front entrance. The Blanc de Blancs Brut (RMB50/glass) is a crisp and dry white that goes down very well, and the Il Fresco Rosé Brut (RMB60/glass) is dry, a tad fruity and very quaffable – as an underrated and underexposed wine, it's great to see a rose making an appearance in Shenzhen.

As a couple – or solo if you're

nurturing a friendly relationship with alcohol – it's definitely worth investing in a bottle of chilled sparkling (RMB235-1,280) and supping away on the outside terrace on a sunny afternoon. The drinks menu is pleasingly brief – talking to the owner Tristan, it becomes apparent that Crocetta is selling wines that they themselves actually like and drink.

Equally, the whisky selection is spot on, with Glenmorangie Original (RMB90) sitting alongside Bowmore, Laphroaig, Glenlivet and a range of Japanese whiskies, including Yamazaki 12 year (RMB78). Though not cheap, the whiskies have clearly been chosen with a keen eye for quality.

The beer is Belgian (Vedett Extra White, RMB45) and German (Weihenstephaner, RMB60), and the Italian theme is extended by



Lavazza coffee (single espresso RMB15, double RMB28). Inside, the decor is stylish and tasteful, with opera masks and prints accompanied by plush couches and chairs in the gaudy gold common to operatic Italian style.

With the music flitting between classical and easy listening, Crocetta is a solid choice for a date, especially in the afternoon accompanied by a bottle of bubbly. Currently in its soft opening, it is considering doing tapas to reflect the local – and Italian – characteristic of eating when drinking. This would indeed be a good addition to a well-thought-out selection of coffee, beer, wine and whisky.

// B106, Sea World Square, Shekou, Nanshan District 南山区海上世界环船广场 B106 (8833 6272)

# BUTTERFLY DREAM

## I HEART MUSIC

BY VAN FAN

**B**utterfly Dream is Live K Bar reborn, a place where guest singers get on stage and sing. Now, this concept has been extended to anyone who wants to ego it up and go for glory.

As the caterpillar becomes the butterfly, this venue helps punters nurture their dreams of rocking the mic – it is run by a company that signs their own acts and trains singers to become pro. The staff in Butterfly Dream regularly take to belting out ballads, hoping their talent shines and results in stardom, an entertaining feature in itself.

Six to seven live singers bust out tunes onstage each day from 2.30pm to late to keep the venue pounding with live music. Folk and pop melodies abound.



Complementing the live music, classy wooden furniture pairs with modern lighting and some old-style Chinese decor. Outdoor seating gives a view of

OCT-Harbor and passersby who might be best served by chilling with a drink or two.

In daylight hours, expect traditional Chinese offerings like Taiwanese braised pork (RMB28), curry cheese balls (RMB38) and spicy Alaskan king crab (RMB98). At night, the lounge kicks in, giving way to fine wines such as Marques



De Caro (RMB188/bottle) and Baigorri Crianza (RMB368/bottle), supplemented by beers such as Hoegaarden (RMB38/bottle) and Hoegaarden draught (RMB58/glass).

Cocktails aren't ignored, with the culturally relevant QQ girl going for RMB38: peppermint teased with gin that delivers a mini electric storm in a glass, reflecting the need for offices to be full of drinking and babbling on QQ, missing targets and deadlines.

The prices are reasonable for OCT-Harbor, and the upbeat atmosphere makes Butterfly Dream a solid choice to chill with friends.

// 14 Qushui Wan, OCT-Bay, 8 Baishi Lu Dong, Nanshan District 蝴蝶梦, 南山区白石路东 8 号欢乐海岸曲水湾 14 栋 (8654 1185)





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# YAOJIU

## DUAL TEMPTATION

BY VAN FAN

Think booze in China and it's not all about red faces, unwilling baijiu sessions, Tsingtao and unopened gifts of XO brandy languishing on shelves. Less in the expat purview are local national beverages such as huangjiu (yellow wine), mijiu (rice wine) and one that remains unexplored by most: the alcohol-drug combo, yaojiu.

The alcohol disclaimer that is popular with older generations,

"It's for medicinal purposes," can be literally applied to yaojiu. The brew is created by infusing various ingredients from traditional Chinese medicine (TCM) into rice wine or grain alcohol. Because alcohol easily absorbs medicinal essences, yaojiu in its various forms is regarded as an important curative, restorative and re-invigorator by those in the know.

Veteran TCM practitioner and medical booze aficionado Qin

*Although yaojiu is an alcoholic drink, it follows the principles of TCM to optimize yin and yang*



Giant ginseng steeps with deer penis and other exotic ingredients

Ronghua notes that "We now have all types of yaojiu available on the market that infuse roots and plants such as ginseng, angelica root, radix codonopsis and seahorse."

The first recorded use of yaojiu was in the Shang Dynasty (1600-1046 BC), and since then its popularity has increased along with the inventiveness of how it's prepared. More exotic medicinal concoctions such as scorpion and snake can also be found, says Qin, but the most outlandish incarnation according to folk lore is 'e wei,' a valuable medicinal ingredient that grows in the tombs of drug addicts.

Qin believes that, "From the TCM angle, yaojiu can be good for your health. However, different ingredients function in different ways, so you have to choose the right drink to solve certain ailments." He mentions that, "Although yaojiu is an alcoholic drink, it follows the principles of TCM to optimize the body's yin and yang and benefit mental acuity."

In his bar in Sea World, Qin makes two types of drinks – one for the gents, the other for the ladies. "One is home-brewed corn liquor with selected ginseng, goji berries and Cornu Cervi Pantotrichum (lurong)." It also contains deer bones and deer penis. Unsurprisingly, Qin says "This one is for men – to make them stronger, more virile and, most importantly, perform better in bed." Pointing to an expat drinker in the bar, Qin says, "This man comes in to drink yaojiu two to three times

a week." At 60 percent proof, one glass three to five times a week is apparently suitable.

A giant ginseng root rests in the center of the bottle, under which lie two black stick-like objects: the deer bones and its penis. These in turn are surrounded by goji berries and brown lurong. The way to tell the quality of yaojiu is by murkiness – the muddier the better, because it means that more medicine has dissolved into the alcohol. The best yaojiu requires a minimum of three years for the ingredients to become at one with the liquor, and thus give imbibers a pleasant sharpness that mixes the alcohol and earthy taste of the ingredients.

For women, the choice is a 'softer' one that – again unsurprisingly – contributes to beauty in the form of home-brewed 40 percent proof kaoliang spirit with herba epimedii, motherwort, Indian mulberry and other female-friendly ingredients. As well as outer beauty, it apparently improves sleep and enhances inner harmony.

Qin has also blended his know-how with modern technology to invent a yaojiu cocktail that combines different liquors and ingredients. His signature is Bubu Gao, which literally means 'flying higher and higher,' as represented by the cocktail's colored layers.

Go on, give it a shot!

// Available in First Meet Bar, No. 101, Zone C, Huanchuan Plaza, Sea World, Shekou, Nanshan District 南山区蛇口海上世界招商局环船广场C区101 (8827 8696)



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APR 2

NIGHTLIFE

**Gig: Viking Moses**

Screening: Werewolves Across America; gig: Viking Moses  
Werewolves Across America is a rockumentary about touring in America starring American independent musician and tour guru Viking Moses. The band will then perform in Shenzhen as part of its south China tour. Focusing on the American Dream, Viking Moses is Brendon Massei, who has been recording and touring independently since he was 14. Free Entry, 8.30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区B10栋北侧(文昌南街)(8633 7602)

APR 1-6

EAT/DRINK

**Eat: Paulaner Brauhaus Shenzhen Shekou Grand Opening**

Experience the atmosphere of Paulaner Brauhaus with fresh home-brewed beer, great food, live entertainment and a children's play area. Enjoy a buy one get one free offer each day from 5pm-8pm on Salvator

beer, and a 25 discount on everything during the promotion week. RMB199 for adults (Children RMB99), after 3pm. C-005, Huangchuan Square, Seaworld Shekou, Nanshan District 南山区蛇口海上世界环船广场C-005 (2668 7230)

APR 8

NIGHTLIFE

**Gig: Anna Ternheim**

Anna won the Swedish Grammy award for Best New Artist, Best Lyricist and Best Female Artist. In her more meditative moments, the folksy Swedish singer-songwriter seems to conjure up the shadow of fellow Swede Sophie Zelmani; at other times, her poignant, urgent, piano-driven songs nod to artists like Coldplay and, to a certain extent, Dido. She is an accomplished artist who records her songs in English. RMB60 presale, RMB80 on site, 8.30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区B10栋北侧(文昌南街)(8633 7602)

APR 11-13

ARTS

**Comedy: Charlotte's Worries**

As one of the top productions put on by Mahua Fun Age Productions, the absurdist

comedy Charlotte's Worries is sure to raise a smile or two! Founded in 2003, Mahua Fun Age Productions is renowned for its use of popular Internet phrases and punch lines. Other famous plays and musicals by the group include Crazy Stones, Wulong Duke and Somali Pirates.

RMB80-880, 8pm. Huaxia Arts Center, 1 Guangqiao Jie, Overseas Chinese Town, Nanshan District 南山区华侨城光侨街1号华夏艺术中心(400 610 3721)

APR 12

NIGHTLIFE

**Gig: KillerSoap**

Hailing from Hong Kong, KillerSoap is an independent rock band founded in 2004. Combining Chinese and western rock, they sing most of their songs in English so as to break language barriers and let music lovers across the globe share the joy of their music. RMB60 presale, RMB80 on site, 8.30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区B10栋北侧(文昌南街)(8633 7602)

APR 13

ARTS

**Concert: Song Siheng Piano Recital**  
Song is the most accomplished Chinese pia-

nist of his generation. Born in 1981, he entered the Shanghai Conservatory of Music at 10, and then continued his studies in France. He has won many international awards since the age of 14, and has performed at many of the top musical venues in the world. During this performance, he will interpret Chopin's classic works.

RMB80-380, 8pm. Shenzhen Concert Hall, 2016 Fuzhong Yi Lu, Futian District 福田区福中一路2016号(8284 1888)

**Musical: YooHoo Takes You Traveling Around The the World**

Once upon a time, there was a beautiful planet called Heaven Island where the monkey YooHoo and his friends lived, including Mimi the fox, Didi the monkey, Rayray the macaco and Qiuqiu the red squirrel. Living in harmony, they took care of the 'Tree of Life' together; but suddenly the green seeds vanished, dark landed on the planet, and they were forced to start an adventure to find the lost seeds. A story about love and courage for the kids.

RMB60-200, 10:30am. Shenzhen Children's Palace, Fuzhong Yi Lu, Futian District 深圳市福田区福中一路少年宫(8351 3000)

APR 15

NIGHTLIFE

**Gig: Peter Bradley Adams**

Formerly one half of the duo Eastmountainsouth, Adams was signed

NIGHTLIFE



APR 1

## GIG: KASHIWA DAISUKE

Kashiwa Daisuke from Hiroshima is a Japanese electronic musician who currently lives in Tokyo and went solo in 2004. Two years later, he released his first album April.#02 on the German label - Onpa. His second album Program music 1 was released on another German label, this time Noble, and in the same year, he toured Germany. He's a composer, remixer, manipulator and mixing and mastering engineer. RMB60 presale, RMB80 on site, 8.30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区B10栋北侧(文昌南街)(8633 7602)

ARTS



APR 11

## CONCERT: SPANISH NEW FOLK BAND EVOEH

Evoeh was formed in 2005 and comprises six performers: a singer, guitarist, violinist, violist, cellist and oboist. Through rearranging traditional Spanish folk music with classical and modern touches as well as Spanish poetry, the band delivers a unique style that is melodious and poetic.

RMB100-480, 8pm. Shenzhen Concert Hall, 2016 Fuzhong Yi Lu, Futian District 福田区福中一路2016号(8284 1888)



by Robbie Robertson (of The Band) to DreamWorks Records in 2002. Since then, he has released four solo records as well as an EP with his side project, Down Like Silver. He currently lives in Brooklyn, NY. Adams is fast developing as a songwriter who both inspires and questions.

RMB60 presale, RMB80 on site, 8.30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区 B10栋北侧(文昌南街) (8633 7602)

## APR 18

### ARTS

#### Concerts: Chang Chen-yue

Chang Chen-yue is a Taiwanese pop and rock singer, songwriter, guitarist and dance music DJ who plays under the name DJ Orange. He is most famous for his 1998 hit song Ai Wo Bie Zou. Chang is also an actor – he's appeared in a number of movies including Connection by Fate in 1998, which was directed by Wan Jen and shown at the Venice Film Festival. His talent derives from his Taiwanese aboriginal roots.

RMB180-780, 7:30pm. Gymnasium of, Shenzhen Bay Sports Center, 3001 Binhai Da Dao, Nanshan District 南山区滨海大道3001号深圳湾体育中心体育馆 (8219 5091)

### NIGHTLIFE

#### Gig: Bollands

New Zealand duet Bollands comprises Christian, who was influenced by folk music at a young age, and Joyce, who studied classical music in her formative years. Their understanding of life's hardships is illustrated by soft melodies and powerful lyrics. Since 2009, the duo have toured the world, delivering exciting and infectious performances that mesmerize audiences.

RMB50, 8:30pm-10pm. Idutang, Enping Lu, OCT Loft, Overseas Chinese Town, Nanshan District (8610 6046)

## APR 20

### EAT/DRINK

#### Food and Drink tasting: That's PRD featuring The Tavern

Expect beer towers and a full-on buffet with select items from the pub-restaurant's impressive arsenal of savories. Places are limited so book your spot by emailing Steve on [stephensafarowic@urbanatomy.com](mailto:stephensafarowic@urbanatomy.com). Write 'Tavern F&D' in the subject line and how many tickets you want. You can also book by sending a WeChat message to Steve (ID: stevesaf).

RMB88 presale, 3-5pm, The Tavern Sports Bar and Grill, 306, Zone B, Sea World Square, Taizi Road, Shekou, Nanshan Shenzhen 深圳市南山区蛇口海上世界广场b区306 (26691939)

#### The Hilton Shenzhen Shekou Nanhai

Need some Easter chocolate for the young ones or fancy an Easter Sunday brunch? Check out Open at the Hilton Shenzhen Shekou Nanhai. Don't miss the unlimited selection of fresh seafood, meat, cold cuts and platters. Highlights include foie gras, roast lamb, Scandinavian smoked fish, oysters, and outdoor BBQ sausages.

OPEN, Hilton Shenzhen Shekou Naihui, 1177 Wanghai Lu, Nanshan District 南山区望海路1177号 (2162 8888)

## APR 22

### NIGHTLIFE

#### Gig: Pajaro Sunrise

Spanish band Pajaro Sunrise comprises two artists - Yuri Mendez and Pepe Lopez. Their first album combined indie, jazz, folk and Bossa Nova. Released by Lovemonk Records in November, 2006, it was recorded, mixed and produced entirely at home. Their record label describes their sound as simply "beautiful."

RMB60 presale, RMB80 on site, 8.30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区 B10栋北侧(文昌南街) (8633 7602)

## APR 24

### NIGHTLIFE

#### Gig: Alcest

Founded and led by Neige (Stéphane Paut), French shoegazers Alcest come all the way from Bagnols-sur-Cèze. Alcest's fourth record Shelter was released on January 17, 2014 by Prophecy Productions, and features Birgir Jón Birgisson as producer, Amiina on the string sections and a guest appearance by Neil Halstead. Shelter removed the band's ties to metal for the first time to fully embrace shoegazing and post-rock.

RMB70 presale, RMB100 on site, 8.30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区 B10栋北侧(文昌南街) (8633 7602)

## APR 26

### EAT/DRINK

#### Wine: Beautiful Tuscan Food & Wine Experience

Features Chef Andrea Ferrero from Milan's Bvlgari Hotel and Jacopo Pandolfini from Antinori Winery at Palleteo Italian Restaurant, The Ritz-Carlton, Shenzhen.

RMB789 net/person, Limited seats. Paletto Italian Restaurant, 2/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Road, Futian District 福田区福华三路116号深圳丽思卡尔顿酒店2楼 (Reservation: [filiawu@linksconcept.com](mailto:filiawu@linksconcept.com) or 139 2464 4966)

## APR 26-28

### EAT/DRINK

#### Löwenburg Grand Opening

German restaurant Löwenburg will have their grand opening on April 26, unveiling after extensive renovation. Over the next two days, all beer (including gold beer, dark beer and wheat beer) and cocktails are buy one get one free.

// 5-7/F, Minhua Ship, Taizi Lu, Shekou, Nanshan District 南山区蛇口太子路明华轮5-7层 (2689 2668)

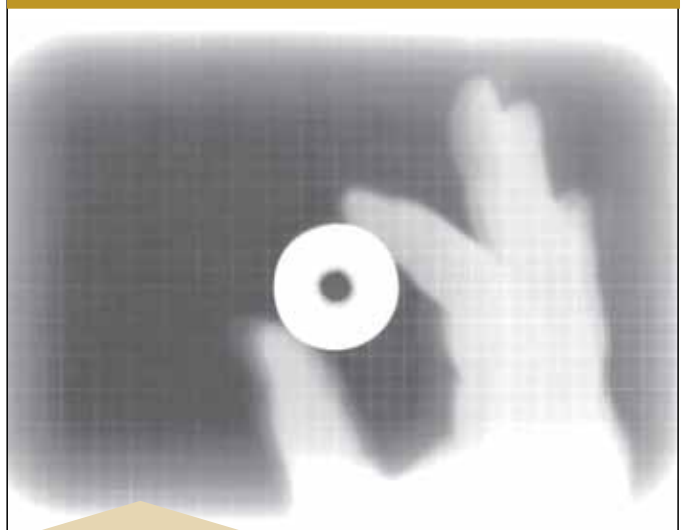
## APR 27

### ARTS

#### Concert: Keren Ann

Born in 1974 in Caesarea, Israel, Keren Ann is a singer-songwriter, composer, producer and engineer who moves between bases in Paris, Tel Aviv and New York City. Expert

## ARTS



### ONGOING

## EXHIBITION: BRUNO MONGUZZI - FIFTY YEARS OF PAPER

Many designers position Bruno Monguzzi as an Italian graphic designer because he lives in the Italian-speaking part of Switzerland and apprenticed under Italian designer Antonio Boggeri. Now, the Swiss designer is no longer silent – he's reclaiming his identity as a Swiss designer. Italian or Swiss, Monguzzi is recognized as one of the greatest graphic designers of our times.

Until Jun 15. OCT Art & Design Gallery, next to the InterContinental, 9009 Shennan Dadao, Overseas Chinese Town 华美艺术, 深南大道9009号华侨城洲际酒店旁边 (3399 3111)

## NIGHTLIFE



### APR 13

## GIG: ALL FOR NOTHING

All For Nothing is a female-fronted hardcore punk-rock band from south Rotterdam who blast out a unique experience to crowds. All For Nothing were founded by Ernst-Jan Smits (guitar and vocals), Richard van Liessum (drums), Marcel Helder (guitar) and Normen Sam-Sin (bass) in 2002.

RMB90 presale, RMB120 on site, 8.30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区B10栋北侧(文昌南街) (8633 7602)

**Win** a pair of tickets to Hannes Minnaar Concert simply by sharing your favorite rock song with subject 'AFN' to *That's PRD*. Submissions to [editor.prd@urbanatomy.com](mailto:editor.prd@urbanatomy.com) before April 8.

at the guitar, piano and clarinet, Keren also writes musical arrangements, many of which have been performed by internationally acclaimed artists. Her music has also been featured in movies and TV series including *Grey's Anatomy*, *Six Feet Under*, and *Deux Jours a Tuer*.

RMB100-380, 8pm. Shenzhen Concert Hall, 2016 Fuzhong Yi Lu, Futian District 福田区福中一路2016号 (8284 1888)

APR 29

## NIGHTLIFE

**Gig: Neil Halstead**

Neil Halstead is a British guitarist and singer who is described as "one of Britain's most respected songwriters" by Allmusic. He was a founding member of Slowdive, a band often associated with the shoegazer musical genre. Following the disbanding of Slowdive, Halstead along with other members of Slowdive - including longtime friend and musical collaborator Rachel Goswell - formed Mojave 3. Mojave 3 are stylistically distinct from Slowdive, and can be regarded as British country/folk. Halstead is the principal singer and songwriter, and he also plays the guitar.

RMB70 presale, RMB100 on site, 8:30pm. B10 Live, North Side of B10 Building, North District, OCT-Loft, Shantou Jie, Nanshan District 南山区华侨城创意文化园北区B10栋北侧 (文昌南街) (8633 7602)

APR 30

## ARTS

**Dance Drama: Thousand-Hand****Kwan-yin**

Thousand-Hand Kwan-yin is a Buddhist-based dance drama about celebrating Buddha's noble spirit of harmony, benevolence and self-sacrificing love. Choreographed by Zhang Jigang, who directed the opening and closing ceremonies of the 2008 Beijing Olympics, this 100-minute extravaganza brings together 320 people and 640 hands to form the Thousand-Hand Kwan-yin.

RMB280-1080, 8pm. Poly Theater, Shenzhen Poly Theater, intersection of Houhaibin Lu and Wenxin Lu, Nanshan District. 南山后海滨路与文心五路交界处深圳保利剧院 (6245 4661)

ALL MONTH

## EAT/DRINK

**Eat: Taste the Spring Theme Buffet**

Sheraton Shenzhen Futian Hotel launched a brand new buffet - Taste the Spring - on March 27th. Besides fresh seafood, soups, Southeast Asian dishes and delectable homemade desserts, premium ingredients such as goose liver, Australian beef ribs and cod are on offer.

RMB328+15% for one person, buy 3 gets the 4th one free. Buy three, get the fourth free! Great China International Exchange Square, Fuhua Lu, Futian District 福田区福华路大中华国际交易广场深圳福田喜来登酒店 (8282 6208)

## NIGHTLIFE

**Gig: Joi Carter**

CJW Shenzhen welcomes new lead vocalist Joi Carter (JC). Formerly a member of Mambo

Sauce, this dynamic singer-songwriter brings an impressive fierceness to center stage. Previously, she's shined as a background singer for The Pocket Band (a reggae/alternative group), and the internationally acclaimed R&B crooner Carl Thomas. JC has gained a hardcore following nationwide, and is quickly establishing a strong international presence. CJW, 15 Qushui Bay, OCT-BAY, 8 Baishi Lu Dong, Nanshan District南山区白石路东8号欢乐海岸曲水湾15栋 (8639 5266)

ONGOING

**Exhibition: New Works**

Introducing new Chinese art and perspectives on past works, this exhibition will feature oil paintings, installations, video, drama, and fine-art in China from 1949 to 2013. The exhibition attempts to reassess how realism influences and molds art.

Until April 12, 10am-5:30pm, closed Mondays. OCAT, South Area, OCT-LOFT, Enping Lu, Overseas Chinese Town, Nanshan District 南山区华侨城恩平路创意文化园南区OCT当代艺术中心 (2691 5007)

**Exhibition: Photo Exhibitions**

Two photographic exhibitions are currently running at He Xiangning Art Museum. The first features 66 works by US photographers Harry Callahan, Robert Mapleson, Jeff Koons, Sally Mann, Cindy Sherman, Britain's Damien Hirst, and German Photographer Andreas Gursky. The second features 113 pieces from the 1990s by 19 Chinese photographers.

Until April 20, 9:30am-5pm. He Xiangning Art Museum, Overseas Chinese Town, Shennan Dadao, Nanshan District 南山区华侨城何香凝美术馆 (2660 4540)

**Exhibition: Toona Sinensis Artwork**  
Toona Sinensis is a culinary ingredient that's also represented in Chinese literature as an extreme metaphor in which the father figure is represented by a mature tree. Spring is the season for Toona Sinensis - art using the tree will be showcased in A/T restaurant - eat, view and enjoy!

All Month. A/T Restaurant 蛇口海上世界广场B区1栋111号 (2682 7878)

**Exhibition: Vues de France, vu de Chine**

Don't miss this exhibition of contemporary French photography, which includes work from Emilie Rolin, Cyril Marcilhacy, Tanguy De Montesson, Elodie Ravoux, Ambroise Touvet and Jean-Philippe Maigret.

Until April 19, 11am-11pm. Les Duos, B Building 12, Qushui Bay, OCT Bay, No 8 East, Baishi Road, Nanshan District, 518053, Shenzhen 深圳市南山区白石路东8号欢乐海岸曲水湾12栋B (86526696)

**Exhibition: Life in China around the 1870s**

More than 150 copies of old photos during the late Qing Dynasty (1644-1911) by Scottish photographer John Thomson (1837-1921) are currently on show at Shenzhen Museum in the Civic Center. During a visit to China, Thomson documented the scenes and style of that era, including beggars, pony tails, royal clothing, monasteries, imperial palaces and rural villages, reflecting the age of post-empire China.

Until May 20, 10am-6pm, closed Mondays. Shenzhen Museum, Block A, Civic Center, Futian District 福田区市民中心A区深圳博物馆新馆 (8210 5550)

## HOTEL NEWS



## New General Manager OF Sofitel Dongguan Royal Lagoon and Sofitel Dongguan Golf Resort

Sofitel Luxury Hotel is pleased to announce the appointment of Henry Tay as General Manager of these two impressive properties in Dongguan in January 2014. Singaporean Henry has worked in the hospitality industry for more than 21 years, which includes stints at the Marriott, Shangri-La and Intercontinental. With extensive experience in hotel operations and management, Henry holds a BA in Hotel & Restaurant Management from the University of Hawaii at Manoa.

## HOTEL NEWS



## Hilton Garden Inn debuts in China with Shenzhen opening

Hilton Worldwide announced on January 8 plans to expand its Hilton Garden Inn brand into China with the opening of Hilton Garden Inn Shenzhen Bao'an - the brand's first hotel in the country. Founded in the mid-1990s, the award-winning Hilton Garden Inns are high-end yet affordable properties that offer quality services for business and leisure travelers via 582 hotels in 19 countries.



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## RESTAURANT

### BAKERY/DESSERT

**Awfully Chocolate** B1C-076, Coco Park, Fuhua San Lu, Futian District (8328 3448) 福田区福华三路购物公园负一楼B1C-076号铺

**that's Backstube** Shop 24-2, Coastal Rose Garden, Wanghai Lu, Shekou, Nanshan District (2681 0468) 德国面包坊, 南山区望海路南海玫瑰花园24-2号铺

**that's Baguette & Compagnie** Shop Middle 124, Sea Taste, Gongyuan Nan Lu, Shekou, Nanshan District (2689 3283) 巴吉特, 南山区蛇口公园南路海韵嘉园裙楼C124号

**Chez Clement** Shop 110-1, Phase I, Coastal Rose Garden, 1093-6 Wanghai Lu, Shekou, Nanshan District (2160 0880) 南山区蛇口望海路1093-6号南海玫瑰园一期商铺110-1

**Cold Stone Creamery** 1) No. 029, 2/F, King Glory Plaza, Luohu District (8261 1520); 2) B1-J01, Coco Park, Fuhua San Lu, Futian District (2531 3593) 酷圣石冰淇淋 1) 罗湖区金光华广场负二楼029号 2) 福田区福华三路购物公园D1-J01

**Daily Treats** 2/F, The Westin Shenzhen, 9028-2 Shennan Dadao, Nanshan District (8634 8306, [www.westin.com/shenzhen](http://www.westin.com/shenzhen)) 思悦饼屋, 南山区深南大道9028-2深圳益田威斯汀酒店2楼

**Dairy Queen** 1) Shenzhen Central Book City, 2014 Fuzhong Yi Lu, Futian District (8255 8462); 2) 2/F, Tiley Fame City, No. 85 Haide San Lu, Nanshan District (8659 5210); 3) B1/F, Jusco, Coco Park, Fuhua San Lu, Futian District (2531 3715); 4) Le Tao Li Phase II, Huaqiang Lu, Futian District (8320 8441); 5) G/F, 5B, Carrianna Friendship Square, Renmin Nan Lu, Luohu District (6163 1619); 6) B1/F, Excellence Century Plaza, Fuhua San Lu, Futian District (8279 0102); 7) B1/F, Sun Plaza, 2001 Jiefang Lu, Dongmen, Luohu District (2591 2221) 冰雪皇后 1) 福田区中心书城福中一路2014号; 2) 南山区海德三道85号天利名城购物中心2楼 3) 福田区福华三路购物公园吉之岛B1楼 4) 福田区华强路东海里二期; 5) 罗湖区人民南路2002号佳宁娜友谊广场C-58号; 6) 福田区福华三路卓越世纪中心4号楼负一层; 7) 罗湖区解放路2001号东门太阳广场B1楼

**GaGa Fresh Talk** 1) B1, Coco Park, Fuhua San Lu, Futian District (8359 1880); 2) 1/F, Gate 8, South of Central Book Mall, 2014 Fuzhong Yi Lu, Futian District (2393 1125) GaGa鲜语 1) 福田区福华三路星河购物公园B1层; 2) 福田区福中一路2014号深圳书城中心书城1楼南区8号门

**Honey Moon** 1) B1-25, 1/F, Holiday Plaza, Nanshan District (8629 8767); 2) No. 152, 1/F, Coastal City, Nanshan District (8635 9680); 3) B98, 1/F, Mix City, Luohu District (8300 5599); 4) No. 28, B2/F, King Glory Plaza, Luohu District (8399 3468); 5) 73B, B1, Coco Park, Fuhua San Lu, Futian District (8290 3125) 满记甜品 1) 南山区益田广场负一楼B1-25 2) 南山区海岸城广场1层152铺 3) 罗湖区万象城负一层B98号 4) 罗湖区金光华广场B2层28铺 5) 福田区福华三路星河购物公园负一楼073B

**MoMo喜多** 2/F, Shop 211-215, West Wing, Coastal City, Nanshan District (8661 6586); 2) B2, King Glory Plaza, Renmin Nan Lu,

Luohu District (8261 1816) 1) 南山区海岸城西座2楼211-215号 2) 罗湖区人民南路金光华广场B2楼

**Simplylife** S169, 1/F, The MixC, 1881 Bao'an Nan Lu, Luohu District (2221 1782) 罗湖区宝安南路1881号华润中心万象城首层S169号商铺

**Toffee Cakes** Shop No. 3, 197 Meihua Lu, Shang Meilin, Futian District (8331 8148) 福田区上梅林梅华路197号3号铺

**Treasures & Scent**, The Langham, Shenzhen, 7888 Shennan Dadao, Futian District (8828 9888) 福田区深南大道7888号深圳朗廷酒店

### BBQ

**Alenha** G/F, InterContinental Shenzhen, 9009 Shennan Dadao, OCT, Nanshan District (3399 3388) 炎巴西烧烤餐厅, 深南大道9009号华侨城·深圳华侨城洲际大酒店底层

**Amazon Brazilian BBQ** 1) B1/F, New City Plaza, Shennan Zhong Lu, Futian District. (2594 1188); 2) Sea World, Taizi Lu, Nanshan District (2668 3388); 3) No. 289, 2/F, Coastal City, Wenxin Wu Lu, Nanshan District (8635 9658) 亚马逊巴西烧烤餐厅 1) 深圳福田区深南中路新城市广场负一楼; 2) 南山区太子路海上世界广场; 3) 南山区文心五路海岸城广场2楼289-290号

**Garden BBQ & Lounge** 1/F, Grand Mercure Oriental Ginza Hotel, Zhuzilin, Shennan Dadao, Futian District (8350 0888 ext. 88605) 花园烤肉, 福田区深南大道竹子林东方银座美爵酒店花园烧烤·酒廊

**Gauche Garden Grill** Behind the Taizi Hotel, 3 Taizi Lu, Shekou, Nanshan District (2667 6608) 花园巴西烤肉, 南山区蛇口太子路太子宾馆1楼后面

### BUFFETS

**Café Chinois JW Marriott Hotel**, 6005 Shennan Dadao, Futian District (2269 8230) 万象西餐厅, 福田区深南大道6005号金茂深圳JW万豪酒店

**Café Pavilion** 1/F, The Pavilion, 4002 Huaqiang Bei Lu, Futian District 廷韵咖啡厅, 福田区华强北路4002号圣廷苑酒店1楼廷韵咖啡厅

**Café Zen** 1/F, Futian Shangri-La, Shenzhen, 4088 Yitian Lu, Futian District (8828 4088) 鲜Café 福田区深圳福田香格里拉大酒店1楼

**Café Zentro** 1/F, The Venice Hotel Shenzhen, 9026 Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888 ext. 8117, [cafezentro@szvenicehotel.com](mailto:cafezentro@szvenicehotel.com)) 南山区华侨城深南大道9026号深圳威尼斯酒店1楼

**Coffee Garden** 2/F, Shangri-La Hotel (east of Railway Station), 1002 Jianshe Lu, Luohu District (8233 0888) 香咖啡, 罗湖区建设路1002号香格里拉酒店(火车站东)2楼

**Coffee Shop** 1/F, Grand Mercure Oriental Ginza Hotel, Zhuzilin, Shennan Dadao, Futian District (8350 0888 ext. 88605) Coffee Shop西餐厅, 福田区深南大道竹子林东方银座美爵酒店1楼西餐厅

**Flavor** 2/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222) 全日餐厅, 福田区福华三路116号深圳丽思卡尔顿酒店2楼

**Foo** 6/F, Four Seasons Hotel Shenzhen, 138 Fuhua San Lu, Futian District (8826 8700) 馥餐厅, 深圳四季酒店 深圳市福田区福华三路138号6楼

**Four Seas International House** 3/F, Holiday Plaza, Shennan Lu, Nanshan District (8982 9988) 四海一家, 南山区深南大道益田假日

广场3楼

**Fusion Café** 1/F, The Pavilion Century Tower, 4014 Huaqiang Bei Lu, Futian District 菲苑咖啡厅, 福田区华强北路4014号圣廷苑酒店世纪楼一楼菲苑咖啡厅

**Golden Jaguar** 4/F, Shop 401, KK Mall, Kingkey Financial Center, Chai Wuwei Financial Center, Luohu District (8889 6969) 金钱豹 罗湖区蔡屋围金融中心京基百纳空间4楼401铺

**Mercado** InterContinental Shenzhen, OCT, 9009 Shennan Dadao, Nanshan District 广场咖啡厅, 深南大道9009号华侨城深圳华侨城洲际大酒店

**Panash** 2/F, Four Points by Sheraton, 5 Guihua Lu, Free Trade Zone, Futian District (8359 9999) 泛亚风情餐厅, 福田保税区桂花路5号福朋喜来登酒店2层

**Q Café Restaurant & Bar** G/F, 999 Royal Suites & Towers, 1003 Shennan Dong Lu, Luohu District (2513 0999 ext. 33703) Q咖啡, 罗湖区深南东路1003号丹枫白露酒店首层

**Seasons** 2/F, Kempinski Hotel Shenzhen, Haide San Dao, Houhaibin Lu, Nanshan District (8888 8888) 四季西餐厅, 南山区后海滨路海德三道凯宾斯基酒店2楼

**Silk** 2/F, The Langham, Shenzhen, 7888 Shennan Dadao, Futian District (8828 9888) 福田区深南大道7888号深圳朗廷酒店2楼

**Social** 96/F, St. Regis Shenzhen, 5016 Shennan Dong Lu, Luohu District (8308 8888-1832) 秀餐厅 深圳瑞吉酒店罗湖区深南东路5016号

**The Show Kitchen** 32/F, Grand Hyatt Shenzhen, 1881 Baoan Nan Lu Luohu District. (2218 7338) 厨研, 罗湖区宝安南路1881号 深圳君悦酒店32楼

**The Tasty Buffet** 5/F, Coastal City, Hai De Yi Dao, Nanshan District (8635 9922) 大德口福, 南山商业文化中心区海德一道海岸城购物中心五楼

### CAFES

**92°C Coffee** 1) 72 Nanyuan Lu, Futian District (8362 9008); 2) 2/F, Huaxia Art Center, OCT, Nanshan District (2690 9339, 2690 9139); 3) New City Plaza, 1095 Shennan Zhong Lu, Futian District; 4) Investment Bldg, 4009 Shennan Dadao, Futian District 92度咖啡 1) 福田区南园路72号; 2) 南山区华侨城华夏艺术中心2楼 3) 罗湖区深南中路1095号新城市广场 4) 福田区深南大道4009号投资大厦

**Aix Arôme Coffee** 1) 1/F, Yachang Art Gallery, 8 Caitian Bei Lu, Futian District (2683 2087); 2) LG/F, Unit L111-112, New City Plaza, 1093 Shennan Zhong Lu, Futian District (2598 6166); 3) 1/F, Moi Friendship City, Renmin Nan Lu, Luohu District (8223 8106); 4) 1/F, S103, Mall City, Shenhui Lu, Longgang District (2837 2330); 5) No. 18, Coco Beach, OCT Harbour, 8 Baishi Lu Dong, Nanshan District (8654 1315); 6) Coco Park Store, intersection of Zhongxin Er Lu and Fuhua Lu, Futian District (opposite of Pingan Bldg, Coco Park) (8654 1315) 埃克斯咖啡 1) 福田区彩田北路8号雅昌艺术馆1楼; 2) 福田区深南中路1093号新城市广场LG层 L111-112; 3) 罗湖区人民南路茂业友谊城1楼; 4) 龙岗区深惠路摩尔城一层S103号 5) 南山区白石路东8号欢乐海岸椰林沙滩18号 6) 福田区福华二路与中心二路交汇处(平安大厦cocopark对面)

**Aller** 3/F, Badminton Court, Crown Sports Center, Tairan Jiu Lu, Futian District (8889 9878) 来吧空间, 福田区泰然九路皇冠体育中心羽毛球馆3楼

**Andes Café** Shop 40, Phase 2, Nanhai Rose Garden, Wanghai Lu, Shekou, Nanshan District (2668 6704) 安第斯咖啡, 南山区蛇口

海路南海玫瑰园二期40号商铺

**BBQ Chicken & Beer Café** 1) B/F, Shop 121-122, Golden Central Business Tower, Jintian Lu, Futian District (8280 4653); 2) 1/F, Donghai City Plaza, 8099 Hongli Lu, Futian District (2600 4055); 3) 3/F, Jinxu Garden, Qiaocheng Dong Lu, Nanshan District (2600 3887) 比比客 1) 地铁会展中心B出口; 2) 福田区红荔路8099号东海城市广场1楼; 3) 南山区侨城东路锦绣花园会所3楼

**that's Bucher Cafe & Lounge** 50 Yankui Lu (opposite to Dameisha Sheraton Resort), Yantian District (2536 6891) 远泽帆清吧 盐田区盐葵路50号

**Café Marco** 1/F, Marco Polo Hotel, Fuhua Yi Lu, Futian District (8298 9888 ext. 8358) 马高, 福田中心区马哥孛罗酒店1楼

**Café One** 1/F, The Fountain Suites Shenzhen, 2017 Shennan Dong Lu, Futian District (8228 8822 ext. 3168) 咖啡湾, 深南东路2017号华乐大厦1楼

**Café Pavilion** 1/F, The Pavilion Longgang, 168 Dayun Lu, Longgang District (8989 9888 ext. 316) 廷韵咖啡厅 龙岗区大运路168号中海圣廷苑酒店1楼

**Café Time** Shop 62, Section E, Sea World, Shekou, Nanshan District (2685 5709) 南山区蛇口海上世界广场E区62号

**Coffee Time** 1/F, Returned Students Foundation Garden, South Hi-Tech Industrial Park, Nanshan District (8635 0922) 咖啡时光, 南山区高新科技园南区留学生创业园首层

**Costa Coffee** 1) 1/F, Unit L1J-09-10, Coco Park, Fuhua San Lu, Futian District (2692 6386); 2) Podium of Oriental Grace Garden, junction of Shennan Bay Er Lu and Baishi Lu, Nanshan District (8628 8370); 3) B3-200, Terminal B, Shenzhen Baoan International Airport, Baoan District (2345 3140); 4) Unit 302, Block 2, Nanhai E Cool, Huajian Industry Bldg, 6 Xinhua Lu, Nanshan District (2602 8682); 5) Mix City, 1881 Baoan Lu, Luohu District (8269 0943); 6) 1/F, S142, Central Book Mall, 2014 Fuzhong Yi Lu, Futian District (2398 0742); 7) 2/F, L218, Excellence Bldg, Futian District (2390 3479) 悦达咖世家 1) 福田区福华三路购物公园L1J-09-10号铺 2) 南山区深圳湾二路与白石路交汇处御景东方花园裙楼123号房产L1-10a号商铺 3) 宝安国际机场B号候机楼隔离区B3-200号商铺 4) 南山区蛇口兴华6号(海上世界) 南海意库2号楼101室 5) 罗湖区深南东路宝安南路交汇处华润中心万象城9号铺 6) 福田区福中一路2014号中心书城南区S142号 7) 福田区卓越世纪中心2楼L218

**Crema Coffee Express** Right Side of International Chamber of Commerce Tower (8831 5001) 克瑞玛咖啡, 国际商会中心大堂右侧

**Emily Cafe** Shop 1, P Phase 2, Shekou, Nanshan District (2689 3469) 南山区蛇口半岛城邦二期1号商铺

**Fix Deli** 1/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222) Fix美食屋, 福田区福华三路116号深圳丽思卡尔顿酒店1楼

**Friends Coffee Cafe & Bar** 1/F, Huamiao Xinyuan Bldg, Hongli Xi Lu, Futian District (8297 0601) 福田区红荔西路华茂欣园首层商铺

**G+ (Gigazone)** Shop 7-8, V1 Art Space, Jin Fengcheng Bldg, 5015 Shennan Dong Lu, Luohu District (2650 6835) 曜嘉, 罗湖区深南东路5015号金丰城大厦V1艺术馆7-8号

**Greenland Lounge** 1/F, The Pavilion, 4002 Huaqiang Bei Lu, Futian District (8270 8888 ext. 8213) 绿润廊, 华强北路4002号圣廷



苑酒店一楼绿洞廊

**Heather's Garden Cafe** Area B, No. 9, Nanshan Flower Market, Qianhai Lu, Nanshan District (186 8894 6329) 欧石楠咖啡馆, 南山区前海路南山花卉市场B区9号

**Hollys Coffee G/F**, Urban Sunshine Bldg, 6017 Shennan Dadao, Futian District (8284 0541) 豪丽斯咖啡, 福田区深南大道6017号都市阳光名苑首层

**ITA Coffee Shop A3**, International Leisure Street, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2598 9203) ITA咖啡, 福田区深南中路1095号中信城市广场国际休闲街A3商铺

**Italian Bain Coffee** 1) 1/F, Hoba Home, Bao'an Bei Lu, Luohu District; 2) L2S113, Coco Park, Fuhua San Lu, Futian District (8831 1684); 3) B1, MixC City, Luohu District (2557 7272) 百年意式咖啡店, 1) 罗湖区宝安北路好百年首层中庭; 2) 福田区福华三路星河购物公园L2S113; 3) 罗湖区万象城芮欧生活百货B1楼

**Italian Best Coffee** Rm S142, Gate 8, Shenzhen Book Store, Fuzhong Yi Lu, Futian District (2399 2094) 意大利, 福田区福中一路深圳书城8号门S142室

**Java+** JW Marriott Hotel, 6005 Shennan Dadao, Futian District (2269 8026) 迎客馆, 福田区深南大道6005号金茂深圳JW万豪酒店

**KK Café** 1) Lobby, Bao Li Bldg, Chuangye Lu, Nanshan District (2642 9334); 2) Plaza Garden City, Shekou, Nanshan District. (2686 8520) KK咖啡 1) 南山区创业路口保利大厦大堂; 2) 南山区工业八路蛇口花园城3期3栋15号

**Library** 100/F, St. Regis Shenzhen, 5016 Shennan Dong Lu, Luohu District (8308 8888 ext. 1459/1455) 藏书阁, 深圳瑞吉酒店 罗湖区深南东路5016号100层

**Lobby Bar** 1/F, Grand Mercure Oriental Ginza Shenzhen, Zhuzilin, Shennan Dadao, Futian District (8350 0888 ext. 88605) 大堂吧 福田区深南大道竹子林东方银座美爵酒店

**Lobby Lounge** 1/F, Futian Shangri-La, Shenzhen, 4088 Yitian Lu, Futian District (8828 4088) 大堂酒廊, 福田区深圳福田香格里拉大酒店一楼

**La Piazza** 1/F, The Venice Hotel Shenzhen, 9026 Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888 ext. 8113) 南山区华侨城深南大道9026号威尼斯酒店大堂

**More Bar** 1/F, east side of Artpia, 8 Zhongkang Nan Lu, Futian District (8279 7909). 深圳MORE酒吧吧, 福田区中康南路8号雕塑家园首层东侧

**Ming Dian Coffee and Tea** 59 Taizi Lu, Shekou, Nanshan District (2686 7982) 名典咖啡语茶, 南山区蛇口太子路59号

**that's Old Heaven Books** Shop 120, Bldg A5, OCT Loft Phase II, Overseas Chinese Town, Nanshan District (8614 8090) 旧天堂书店 南山区华侨城侨城创意文化园北区A5栋120铺

**Onyx Lounge** 1/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222) Onyx大堂酒廊, 福田区福华三路116号深圳丽思卡尔顿酒店1楼

**Origo** No. 107, Bldg 1, Nanhai E-Cool, Xinghua Lu, Shekou, Nanshan District (2160 9527) 原坊, 南山区蛇口南海意库一号楼107号

**Palm Court** The Langham, Shenzhen, 7888 Shennan Dadao, Futian District (8828 9888) 福田区深南大道7888号深圳朗廷酒店

**Pacific Coffee** 1) 2/F, Shop 12, Phase II, Tiley Fame City, Houhai Dadao, Nanshan District (8663 6905); 2) Shop 422, MixC City, 1881 Baoan Nan Lu, Luohu District (8266 0630); 3) L1/F, Shop 29, King Glory Plaza, Renmin Nan Lu, Luohu District (8221 3002); 4) 1/F, S150Z, Mall City, Shenhu Lu, Longgang District (2839 3860) 太平洋咖啡 1) 深圳市南山后海大道天利名城二期二楼十二号; 2) 罗湖区宝安南路1881号华润中心万象城422号商铺; 3) 罗湖区人民南路2028号金光华广场L1楼29号; 4) 龙岗区深惠公路860号摩尔城购物中

心1楼S150Z号

**Patio Cafe** 1/F, Nanhai Hotel, 1 Gongye Yi Lu, Nanhai Dadao, Nanshan District (2669 2888 ext. 315) 尚欣咖啡, 南山区南海大道工业一路1号南海酒店1楼

**Ryu Coffee & Wine Bar** Shop 121, Bldg 2, Nanhai E-Cool, No.32 Taizi Lu, Nanshan District (2680 7755) 南山区太子路32号南海意库2栋121

**Sam's Coffee** Yong Jing Xuan, Shekou Gong Ye Qi Lu, Nanshan District (2681 0123) 南山区蛇口工业七路雅景轩裙楼首层101101B

**Sculpting in Time Cafe** Shop A110, Bar Street, Eco-Square, OCT, Nanshan District (2660 3991) 雕刻时光咖啡, 南山区华侨城生态广场酒吧街A110号

**Seasonal Tastes** 1/F, The Westin Shenzhen, 9028-2 Shennan Dadao, Nanshan District (8634 8411, www.westin.com/shenzhen) 知味全日餐厅, 南山区深南大道9028-2号深圳益田威斯汀酒店1楼

**Spinelli** B1/F, S002-003, Coco Park, 269 Fuhua San Lu, Futian District (8318 2016) 盛品利咖啡 福田区福华三路269号星河购物公园B1楼B1S002-003号铺位

**Spring Box** Rm101-102, Building 5, Nanhai ECool Innovation Park, Xinghua Lu, Shekou, Nanshan District (2688 5119) 南山区蛇口兴华路南海意库5栋101-102

**Sugar Box** 1/F Grand Hyatt Shenzhen, 1881 Baoan Nan Lu, Luohu District (2218 7338). Website: shenzhen.grand.hyatt.com 罗湖区宝安南路1881号深圳君悦酒店1层

**Savorona Lounge Café** No6-20, Hi-Mart, Xuefu Lu, Nanshan District (8630 8114) 南山区学府路6-20Hi-Mart品园首层 (深圳大学西门西侧300米)

**that's Starbucks** 1) Shop 1002, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2594 1302) 2) G/F, Carrianna Friendship Square, Renmin Nan Lu, Luohu District (2518 2535) 3) Shop 113, Nanshan Hotel, Xinghua Lu, Sea World, Shekou, Nanshan District (2683 2163) 4) Shop C01.G & 2/F, MOI Department Store, 2005-2006 Huaqiang Bei Lu, Futian District (8301 9839) 5) Shop B1-106, Kinglory Plaza, Renmin Nan Lu, Luohu District (8261 1183) 6) Shop B99, Mix C, Bao'an Nan Lu, Luohu District (8269 1088) 7) Shop BS1-11, G/F, Airport Lounge B, Shenzhen Bao'an International Airport 'an (2998 2809); 8) G/F, Block A, C Mall, 1 Huafa Bei Lu, Luohu District (8320 6928) 9) Shop 1-112A Sun Plaza, 2001 Jiefang Lu Luohu District (8239 8969) 10) Shop 132, 1/F, Garden Town Center, Shekou, Nanshan District (2686 3185) 11) Shop L1S-001, G/F, Coco Park, Fuhua San Lu, Futian District (8831 3819) 12) Shop 291, 2/F, Coastal City, Hai De Yi Dao, Nanshan District (8635 9969); 13) G/F, E5, East Industrial Area, OCT Loft, Nanshan District (8610 6413) 星巴克, 1) 福田区深南中路1095号中信城市广场1002号商铺 2) 罗湖区人民南路佳宁娜友谊广场首层 3) 南山区蛇口兴华路海上世界南山宾馆113号商铺 4) 福田区华强北路2005-2006号茂业百货首层及二层C01号商铺 5) 罗湖区人民南路金光华广场负一层B1-106号商铺 6) 罗湖区宝安南路华润中心万象城B99号商铺 7) 深圳宝安国际机场B号候机楼首层BS1-11号商铺 8) 华发北路1号铜锣湾百货广场A座首层商铺 9) 罗湖解放路2001号太阳广场1-112A号商铺 10) 南山区南海大道蛇口花园城中心首层132号商铺 11) 福田区福华三路星河苏活购物公园首层L1S-001号商铺 12) 南山区海德一道海岸城购物中心二层291号铺 13) 南山区华侨城创意文化园东部工业区E5栋首层

**that's Street D Café** 101-1, 1/F, Business street, Huifang Garden, Xuefu Lu, Nanhai Dadao, Nanshan District (2606 6797) 迪街咖啡, 南山区南海大道学府路荟芳园商业内街1楼101-1

**The Coffee Point** 1) 2/F, Renmin Bei Lu, Longhua Township (2814 7647) 2) 2/F Tianbei Lu, Telecommunications Building, Luohu District 3) 1/F, Manha Business Plaza, No.2022, Huaqiang Bei Lu, Futian District. (83240305) 波特咖啡, 1) 龙华镇人民北路28号2楼 2) 罗湖区田贝四路邮电大楼2楼 (25605297) 3) 福田区华强北路2022号曼哈

商业广场1楼

**The Drawing Room** 96/F, St. Regis Shenzhen, No.5016 Shennan Dong Lu, Luohu District (8308 8888-1468) 闲逸廊 深圳瑞吉酒店 罗湖区深南东路5016号96层

**The Exchange** Level 1, Sheraton Shenzhen Futian Hotel, East Wing, Great China International Exchange Square, Fuhua Road, Futian District (8383 8888) 怡聚轩西餐厅, 福田区福华路大中华国际贸易广场大中华喜来登酒店1楼

**The Lounge** 33/F, Grand Hyatt Shenzhen, 1881 Bao'an Nan Lu, Luohu District. (8266 1234) 旅行者, 罗湖区宝安南路1881号深圳君悦酒店33楼

**The Lounge JW Marriott Hotel** 6005 Shennan Blvd, Futian District. (2269 8220) 福田区深南大道6005号金茂深圳JW万豪酒店

**The Voyage** 1/F, Central Book City, Fu Zhong Yi Lu, CBD, Futian District. (8276 5027) 旅行者西餐厅, 福田中心区福中一路中心书城内一楼

**TT's Coffee** East side 1) East side, 1/F, Li-ancheng Dasha, 1003, Chunfeng Lu, Luohu District. (2510 8245) 2) 2/F, Central Book City, Fu Zhong Yi Lu, CBD, Futian District. (8277 7632) 1) 咖啡, 1) 罗湖区春风路1003号联城大厦1楼东侧 2) 福田中心区福中一路中心书城大厦1楼

**Viu Café** G/F, Donghua Holiday Inn, Nanhai Dadao, Nanshan District. (8619 3999) 南山区南海大道东华假日酒店首层4楼

### FRENCH

**Art de Vivre** Shenzhen Sculpture Academy, 8 Zhongkang Lu, Shangmeilin, Futian District (8251 0369) 福田区上梅林中康路8号雕塑家园

**Atmosphere** G/F, Shop NO.1, Peninsula Phase 2, Shekou, Nanshan District. (2602 7898) 南山区蛇口半岛城邦2期1号商铺

**Belle-Vue** 37/F Grand Hyatt Shenzhen, 1881 Bao'an Nan Lu, Luohu District (2218 7338) 悦景餐厅, 罗湖区宝安南路1881号深圳君悦酒店37层

**that's Lou Palacio Pizza**, 1/F, No. 40, Block A, Poly Cultural Center, Nanshan District (8628 7109). 帕拉休, 南山区保利文化广场A区40号店铺

**Le Bistro** No. 138 Shopping Park, Mintian Lu, 138, Futian District (8316 9651) 馨迪, 福田区购物公园138号

**PATIO RESTO** No.112 Deep Blue Building, Longcheng Lu, Nanshan District (186 8896 6961) 庭院法式餐厅, 南山区龙城路深蓝公寓112号商铺

**Pipette** 1/F, Intercontinental Shenzhen, 9009 Shennan Dadao, OCT, Nanshan District (3399 3388 ext. 8581) 深南大道9009号华侨城, 深圳华侨城洲际大酒店

**Swallow Nest** 11/F, Nanhai Hotel, 1 Gongye Yi Lu, Nanhai Dadao, Nanshan District (2669 2888 ext. 394) 南海酒店燕巢厅, 南山区南海大道工业一路1号南海酒店9楼

**The Penthouse** 28/F, Hua Le Building, 2017 Shennan Dong Lu, Luohu District (8228 8822) 蓬濠法国餐厅, 罗湖区深南东路2017号华乐大厦28楼

**Vienne French Restaurant** Wuzhou Hotel, 6001 Shennan Dadao, Luohu District (8293 8000) 维埃纳法式餐厅, 福田区深南大道6001号五洲宾馆内

### GERMAN

**that's BIERHAUS** No.117, Seaworld Plaza, Taizi Lu, Shekou, Nanshan Dist. (2669 9591) 德瑞坊啤酒餐厅, 南山区蛇口太子路海上世界广场117号

### INDIAN (SOUTH ASIAN)

**1947** A01, Fazhan Zhongxin Dasha, 2010 Renmin Nan Lu, Luohu District. (82281808) 罗湖区人民南路2010号, 发展中心大厦A01商铺

**Bollywood Cafe** 2055-1 Xi Long Building,

Renmin Nan Lu, Luohu District . (8222 0370) 宝莱坞咖啡, 罗湖区人民南路熙然大厦二楼2055-1

**Bombay Indian Restaurant & Bar** Shop 116, Sea World, Taizi Lu, Shekou, Nanshan District 孟买印度餐厅, 南山区蛇口太子路海上世界117号

**Little India** 1) No.18B, Basement North of Coco Park, No.138 Mingtian Lu, Futian District (8317 4827). 2) 2/F, No.56, Block A, Poly Cultural Center, Hou Haibin Lu, Nanshan District (8655 2106). 3) Shop No.116, Building 6, Nanhai ECOOL, Taizi Lu, Behind Fuzou Hotel, Nanshan District (2686 0020). 小印度, 1) 福田区民田路138号购物公园地下18B 2) 南山区后海滨路保利文化广场A区二楼26号3) 南山区太子路南海意库6栋116号商铺

**Indonesian Seafood Restaurant** Opposite to Hengbo Hotel, Overseas Chinese Town, Nanshan District. (2690 8338) 印尼海鲜餐厅, 华侨城鸿波酒店对面帆荔楼

**Punjabi Indian Cuisine** Jinhu Hotel Basement No. 1006, Hubei Lu, Luohu District (8219 1115) 杰杰比印度料理, 罗湖区湖贝路1006号锦湖宾馆地下室

**Spice Circle Indian Restaurant** 1)G/F Tianjun Mansion, Dongmen Nan Lu (Exit B at Guo Mao metro), Luohu District (8220 2129); 2) Taizi Road (back of Taizi hotel) Shekou (2668 5390); 时派圈印度餐厅, 1) 罗湖区东门南路天俊大厦首层 (地铁国贸站B出口) 2) 蛇口太子路太子宾馆后B座

**TAJ Indian Restaurant** G/F, Southwest Corner, Lianhua Building, Opposite of Carrianna Friendship Square, Renmin Nan Lu, Luohu District (8236 2782) 印度宫廷美食, 罗湖区人民南路联华大厦一楼西南角

### ITALIAN

**Blue** 3/F, Venice Hotel Shenzhen, No. 9026 Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888). 南山区华侨城深南大道9026号深圳威尼斯酒店3楼

**that's Idutang** OCT LOFT, Nanshan District (2691 1826) 一渡堂, 南山区华侨城创意文化园内

**Itali-An** 1/F, Oriental Plaza, Jianshe Lu, Luohu District (8225 7278) 罗湖区建设路东方广场1楼

**Elba** 99/F, St. Regis Shenzhen, No. 5016 Shennan Dong Lu, Luohu District. (8308 8888) 欧尔巴 罗湖区深南东路5016号深圳瑞吉酒店99层

**La Terrazza** 1/F Grand Hyatt Shenzhen, 1881 Baoan Nan Lu, Luohu District (2218 7338) 罗湖区宝安南路1881号深圳君悦酒店1层

**Lavo Bistro & Lounge** 1M/F, Room 1B, Tower 3, Kerry Plaza, No. 1, Zhongxin Si Lu, Futian District (8899 9676; 8255 7462) 福田中心四路一号嘉里建设广场第3栋1M层1B室

**that's Milano Italian Restaurant Bar & Pizzeria** 1/F, Anhui Building, No. 6007 Shennan Dadao, Che Gong Miao, Futian District (83581661). 米兰意大利餐厅, 福田区车公庙深南大道6007号创展中心 (安徽大厦首层)

**Caffe Di Roma Bistrot** No. 37-40 Shang Ye Jie OCT Portofino Nanshan District (2600 3297) 古罗马咖啡馆, 南山区华侨城波托菲诺商业街37-40号

**Mezzo** Level 2, East Wing, Great China International Exchange Square, Fuhua Road, Sheraton Shenzhen Futian Hotel, Futian District (8383 8888) 福田区福华路大中华国际贸易广场大中华喜来登大酒店2楼

**Oliva**, Shop No.5-6, V1 Art Space, Jin Fengcheng Building, No.5015 Shennan Dong Lu, Luohu District (8205 5501) 罗湖区深南东路5015号金丰城大厦V1艺术馆5-6号

**Paletto Italian Restaurant** 2/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Road, Futian District (2222 2222) 福田区福华三路116号深圳丽思卡尔顿酒店2楼

**Prego** 3/F, Crowne Plaza Hotel & Suites Landmark Shenzhen, 3018 Nanhui Lu,

## APRIL 2-4

►WED-FRI

**Concert: Eric Moo**, 8:15pm, HKD1000. The Hong Kong Jockey Club Amphitheatre, The Hong Kong Academy for Performing Arts ([www.hkticketing.com](http://www.hkticketing.com)).

One of the leading artists of the late-'80s/early-'90s xinyao movement in Singapore, Eric Moo is a Malaysian-born singer, songwriter, and producer whose success eventually propelled him to the music epicenter of Taiwan. His popularity peaked during the xinyao movement of the late '80s and early '90s, of which he was one of the leaders. He released his first Cantonese crossover album in 1989 and released a few others during the mid-'90s at the height of his success, but primarily he stuck with the Mandopop market and eventually relocated to Taiwan.

## APRIL 4

►FRI

**Concert: Sounds of Sydney**, 8pm, HKD60-120. Fringe Dairy, Fringe Club ([www.hkticketing.com](http://www.hkticketing.com))

The Acappellicans are the University of Sydney's premier a cappella group. They entertain audiences with a diverse repertoire of covers from various genres including pop and jazz, musical theatre and rock, and even some Disney! Since their formation in 2012, they have taken the Australian a cappella scene by storm with a series of sold-out shows, including at Sydney Fringe Festival and TedX Youth. They are bringing their unique show to the Hong Kong Fringe Club for one performance only, so don't miss out!

## APRIL 5

►SAT

**Concert: Kyary Pamyu Pamyu**, 8pm. HKD585-850. Rotunda 3,6/F, Kowloonbay International Trade & Exhibition Centre ([www.hkticketing.com](http://www.hkticketing.com))

Kyary Pamyu Pamyu started her career as a Harajuku-style fashion model when she was a high school student and has soon become a fashion icon. She released her debut mini album Moshi Moshi Harajuku in 2011. Kyary's unique outfits received remarkable attention, which brought Kyary the opportunity to perform in KOUHAKU UTA GASSEN (Japanese traditional end-of-year TV program) in 2012 and 2013. Her first world tour was a great success and her second album Nanda Collection ranked top on the ORICON weekly chart, selling more than 40,000 copies.

## APRIL 16

►WED

**Drama: Moving Sounds**, 8pm. HKD88-110. Fringe Underground, Fringe Club ([www.hkticketing.com](http://www.hkticketing.com))

When our lives are spinning out of control, we seem to miss a lot of things around us. Let's chill out and connect with the community through story sharing and the dramatic enactment by the Encounter Playback Theatre. This drama will be performed in Cantonese & English and last about 90 minutes.

## APRIL 19-20

►SAT-SUN

**Drama: Love Dies**, 7:30pm. HK70-80. Jockey Club Auditorium, The Hong Kong Polytechnic University ([www.hkticketing.com](http://www.hkticketing.com))

Five 'lonely' young people come together after renting an industrial unit. All of them had experienced love that dies silently and accidentally. This is a story about love, friendship, family and dreams. The show runs for about two and half hours with an interval.

## APRIL 24-26

►THU-SAT



**Concert: Jenny Tseng**, 8:15pm. HKD680. The Hong Kong Jockey Club Amphitheatre, The Hong Kong Academy for Performing Arts ([www.hkticketing.com](http://www.hkticketing.com))

Jenny Tseng, mostly known in Cantonese-speaking regions as Yan Nei, is a Macau-born singer and actress who's been based in Hong Kong for much of her career. Her father is Austrian while her mother is Chinese. Her repertoire includes both Cantonese and Mandarin songs. She recorded several duets with Roman Tam, including music from the 1982 TVB TV series The Legend of the Condor Heroes.

## APRIL 29

►THE

**Concert: Bullet for My Valentine**, 8:30pm. HKD480-750. Star Hall, Kowloon Bay International Trade & Exhibition Centre ([www.hkticketing.com](http://www.hkticketing.com))

Bullet for My Valentine is a Welsh heavy metal band from Bridgend, formed in 1998. The band is composed of Matthew Tuck (lead vocals, rhythm guitar), Michael Paget (lead guitar, backing vocals), Jason James (bass guitar, backing vocals), and Michael Thomas (drums). They formed under the name Jeff Killed John, and started their music career by covering songs by Metallica and Nirvana. The band has stated that their music is influenced by classic metal acts such as Metallica, Iron Maiden, and Slayer. Now, they are part of the Cardiff music scene.

Luohu District (8217 2288) 罗湖区南湖路3018号深圳富苑皇冠假日套房酒店3楼

**red Rock** G/F, Shop No.7, Xinhe Shopping Plaza, Nanhai Dadao, Nanshan District (8629 3803). 红岩意大利餐厅, 南山区南海大道信和自由广场一楼L1S-07商铺

**The Spaghetti House** 1)Shop 399, 3/F, The Mix City, 1181 Bao'an Nan Road, Luohu District (8266 8006) 2)Shop FL1014, L1/F, Central Walk, Fu Hua Yi Lu, Futian District (8280 1060) 3)Shop 258, 2/F, Coastal City, Hai De Yi Lu, Nanshan District(8635 9622) 意粉屋, 1) 罗湖区宝安南路1881号华润中心万象城三楼399号商铺 2) 福田区福华一路3号中心城L1层FL1014号铺(会展中心地铁口B出口) 3) 南山区海德一路海岸城购物广场2楼258号铺

**The Grill & Bar** 2/F, Four Points by Sheraton Shenzhen, No.5 Guihua Lu, Futian Free Trade Zone, Futian District (8358 8662). 扒房·酒吧, 福田区保税区桂花路5号深圳福朋喜来登酒店2楼

**The Top** 5/F, Building 1, Nanhai E-Cool, Sea World, Shekou, Nanshan District (2688 1132) 南山区蛇口海上世界南海意1号楼5层

**Trattoria Italiana Da Angelo** 1) No.113, B2, Nanshan Guest House, Taizi Lu, Shekou, Nanshan District. (2682 5927) 2) L226-227, Excellence Century Plaza, Tower 4, Intersection of Haitian Lu and Fuhua Lu, Futian District. (2531 3842) 3) G/F, Building 12, OCT Bay, No.8 Baishi Lu Dong, Nanshan District (8654 1060) 艾嘉路意大利餐厅, 1) 南山区蛇口太子路南山宾馆113B2. 2) 福田区海田路与福华三路交汇处卓越世纪中心4号楼二区商业层L226,227号商铺 3) 南山区白石路东8号欢乐海岸曲水湾12栋1楼

**Vista Lago** 1/F, Interlaken OCT Hotel Shenzhen, OCY East, Dameisha, Yantian District (8888 3333) [www.interlakenochothel.com](http://www.interlakenochothel.com) 花园餐厅, 盐田区大梅沙东部华侨城茵特拉根酒店

## JAPANESE

**Banzai-Ya Japanese Dinning** G/F, Hai Yang Ge, Hai Bin Garden, Xinghua Lu, She Kou, Nanshan District (2683 3090) 万菜屋, 蛇口工业区海滨花园海阳阁1楼

**Chitose Family Restaurant** Inside Jusco, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2894 2208) 千登世, 福田区深南中路1095号中信城市广场吉之岛内

**Fu Qing Japanese Restaurant** 4/F, Qiu Shi Dasha, Zi Zhu 7 Dao, Zhu Zi Lin, Futian Dist. (8282 2302) 莽庆日本料理, 福田区竹子林紫竹7道求是大厦裙楼412-416

**Hele Japanese Cuisine** 126, Binfen Holiday Shop, Nanyou Dadao, Nanshan District (2606 9163) 和乐日本料理, 南山区南油大道缤纷假日商舖126号

**Isaribi** 136 Eest Binfen Holiday Street, Nanguang Lu (2605 8376) 渔火铁板烧日本料理, 南光路缤纷假日商业街东136号

**Japan Fusion** 2,3/F World Financial Center, 4003 Shennan Dong Lu, (8266 6688) 中森名菜, 深南东路4003号世界金融中心二、三樓

**Kyoku Japanese Cuisine Restaurant** No.17 Qushui Bay, OCT Bay, No.8 Baishi Dong Lu, Nanshan District (8654 1122). 南山区白石路东8号欢乐海岸曲水湾17栋

**Kamii Restaurant** 1) 6/F, King Glory Plaza, Luohu District. (8261 1001) 2) G/F, Central Walk, Futian District. (8278 0059) 3) 3/F, Kingkey Banner Center, intersection of Bai Shi Lu and Sha He Dong Lu, Nanshan District. (8628 6060) 上井精致日本料理 1) 罗湖区人民南路金光华广场楼2) 福田区怡景中心城G层 3) 南山区红树林白石路京基百纳广场3楼45号

**Kamado** Shop 319, 3/F Coast City, Haide Road 1, Nanshan District (8635 9792) 上井日本料理, 南海德一道海岸城3F319店舖

**Kenzo Teppanyaki** 25/F, Grand Mercure Oriental Ginza Hotel, Zhuzhulin, Shennan Boulevard, Futian District (8302 9564 ext.88661) 銀座铁板烧餐厅, 福田区深南大道

竹子林东方银座美爵酒店25楼

**Momiji** 3/F Holiday Inn Donghua Shenzhen, Donghua Park, Nanhai Lu, Nanshan District (8619 3999) 米西索加, 南山区南海大道东华南2307号东华假日酒店3楼

**Nishimura** 1/F, Marco Polo Shenzhen, Fuhua Yi Lu, Futian District (8298 9888) 西村日本料理, 福田中心区福华一路深圳马哥孛罗好日子酒店1楼

**Osaka Japanese Restaurant** 1/F Swallow Hotel, Jiabin Lu, Luohu District (8220 0364) 大阪日本料理店, 罗湖区嘉宾路海燕大酒店1楼(金光华对面)

**Sakana-Ya Japanese Dinning** 4/F, Oriental Plaza, Jiانشu Lu, Luohu District (8228 0778) 酒菜屋, 罗湖区建设路东方广场4楼

**Shizuku** 2/F, JW Marriott Hotel, 6005 Shennan Blvd, Futian District (2269 8231) 福田区深南大道6005号金茂深圳JW万豪酒店2楼

**Sushi Chef TING** 1) Shop150, Coastal City, Nanshan Dist.(8635 9662) 2)G/F New Srtree Plaza, Nanhai Da Dao, Nanshan District (2606 3639) 3)G/F, Xinwan Jia Surpermarket, Jintian Lu, Futian District (3333 1202) 寿司师傅回转寿司, 1) 南山区海岸城美食家150铺 2) 深圳南山区南海大道新街口广场首层(近东滨路) 3) 深圳福田区金田路兴万家超市首层

**Sushi Oh Restaurant** L318 Shop, Jusco Store, Basement, CITIC Plaza, Futian District (2594 0928) 寿司屋, 福田区中信广场负层吉之岛L318铺

**Sushi King** 1/F, Coastal City, Nanshan District (8635 9765) 寿司王, 南山区海岸城购物广场一楼149号商铺

**Tairyō** 1) 4/F, Citic City Plaza East, 1095 Shennan Zhong Lu, Futian District. (2594 1767) 2) A3, Poly Cultural Centre, Nanshan District (8628 7232) 3) 3/F, Holiday Plaza, Shennan Lu, Nanshan District. (86298266) 大渔铁板烧, 1) 福田区深南中路1095号中信城市广场东区四楼2) 南山区保利文化广场A区3楼 3) 南山区深南大道9028号益田假日广场L3楼

**Togetsukyo** 51/F, Hilton Panglin Hotel, Jiabin Lu, Luohu District (2518 5888 ext.3908) 渡边桥日本餐厅, 罗湖嘉宾路2002号希尔顿彭年酒店51楼

**Traditional Japanese Food** 4/F, the Citic City Plaza, 1095 Shennan Zhong Lu, Futian District (2594 4333) 福田区深南中路1095号中信城市广场4楼

**Watami** 1)4/F The Mix City Plaza,1881 Bao'an Nan Lu, Luohu District (8266 8311) 2)Coco Park, Fuhua San Lu, Futian District (8831 5543) 和民日本料理, 1) 罗湖区宝安南路1881号华润中心万象城4楼2) 深圳福田区福华三路星河购物中心2楼

**Waterwheel** 3/F Tianan Cyber Bldg, Tianan Cyber Park, Futian District (8830 2918) 水车坊日本料理, 福田区天安数码城天安数码时代大厦3楼

**Wine De Yoshi** 2/F, Bldg 2, Zone A, Sea World, Shekou, Nanshan District (2602 8875) 南山区蛇口海上世界A区2号楼2楼

**Ying Ting** 1/F, Hai Jing Plaza, 18 Taizi Lu, Shekou, Nanshan District (2681 1031) 樱亭日本料理, 南山区蛇口太子路18号海景广场1楼

**Zetian Chuan Sushi** 1-2/F, 104 Fuhua Lu, Futian District (8303 8002) 泽田川寿司, 福田区福华路104号1-2楼

## LATIN AMERICAN

**Amigos Restaurant and Bar** 1) Shop E6,G/F, Carriana Friendship Center, Renmin Nan Lu, Luohu District (6133 9993) 2) 1/F, Hong Long Hotel, Sea World, 32 Taizi Lu, Shekou, Nanshan District (2683 5449) 欧蜜戈墨西哥餐厅 1) 罗湖人民南路佳宁娜广场1楼E06商铺 2) 南山区蛇口3号太子路海上世界湾隆公寓首层

**Senor Frogs** No.57, Rose Garden Phase 2, Seaworld, Shekou, Nanshan District. (2667



1155) 南山区蛇口玫瑰园二期57号

**Tequila Coyote Cantina** Shop 113, Seaworld, Shekou, Nanshan District. (26836446) 2) No.152 the north of Coco Park, Futian District. (8295 3332) 仙人掌餐厅, 1) 南山区蛇口海上世界商厦113号 2) 福田区福华路138号购物公园152号

MUSLIM

**that? Dewan-e-Khass** (beside ICBC, near 92 degree coffee) 1/F, Shang Bu Ai Hua Market, 98# Nan Yuan Lu, Futian Dist. (8363 9552) 帝王娜, 福田区南园路98号(爱华市场一层工商银行旁)

**Indus Kitchen** G/F Luohu Bldg (opposite Century Plaza Hotel), 4012 Chunfeng Lu, Luohu District (8217 2783) 印达斯小厨, 罗湖区春风路4012号罗湖大厦首层

**Muslim Restaurant** 2013 Wenjin Nan Lu, Luohu District (8225 9664) 穆斯林餐厅, 罗湖区文锦南路2013号

**Northwest Leader Muslim Restaurant**, G/F, No.111-115, Mei Lin Lu, Jin Feng Garden, Futian District (8313 8895). 西北领头羊清真馆, 福田区梅林路111-115号金丰花园首层

**Tarim River Xin Jiang Restaurant**, 2/F, No.53 Bin Jiang Xin Cun, Dong Yuan Lu, Futian District, Shenzhen (0755-25870698). 塔里木河新疆餐厅, 深圳市福田区东园路滨江新村53号2楼

OTHER CHINESE

**Art/Taste** 1/F, Building A3, North of OCT LOFT, Overseas Chinese Town, Nanshan District (2603 7966). 艺味味觉, 南山区华侨城创意园北区入口A3楼一楼

**China Spice** 4/F Four Points by Sheraton Shenzhen 5 Guihua Lu, Futian District (8359 9999-88652) 福田保税区桂花路, 深圳福朋喜来登4层

**Din Tai Fung** 1) 3/F, Carrianna Friendship Square, Renmin Nan Lu, Luohu District. (6130 8688) 2) No.103, Beihuan Lu, Shajing Town, Bao'an District (2988 2268) 3) B2/F, King Glory Plaza, Renmin Nan Lu, Luohu District. (8261 1598) 鼎泰丰, 1) 罗湖区人民南路佳宁娜友谊广场3楼 2) 宝安区沙井镇北环路103号 3) 罗湖区人民南路金光华广场负2层

**El Chino Intercontinental** Shenzhen, OCT, 9009 Shennan Dadao, Nanshan District (3399 3388 ext.8599) 华腾中餐厅, 深圳大道9009号华侨城深圳华侨城洲际大酒店C楼

**Futian Carrianna Chinese Restaurant** 3/F, Marco Polo Shenzhen, Fuhua Yi Lu, Futian District (82728001/82728002) 福田佳宁娜中餐厅, 福田中心区福华一路深圳马可波罗罗好日子酒店3楼

**Guiyou Beijing Cuisine** 2/F, Taiwan Garden, Futian Dist. (8224 2318) 贵友京菜馆, 福田区巴丁街台湾花园2楼

**Grey Wolf** 1) Shop A107, Ecological Plaza, OCT West, Nanshan District.(2692 5700) 2) G/F, Shenzhen Central Book City, Fuzhong Yi Lu, Futian District. (8276 5036) 大灰狼餐厅, 1) 南山区华侨城西街生态广场A107 2) 福田区福中一路中心书城南区1楼

**Honeycomb Chinese Restaurant** 3/F, Zone A, Poly Cultural Plaza, Haide San Lu, Nanshan Dist. (8628 7871) 蜂巢印象中餐, 南山区海德三道保利文化广场A区3楼

**Hutong** A105, Ecological Plaza, Overseas Chinese Town, Qiaocheng Dong Lu, Nanshan District (2660 8184) 胡同 南山侨城东路区华侨城生态广场A105

**Lijiang River Restaurant** Room 301, East market, Shantou Jie, OCT, Nanshan District 福田区福华三路购物公园3楼

**Man Ho JW Marriott Hotel**. 6005 Shennan Blvd. Futian District (2269 8200) 蜂巢印象中餐, 福田区深南大道6005号金茂深圳JW万豪酒店

**My Noodle** No. 104, Building F1, OCT Loft,

Nanshan District (8610 2584) 南山区华侨城东部文化创意产业园F-1栋104号

**Museum Civil Ceramic Pot Simmer Soup** 1) 77 Huafa Bei Lu, Futian District (8376 7999) 2) 99 Huafa Bei Lu, Futian District (8376 7666) 3) Xiangqing Bldg., Chunfeng Lu, Luohu District (8239 6222) 4) 23, Zhonghang Lu, Futian District (8399 1888) 5) Block 1, Zhongxing Industrial City, Nanshan District (2605 5111) 1) 福田区华发北路77号 2) 深圳市福田区华发北路99号 3) 罗湖区春风路向贵楼 4) 福田区中航路23号 5) 南山区创业中兴工业城一栋

**Neighbourhood** 1-22 Xiangshan Zhong Jie, Portofino, OCT, Nanshan District. (8608 0303) 邻舍私房家宴 南山区华侨城波托托诺香山中街1-22

**Old Captain** 1/F, Yihua Building, Block 617, No.1 Bagua Lu, Futian Dist. (2592 6266) 老船长饮食, 福田区八卦一路617栋艺华大厦首层

**Prince Kitchen Cuisine Creative** 5-6/F, Citic Plaza, 1095 Shennan Zhong Lu, Futian District (2598 8333/2598 8666) 王子厨房, 福田区深南中路1095号中信广场5-6楼

**ROMANTIQUE** 1/F, Shenzhen Theater, Xin Yuan Lu, Dongmen, Luohu District. (8223 7890). 罗湖区新园路东门深圳戏院一楼

**Shang Palace** 2/F, Shangri-La Hotel (east of Railway Station), 1002 Jianshe Lu, Luohu District (8233 0888) 香宫, 建设路1002号(火车站东侧)香格里拉酒店2楼

**The Orchard** 4/F, The Pavilion, 4002 Huaqiang Bei Lu (8207 8888-8299) 馥轩中餐厅, 华强北路4002号圣廷苑酒店四楼馥轩中餐厅

**The Purple** No.8 Baishi Lu Dong, OCT Bay, Nanshan District. (8315 2999) 紫苑 南山区欢乐海岸白石路8号

**Xi'an Lao Jia Restaurant** 1) Opposite to Sangda Bldg., Huafa Bei Lu, Futian District (8332 2779) 2) 1/F Western side of Zhanghang Yuan Nanguang Bldg., Futian District (8324 6606/8368 9789) 西安老家餐馆, 1) 燕南路中部西侧兰天路1号 2) 中航苑南光大厦西侧首层

**Yi Zhou Conceptual Conjee House** F3 Building, Industrial Park (East), OCT, Nanshan District (8609 5307) 南山区华侨城创意文化园E3栋菓客空间

**Zhuo Yue Xuan** 3/F, Four Seasons Hotel Shenzhen, 138 Fuhua San Lu, Futian District (8826 8800) 卓粤轩, 深圳四季酒店3楼, 福田区福华三路138号

VIETNAMESE



Offering the excellent range of Vietnamese cuisine, all at a reasonable price and served in a relaxing environment, this is a solid option to satisfy cravings, pho sure.

**Let's Viet** Shop B26C, Link City Passage, Near Coco Park, Futian District 越品, 福田区连城新天地B26C 商铺 (8255 7048)

**Let's Viet** Poly Cultural Plaza, Houhai, Nanshan District 越品, 南山区后海保利文化广场A2-39 (8628 7826)

OTHER WESTERN

**360°Bar, Restaurant & Lounge**

31/F,Shangri-La Hotel (east of Railway Station),1002 Jianshe Lu, Luohu District (8396 1380) 360° 西餐酒廊, 罗湖区建设路1002号(火车站东侧)香格里拉大酒店31层

**Acaly'Do** 1/F Citic Mangrove Bay, Near Shahe Gf, Shahe Dong Lu, Nanshan District (8626 8176) 南山区沙河东路中信红树湾首层沙河高尔夫斜对面

**Atmosphere** No.1 Shop, Peninsula Phase 2, Shekou, Nanshan District. (2602 7898) 深圳市南山区蛇口半岛城邦2期商铺1号

**Atmosphere, Luohu.** Shop 368, 3/F, Block B, Phase Two, MixC, Luohu District. (2227 7788) 喜悦, 罗湖万象城二期B座3楼

**Belle-Vue** 37/F Grand Hyatt Shenzhen, 1881 Bao'an Nan Road, Luohu District (2218 7338) 悦景, 罗湖区宝安南路1881号深圳君悦酒店37层

**Burger King** 2) No.108, Basement-1, KK Shopping Mall, KK Financial Centre, Luohu District (8202 5622) 3) 2nd Floor, Sang Da Building, (opposite of Moi) Hua Qiang Bei, Futian District. (8202 4922) 4) L2C-002, 2/F, CoCo Park. No.269, Fuhua San Lu, Futian District. (21515526) 汉堡王, 2) 罗湖区菜屋围京基金融中心之京基百货空中负一楼108号 3) 福田区华强北桑达大厦2楼 (茂业百货对面) 4) 福田区福华三路269号cocopark2楼 L2C-002号铺

**Casablanca** Seaworld Plaza, Hai Bin Commercial Building Shop 118, Shekou, Nanshan District (2667 6968) 卡萨布兰卡餐厅, 南山区蛇口兴华路海滨花园商业中信1栋首层118-120

**Caesar Restaurant** 2/F, Lidu Hotel, Guangfa Bldg., 2007 Dongmen Nan Lu, Luohu District. (8225 9988 ext. 244) 凯撒咖啡西餐厅, 罗湖区东门南路2007号广大大厦都酒店2楼

**Calio Restaurant & Cocktail Wine Bar** Shop 055, 2/F, Coco Park, Fuhua San Lu, Futian District (2531 3838) 卡里奥西餐厅, 福田福华三路星河购物公园二楼055

**City Steak Emperor** 229, 2/F, North Shenzhen Book City, Hongli Lu, Futian Dist. (2399 2133) 城市扒王, 福田区红荔路深圳书城北区2楼229号

**Double Star Cafe** 2/F, King Glory Plaza, Renmin Nan Lu, Luohu District (8261 1808) www.doublestar.com.hk 帝王星, 罗湖区金光华广场2楼

**Danube** 1/F, Vienna Hotel, 73 Fuhua Lu, Futian District (8398 1688, 8398 6993) 多瑙河西餐厅, 福田区福华路73号维也纳酒店1楼铺

**Four Seasons Dining Room** No. 105, Haibin Business Center, Sea World, Shekou, Nanshan District 南山区蛇口海上世界海滨商业中心105号 (近麦当劳) (2689 3986)

**Friday Cafe** G/F, Xinxing Square, Diwang Bldg, 5002 Shennan Dong Lu, Luohu District (8246 0757) 星期五西餐厅, 罗湖区深南东路5002号地王大厦信兴广场首层111号

**Grape**, No.1 Yanshan Lu, Shekou, Nanshan District (2668 7777). 葡逸餐厅, 南山区蛇口沿山路1号

**Grange Grill** 25/F, The Westin Shenzhen Nanshan, No. 9028-2, Shennan Dadao, Nanshan District (8634 8431). 威斯汀扒房, 南山区深南大道9028号-2深圳益田威斯汀酒店25层

**Greenery Cafe** 3/F, Hualianfa Bldg, No.2006 North Huaqiang Street, Futian District (8399 8828, 8399 8118) 绿茵阁, 华强北商业街2006号华联发大厦三楼

**HH Gourmet**, Shop 43B, Nanhai Rose Garden II, Gong Yuan Nan Lu, Nanshan District (2683 9259). 丛欢西餐厅, 公园南路南海玫瑰园二期43B商铺

**IN dining&lounge** G/F, Houhai Gongguan, Houhai Dadao, Nanshan District (2689 0689) In餐厅, 南山区后海大道蓝天下后海公

馆商铺首层In餐厅

**LSD** F1-105A, OCT Loft, En Ping Jie, Nanshan District. (8610 6344) 速食, 南山区华侨城文化创意园F1-105A

**Made in Kitchen** 7/F, Kingglory Plaza, 2028 Renmin Lu, Luohu District (8261 1899) 厨房制造, 罗湖区人民南路2028号金光华广场7楼

**that? McCawley's Irish Bar & Restaurant** Shop 118, Sea World, Shekou, Nanshan District (2668 4496) 麦考利爱尔兰酒吧, 南山区蛇口海上世界广场118号

**McCawley's Bar & Grill** Shop No.109, Building 7, Rose Garden Phase III, Shekou, Nanshan District (2667 4361). 南山区蛇口南海玫瑰园三期7号楼109号商铺

**Mama's** No.110-111 Sea World, Shekou, Nanshan District. (2686 2349) 南山区蛇口海上世界110-111号商铺

**May Flower Restaurant** 2/F, the IV Commerce City, Azure Coast, Houhai Dadao, Nanshan District (2649 8033/2649 022) 五月花餐厅, 南山区后海大道蔚蓝海岸四期商贸城2楼

**One Steak** 1) 1/F Hongling Building, 1045 Shennan Zhong Lu, Nanshan District (2586 6333) 2) L3-1, 9028-2 Shennan Lu, Holiday Plaza, Nanshan District (8629 8729) 玉晶台盟牛排, 1) 深南中路1045号红岭大厦1楼 2) 南山区深南大道9028-2号益田假日广场3楼

**Rapsallions** No.138, Gou Wu Gong Yuan, Mintian Lu, Futian District. (8359 7131) 瑞布斯 福田区民田路购物公园北园138号

**Parkhaus** B1S/002-006, Galaxy Coco Park, Futian District (8290 3241) 芝士坊西餐厅, 福田区Coco park购物公园B1S/002-006

**Poseidon Restaurant & Bar**, No.13, Costal Rose Garden III, Jin Shiji Lu, Shekou, Nanshan District (2160 9519) 波塞冬西餐酒吧, 南山区蛇口金世纪路南海玫瑰园三期13号

**Paiza Bistro & Lounge**, No.110, Peninsula I, Jin Shiji Lu, Shekou, Nanshan District (2668 7055) 南山区蛇口金世纪路半岛城邦一期110号

**Romas Bar & Grill** Block B, at the back of Tai Zi Hotel, Taizi Lu, Shekou, Nanshan District (2683 8492, 2683 8491) 罗马西餐厅, 南山区蛇口太子路太子宾馆后B座

**Seattle Café** #38, 1/F, Holiday Garden, Nanshan District (near Holiday Inn) (2606 4862) 西雅图西餐扒房, 南山区缤纷假日花园1层38号(东华假日酒店旁)

**Sky Paradise** 50/F, Hilton Panglin Hotel, Jiabin Lu, Luohu District (2518 5888) 罗湖区嘉宾路2002号希尔顿彭年酒店50楼

**Stonegrill** L1021-L1022, No.3 Fuhua Yi Lu, Futian District 石头烧福田区福华一路怡景中心城L1021尚铺 (8276 5289)

**Subway** 1) FL1004, 1/F, Yijing Central Walk, No. 3 Fuhua Yi Lu, Futian District. (8280 1186) 2) Store B14, Basement, Gouwu Gongyuan Metro Shopping Mall, Futian District. (8329 2299) 1) 福田区福华一路怡景中心城一楼西侧FL1004号铺 2) 福田区购物公园负一楼地铁商业广场B14

**Super Steak** 3/F COCO Park, Fuhua San Lu, Futian District (2531 3998) 超级牛扒, 福田区福华三路Coco Park 3楼

**Take Seafood Supermarket** No. 103, Zone A, Sea World, Shekou, Nanshan District (2160 2378) 南山蛇口海上世界船前广场A区103号

**Taste** 3/F, Four Points by Sheraton, 5 Guihua Lu, Futian District (8359 9999 ext.88667) 桂花酒店, 福田保税区桂花路5号福朋喜来登酒店3楼

**Tasty** 1/F International Finance Center, 4003 Shennan Dong Lu, Futian District (2598 1298, 2598 1299) 火腿牛排, 深圳市深南东路4003号世界金融中心1F

**Tequila Coyote's Cantina** 1) Shop 113A, Seaworld, Taizi Lu, Shekou, Nanshan District (2683 6446) 2) Shop 150, Opposite CoCo Park, Futian District (8295 3332) 1)

APRIL 5  
SAT



**Concert: Justin Tough**, 8pm. MOP200-788. Cotai Arena, The Venetian Macao (www.venetianmacao.com) Justin, the all-round talented Hong Kong pop star/ singer-song-writer, is coming to take to the stage at Cotai Arena. The musical genius became an overnight sensation after the self-titled platinum-selling debut album Justin Tough Live World Tour, one more concert was held three months later due to high demand in Hong Kong 2013. The multiple award-winning pop star will continue to surprise audiences with his remarkable voice and overwhelming performance.

APRIL 12  
SAT

**Concert: The Wynners**, 8pm. MOP380-1168. Cotai Arena, The Venetian Macao (www.venetianmacao.com) Hong Kong legendary pop band – The Wynners, formed by Alan Tam, Kenny Bee, Bennett Pang, Danny Yip and Anthony Chan in the 1970s, The Wynners have become one of the most iconic and popular rock bands in the Chinese community worldwide, delighting teens with hit tunes like Sha La La, Accompany Her, A Thousand Years Unchanged and L.O.V.E.. The legendary group of artists will continue to thrill fans and bring along their positive energy and stage charm!

APRIL 26  
SAT



**Concert: Stacey Kent**, 7:45pm. MOP180-468. Venetian Theatre, The Venetian Macao (www.venetianmacao.com) Renowned contemporary American jazz singer Stacey Kent will perform at The Venetian Theatre. Kent's album The Changing Lights has been described as a "recreational break" or

"sound postcard." Her sensitive qualities as a musician are displayed in a collection of Brazilian-inspired songs, and Kent will bring her silky voice and soft tunes to Macao audiences

MAY 3  
SAT

**Concert: G.E.M. X.X.X** 8pm. MOP280-1368. Cotai Arena, The Venetian Macao (www.venetianmacao.com) Hong Kong pop music sensation and recent contestant of China's popular reality show I Am a Singer, G.E.M. is returning to the Venetian in Macao after her 2011 Macao debut. G.E.M. is bringing infinite possibilities and surprises to the Cotai Arena with a gigantic LED screen together with myriad lighting effects, including a surreal stream punk-themed scene in Victorian style, and a party scene back in the 70s to "get everybody moving." The Cantopop singer will also perform her number one hits to captivate fans, and show-off her drumming and guitar skills on stage.

## ONGOING

**Exhibition: Hong Kong & Macau Illustrations**, MOP5 (free on Sundays and public holidays), 10am-5pm (closed on Mondays, until Apr 12). Macao Museum of Art (www.mam.gov.mo)

Macao Museum of Art organized this exhibition to promote the local illustration industry and encourage more young talent to show creativity through sketching and doodles, which brings together 75 pieces of works from 10 illustrators from Hong Kong and Macau. As the artists have different careers, educational backgrounds and cultural influences, the works exhibited are highly diverse, with distinct and thought-provoking styles.

**Exhibition: Landscape Paintings of 20th Century Macao**, MOP5 (free on Sundays and public holidays), 10am-5pm (closed on Mondays)

Landscape paintings are not only depictions of scenic views, but also reflections of artists' feelings. A total of 68 landscape paintings of Macao are being exhibited at this exhibition including sketches, watercolor paintings and oils. George Smirnoff, Chio Vai Fu, Kam Cheong Ling, Herculan Estorinho, Luis Luciano Demée and Adolfo C. Demée are among the authors of the displayed works. Their pieces serve as a vivid history class to illustrate what Macau was like in the 20th century.

**Exhibition: Macao Scenario - Animamix Biennale 2013-2014**, MOP5 (free on Sundays and public holidays), 10am-5pm (closed on Mondays) This exhibition features more than 100 pieces from 23 local artists, including paintings, installations, photography, 2D and 3D animation, digital paintings, sculpture, ceramics, and graffiti art. It also has a dedicated 'YOUTH Animation' section, showcasing the nine top animations by Macao artists - mostly Macao's young generation.

## LISTINGS

南山区蛇口太子路海上世界113A铺2) 福田区朝阳公园150号

**Clare's Restaurant** Shop 101-3, World Finance Center, 4003 Shen Nan Dong Lu, Luohu District 深圳罗湖区深南东路4003号世界金融中心裙C101-3 (麦当劳旁边) (188 9836 7762)

**The Grill & Bar 2/F**, Four Points by Sheraton Shenzhen, No.5 Guihua Lu, Futian Free Trade Zone, Futian District (8358 8662). 扒房·酒吧。福田区保税区桂花路5号深圳福朋喜来登酒店2楼

**The Grill 2/F**, Hilton Shenzhen Shekou Nantai, 1177 Wanghai Lu, Shekou, Nanshan District (2162 8888) 南山区蛇口希尔顿南海酒店2楼, 南山区望海路1177号

**The Lounge 33/F** Grand Hyatt Shenzhen, 1881 Baoan Nan Road, Luohu District (2218 7338) 罗湖区宝安南路1881号深圳君悦酒店33层

**Fresco International Tapas Bar** Shop 22, Rose Garden Phase II, Wanghai Lu, Nanshan District 深圳蛇口南海玫瑰园二期22号 (2161 9908)

**that's The Kitchen** North Coco Park, 144 North Mingtian Lu, Futian District (2531 3860) 现场厨房, 福田区民田路城建博物馆138号

**The Village** No.108-109 Haichang Jie, Shekou, Nanshan District.(2685 0910). (close to A-best Supermarket). 南山区蛇口海昌街高尚国际裙楼108-109号铺

**West Steak House 2/F**52 Jiefang Lu, Luohu District (8229 9139) 西部牛扒城, 3) 罗湖区解放路52号2楼

## PIZZA

Appetizing, tasty, and aromatic. These are the just some of the words used to describe Lou Palacio's authentic French-style pizza. Let your taste-buds journey to Provence at Nanshan's premiere pizzeria.

**that's Lou Palacio Pizza**, 1/F, No. 40, Block A, Poly Cultural Center, Nanshan District (8628 7109). 帕拉提, 南山区保利文化广场A区40号店铺

**that's NYPD Pizza** 1) FL-1015 Store, Central Walk, Fuhua 1 Lu, Futian District. (8887 6973). 2) Sea Dynasty Store No.26 Hai Chang Jie, Shekou, Nanshan District. (Near A.Best) (8887 6973). 3) No.3085-10 Shennan Dong Lu, Luohu District.(8887 6973).137 9847 1160). 纽约披萨1) 福田区福华一路中心城FL1015商铺; 2) 南山区蛇口海昌街高尚国际裙楼26号铺 (近新一佳); 罗湖区东门深南路3085-10号

**Willy's Crab Shack** 18 Shiyun Lu, Shekou, Nanshan District 深圳市南山区蛇口新街石云路18号 (8827 8002) www.willyscrabshack.com

**Kiwi Pizza** Shop46B, Costal Rose Garden Phase II, No.32 Wanghai Lu, Shekou, Nanshan District.(2160 1583). 维奇披萨 南山区蛇口望海路32号南海玫瑰园二期46B商铺

**Papa John's Pizza** 1) 1/F, F2.6 Tianzhan Building, Tian'an Industry Plaza, Futian District. 2) Unit 149, 1/F, Coastal City, Nanshan Business & Culture Center, Nanshan District. 3) 2/F, Soho Coco Park, No.3 Fuhua Lu, Futian District. 4) 1/F, 115B, Garden City Commercial Centre, Nantai Dadao, Nanshan District. 5) 1/F, TT International Area, Lianhua Lu, Futian District. 6) 1/F, Hubei Baofeng Building, 1054 Bao'an Nan Lu, Luohu District. 7) 3/F, Manha Shopping Plaza, Haqiang Bei Lu, Futian District. 8) 2/F, Luohu Culture Center, Renmin Bei Lu, Luohu District. 9) Unit A1-14, 1/F, Poly Culture Centre, Nanshan Business & Culture Center, Nanshan District. 棒约翰 1) 福田区天安数码城天展大厦F2.6栋1楼 2) 南山区商业文化中心海岸城一层149号商铺 3) 福田区福华三路购物公园2楼 4) 南山区南海大道花园城商业中心115B 5) 福田区莲花路TT国际街区首层 6) 罗湖区宝安南路1054号湖北宝丰大厦首层 7) 福田区华强北路曼哈购物广场3楼 8) 罗湖区东门步行街人民北路罗湖文化中心2楼 9) 南山区南山商

业文化中心区保利文化广场A1-14号

## SHANGHAISE

**Hujiangxuan Shanghai Restaurant** No.4018, Jiabun Lu, Luohu District (2567 0000 ext.6388) 沪江轩上菜馆, 罗湖区嘉滨路4018号新时代酒店1楼

**Jiangnan Garaden** Shenzhenair International Hotel, 6035, Shennan Dadao, Futian District (8881 9999 ext.6720) 江南春, 福田区深南大道6035号深航国际酒店2楼

**Liu Yuan** Shop 303, 3/F, The Mixc City, 1881 Bao'an Nan Lu, Luohu District (8269 1333) 留园饭店, 深圳罗湖区宝安南路1881号华润中心万象城303铺

**Shanghai Restaurant 68**, Jinrong Lu, Sha Tou Kou, Yantian District (2555 8290) 盐田区沙头角金融路68号

**Yu Yuan Shanghai Cuisine** No.411, 4FL, Citic City Plaza, Shennan Zhong Lu, Futian District (2594 3228) 豫园上海饭店, 深南中路1095号中信城市广场4楼111号近南园路口

## SICHUAN

**Ba Shu Feng 1)** 1-2/F, 405, Sangda Block, Zhenxing Lu, Futian Dist. (8324 6874) 2) 2/F, Yuehai Market, Longcheng Lu, Nanshan Dist. (2649 2707) 3) No.34, Aiguo Lu, Luohu Dist. (2568 0388) 巴蜀风, 1) 福田区振兴路7号桑达小区405栋1-2楼 2) 南山区龙城路粤海综合市场2楼 3) 罗湖区爱国路1041号

**Chuan Xiang Lou 2/F** Sichuan Mansion, No.2001 Hongli Lu, Futian District (8367 3661). 川香楼, 福田区红荔路2001号四川大厦2楼

**Dou Hua Gong Fang 5/F**, The Mixc City, 1881 Bao'an Nan Lu, Luohu District (8266 8439) 豆花工房, 罗湖区宝安南路1881号华润万象城5楼

**Fonsun Sichuan Restaurant** Shop29-30, Sea World, Shekou, Nanshan District (2685 0566) 蛇口海上世界广场29-30号商铺

**Zidu Sichuan Restaurant** 1) No.101-102, old coco park, Mintian Lu, Futian Dist. (besides Marco Polo & McDonalds) (2801 1122) 2) 2) 3/F, Block A, Poly Cultural Centre, Hou Haibin Lu, Nanshan District (8602 4588) 子都, 1) 深圳福田民田路9号城建博物馆101-102 2) 南山区后海滨路保利文化广场A区3楼

## SOUTHEAST ASIAN

**Banana Leaf South Asia Restaurant** B1/F, The Citic City Plaza, 1095 Shennan Zhong Lu, Futian District (8887 3338) 蕉叶南亚汇餐厅, 深圳福田区深南中路1095号中信城市广场负1楼

**Banana Leaf Asian Cafe & Bar** C-076-077, Coco Park, Fuhua 3 Lu, Futian District (8284 6655) 蕉叶南亚店, 福田区coco park酒吧街L1-C-076-077

**Coriander G/F**, InterContinental Shenzhen, No. 9009 Shennan Dadao, Overseas Chinese Town, Nanshan District (3399 3388) 莞香东南亚餐厅, 福田区华侨城深南大道9009号深圳华侨城洲际大酒店地下一层

**HangLiPo** Shop 006, UG/F, Central Walk, Futian District (8280 1399) 汉丽宝, 福田区新怡景商业中心城LUG层006号铺

**Leaves Poolside Restaurant 5/F**, The Ritzy-Carlton, Shenzhen, 116 Fuhua San Road, Futian District (2222 2222) 福田区福华三路116号深圳丽思卡尔顿酒店5楼

**Malay Papa** Shop 012, Basement 2, Jinguang Plaza, Renmin Nan Lu, Luohu District (8261 1000, 8261 1088) 马拉爸爸, 罗湖区人民南路金光华广场负2层012铺

**Spring Lounge** FL1006-1007, Central Walk, Futian District (8280 1885) 越南春天, 福田区新怡景商业中心城FL1006-1007号

## THAI

**that's Idutang** Bldg F3, OCT Loft, Engping Lu, Overseas Chinese Town, Nanshan Dis-



trict. (8610 6046) 一渡堂, 南山区华侨城恩平路文化创意园F3栋

**Pin Tai** A217, North Garden Shopping Park, Futian District (8316 8832) 福田区购物公园北园A217

**Tai Man Guan** Shop 593, 5/F. The Mixc City, 1881 Bao'an Nan Lu, Luohu District (8269 1118) 泰满冠, 罗湖区宝安南路1881号华润中心万象城5楼593号商铺

**Tai Xiang Guan** 1/F, Coco Park, Fuhua San Lu (Gou Wu Gong Yuan metro station) Futian District (8202 3555) 泰香馆, 福田区福华三路星河COCO PARK1楼083-087号

**The Terrace** Sea World, Shekou, Nanshan District (2682 9105, 2683 2775) 露台酒吧, 南山区蛇口海上世界广场

**Xiang Mao** 1/F, Xin Nan Hua Bldg, 17 Nanji Lu, Luohu District (8220 2851) 香茅泰味餐厅, 罗湖区南板路17号新南华大厦1楼

**Yes Thai** 1) 3/F, Coco Park, Fuhua San Lu (Gouwu Gongyuan metro station), Futian District (2531 3918) 2) 5/F, Costal City, No. 33, Wenxin Wu Lu, Nanshan District (8635 9989) 3) 4/F, KK Shopping Mall, KK Financial Centre, Luohu District (2290 0333) 鑫泰, 1) 福田区福华三路购物公园3楼2) 南山区文心五路33号海岸城购物中心五楼3) 罗湖区蔡屋围京基金融中心京基百纳空间4楼

## TAIWANESE

**Bellagio** 1/F, Jinbi Hotel, 3002 Chunfeng Lu, Luohu District (8228 5111) 鹿港小镇, 罗湖区春风路3002号金碧酒店首层

**Cheers Building** F4, Enping Jie, Creative Park, OCT, Nanshan District (8276 6688) 鹤尔斯酒窖, 南山区华侨城恩平街创意园F4栋

## TURKISH

**Anatolia Turkish Restaurant**, 1/F, Xing Yue Business Hotel, No. 3018 Dongmen Nan Lu, Luohu District (8222 6154; 8225 7677). 安纳托利亚, 罗湖区东门南路3018号兴悦商务酒店1楼

**Istanbul Fast Food Cafe** Jinghua Building IC055, Huafa Bei Lu, Futian District (3309 7180, 3309 7190) 福田区华发北路京华大院一号楼IC055号

**that's Mevlana Turkish Restaurant** 154 Zhenxing Lu, Futian District (8336 8778) 梅友那土耳其餐厅福田区振兴路154号

**The Istanbul Restaurant** Room 107, Lang Yu Feng Ting, 1010 Wenjin Nan Lu, Luohu District (8261 0201) 土耳其伊斯坦布尔餐厅, 罗湖区文锦南路1010号朗御风庭107号地铺

## VEGETARIAN

**Awaken Vegetarian Restaurant** East to 1/F, Terra Hotel, Tairan Si Lu, Futian District. (8250 4570) 噢觉生态餐厅, 福田区车公庙泰然四路泰然酒店一楼东侧

**Green Life** 2/F, Jun Ting Hao Yuan, Bao'an Nan Lu, Luohu District (2590 8426) 绿生活健康素食, 罗湖区宝安南路骏庭家园2楼

**Deng Pin** 3/F, Jun Ting Ming Yuan, Bao'an Nan Lu, Luohu District (25908588) 登品餐厅, 罗湖区宝安南路2107号骏庭家园3楼

**Jin Hai Ge** 73 Nan Yuan Lu, Futian District (8365 9996) 金海阁素食馆, 福田区南园路73号

**Wind Lucky** 1) Behind Shanghai Volkswagen Automotive Store, XiangmiHu Holiday Resort, Futian District (8289 4181) 2) 4/F, Dongmengting Plaza, Dongmen Yongxin Jie, Luohu District (8238 3453) 云来居素食馆 1) 福田区香蜜湖度假村内 (大众4S店后) 2) 罗湖区东门永新街东门町四楼

## WINE

**ASC Fine Wines (Shanghai) Co., Ltd** Unit 1368, East 13/F, China Nuclear Building, Shennan Road (8398 5514) www.asc-wine.com 圣皮尔精品葡萄酒, 深南中路

中核大厦13栋东侧1368单元

**Cheers Wine Cellar** 105A, Block F1, CreativePark EnPing Jie, OCT Nanshan District (8276 6688) www.cheerswinecellars.com 鹤尔斯酒窖, 南山区华侨城恩平街创意产业园F1栋105A

**Keilit Italian Wine** 18D-E Taiyang Dao Building, No.34, Dongmen Nan Lu, Luohu District (8220 8606). www.keilit.org 意大利酒庄, 罗湖区东门南路34号太阳岛大厦18D-E

**Links Concept Wine and Spirit Merchants**, Room 1501, Hua Rong Building, Min Tian Lu, Futian District (8239 1176). 金灵思商贸有限公司, 福田中心区民田路华融大厦1501

**Best Wine**, Shop 1-30, Portofino, OCT, Nanshan District, (8626 0995). 百事达酒业, 南山区华侨城波托非诺商业街7-10号

**Opus One Wine & Cigar** 1/F, 999 Royal Suites & Towers, 1001 Shennan Dong Lu, Luohu District (2513 0999) 红酒雪茄屋, 罗湖区深南东路1001号丹枫白露酒店1楼

**Pieroth Wine., Ltd.** 26/F, Anlian Plaza, No.4018 Jin Tian Rd., Futian District ,ShenZhen(3395 5834) www.pieroth-china.com 碧洛德葡萄酒, 福田区金田路4018号安联大厦26楼

**SUMMERGATE** Room F,25/Floor, Noble Center No.1006,3rd Fuzhong San Lu, Futian District ShenZhen (3398 3100) www.summergate.com 美夏国际酒业, 福田区福中三路1006号诺德金融中心25层F单元

**Sourceland** A-1709, International Chamber of Commerce Building Fuhua Yi Lu, Shen-Zhen (8293 1699) www.Sourcelandwine.com 夏桑园酒业, 福华一路国际商会大厦A座1709室

**Torres** Rm 27D, Building B, Honglong Century Plaza, No.3001 Heping Lu, Luohu District. (2519 0180) 桃丽丝葡萄酒 罗湖区和平路3001号鸿隆世纪广场B座27D

**The Vineyard** B1-067/069, FengShengDing, District B, CheGongMiao, Shennan Dadao, Futian District (8270 2225). 维雅酒庄 福田区车公庙深南大道南侧丰盛町B区067-069号商铺

**Vins Descombe** 101, Industrial Bank Building, CBD of Futian district. (82041585) 法国葡萄酒庄, 深圳市福田区深南大道兴业银行大厦一楼法国葡萄酒庄

**Wine & Cigar Room** 25/F, Grand Mercure Oriental Ginza Hotel, Zhuzilin, Shennan Boulevard, Futian District (83500888 ext 88661) 红酒雪茄屋, 福田区深南大道竹子林东方银座美爵酒店25楼红酒雪茄屋

**1001 Wine & Spirits Cellar**, 3/F, Block A, Kou An Building, No.1006 Dongmen Nan Lu, Luohu District (2585 7258). 1001酒窖, 罗湖区东门南路1006号口岸大厦A座3楼

## YUNNAN

**Big Tree Feet Restaurant** 105 (Beside International Supermarket), Dongyuan Lu, Futian District (8206 1152) 大树脚云南过桥米线, 福田东园路105号(国际商场旁)

**Primitive & Healthy** Block B, Eco Plaza, OCT, Nanshan District (2692 1890) 绿生态餐厅, 南山区华侨城OCT生态广场A-102号

**Yang Jin Ma** G/F, Building 6, Qushui bay, No.8 Baishi Dong Lu, Nanshan District (8665 1577). 央金马, 南山区白石东路8号欢乐海岸曲水湾6栋首层

**Yang Zong Noodle Place** Shop106, Building A3, OCT Loft Phase II, Overseas Chinese Town, Nanshan District (8623 3299) 南山区华侨城创意文化园北区A3栋106号铺

## NIGHTLIFE

### LUOHU

**360°Bar, Restaurant & Lounge** 31/F, Shangri-La Hotel (East of Railway Station), No.1002 Jianshe Lu, Luohu District (8396 1380-8360). 罗湖区建设路1002号 (火车站东

侧) 香格里拉大酒店31楼

**Apollo** 57/F, Hilton Shenzhen Pengnian Hotel, 2002 Jiabin Lu, Luohu District (2518 5888 ext 3914) 罗湖区嘉宾路2002号彭年酒店57楼

**Art Café** 109, 1/F, Baofeng Building, 2006, Dongmen Nan Lu, Luohu District (8215 5880) 罗湖区东门南路2006号宝丰大厦1楼109

**Babyface** 1/F, Guoji Mingyuan, Jiangbei Lu, Luohu District (8237 3007) 罗湖区江背路国际名园首层

**Butter Basement** B/F, Carrinna Friendship Square, 2002 Renminnan Road, Luohu Dist. (2518 3338) 罗湖区人民南路佳宁娜广场负一楼

**Brew House** 3/F, Crowne Plaza Hotel & Suites and Landmark, 3018 Nahu Road, Luohu District. (8217 2288 ext. 569) 罗湖区南湖路费用用户户深圳富苑皇冠假日套房酒店3楼

**Brown Sugar Jar** 1/F, Le Yang Feng Jing Ge, Huang Bei Lu, Dongmen, Luohu District. (2541 6110) 红糖罐 罗湖区东门商业圈 黄贝路乐枫景观阁一楼

**Champs Bar & Grill** 2/F, Shangri-La Shenzhen, Luohu Dist. (8396 1366) 罗湖区香格里拉大酒店2楼

**Chocolate** 1/F, New 2000 Plaza, Huishang Mingyuan, Nanqing Street, Dongmen, Luohu District. (2582 2222) 罗湖区东门南庆街汇商名苑2000广场1楼 (金莎国际会所楼下)

**City Cowboy** 2/F, Jihao Garden, 1048 Hua Li Lu, Luohu District (2582 8218) 深圳市罗湖区华丽路1048号集浩花园2楼

**Club Cash** 1/F, Guidu Building, 3007 Chunfeng Lu, Luohu District. (8231 6993) 罗湖区春风路3007号桂都大厦1楼

**Decanter** 100/F, St. Regis Shenzhen, No.5016 Shennan Dong Lu, Luohu District (8308 8888-1459/1455) 品酒阁 深圳瑞吉酒店罗湖区深南东路5016号100层

**Discovery Bar** 48 Jin Tang Jie (next to Lijing Int'l Club), Luohu District (8248 1742) 罗湖金塘街48号丽晶国际俱乐部旁边

**Evolution Bar** F2/3, Carrina Friendship Square (next to Starbucks), Renmin Nan Lu, Luohu District 罗湖区人民南路佳宁娜友友广场首层G2&G3(近星巴克咖啡店)

**Echo Club**, No.S268, MixC, Phase II, No.1881 Bao'an Nan Lu, Luohu District (2292 3777). 埃可俱乐部·酒吧, 罗湖区宝安南路1881号华润中心万象城二期B栋二楼

**Richy Club**, 66 Chunfeng Lu (next to Lu Shan Hotel), Luohu District (8234 2565) 春风路3023号 (庐山酒店1楼)

**Face Club** 4/F, MixC Mall Phase II, No.1881 Bao'an Nan Lu, Luohu District(8266 6699). 罗湖区宝安南路1881号万象城二期卡地亚楼上下四楼

**Feeling Bar** 1/F, Zhidi Plaza, No.3068 Chunfeng Lu, Luohu District (2230 1119) 罗湖区春风路置地广场首层

**In Club** 1/F, Diamond Plaza, 2017 Nanhu Lu, Luohu District (8261 1111) 罗湖区南湖路2017号钻石广场一层

**The St. Regis Bar** 96/F, St. Regis Shenzhen, No.5016 Shennan Dong Lu, Luohu District (8308 8888-1468) 瑞吉吧 深圳瑞吉酒店罗湖区深南东路5016号96层深圳瑞吉酒店罗湖区深南东路5016号99层

**Key Bar** G-6 SOHO, Jia Ning Na Square, 2002 Ren Min Nan Lu, Luohu District 罗湖区人民南路2002号嘉宁娜友友广场SOHO酒吧街G-6

**Le Nest** 1/F, Guomao Da Sha, Renmin Nan Lu, Luohu District (8221 1018) 罗湖区人民南路国贸大厦A区外一楼

**Malt** 100/F, St. Regis Shenzhen, No.5016 Shennan Dong Lu, Luohu District (8308 8888-1459/1455) 天吧, 深圳瑞吉酒店罗湖

区深南东路5016号100层

**Michelle's Bar** South gate of Shenzhen Stadium, Sun Gang Lu, Luohu District (8327 6642) 罗湖区笋岗路深圳体育馆南大门

**Milky Jiabin Lu** (beside Soho Bar), Luohu District (8225 8199) 罗湖区嘉宾路soho吧旁

**Oasis Bar** 13/F, Jinhu Hotel, Hubei Lu, Luohu District 罗湖湖北路锦湖宾馆13楼

**Richy's** 66 Chunfeng Lu (next to Lu Shan Hotel and Face Cafe), Luohu District (8232 0700) 深圳市庐山酒店Face Cafe侧

**Soho Bar** Opposite of King Glory Plaza, Jiabin Lu, Luohu District (8220 0628) 罗湖区嘉宾路金光华广场对面

**Sparkle Club & Restaurant** 1/F, Zense Hotel, Wen Jin Zhong Lu, Luohu Dist. (8239 4800) 罗湖区文锦中路升逸酒店首层

**Tanghai Bar** 1/F, A08, Zhidi Plaza, Chun Feng Lu, Luohu District (2230 1698) 罗湖区春风路北侧置地逸轩裙楼A08

**Tashe Delick Bar** 3/F, Shanghai Shizhuang Company, 2033 Hongling Zhong Lu, Luohu District (8241 8028) 红岭中路2033号上海时装公司3楼

**The Penthouse** 38/F, Grand Hyatt Shenzhen, 1881 Baoan Nan Lu, Luohu District (2218 7338) 罗湖区宝安南路1881号深圳君悦酒店38层

**Yellow Music Studio** Shop 001, 3/F, King Glory Plaza, Renmin Nan Lu, Luohu District (8261 1638, 8356 7637) 罗湖区人民南路金光华广场3楼001号铺

## FUTIAN

**that's Club Viva** No. 140, Fuhua Lu, CoCo Park, Futian District (137 9825 6176) 福田区福华路城建购物公园140号

**3D Bar** Block B, Bar Street, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2598 6011) 福田区深南中路1093号中信广场酒吧街B区

**After 5 Bar & Cafe** Unit 104, Jin Run Building, Tai Ran Jiu Lu, Futian District (2396 4800). 福田区泰然九路金润大厦104

**Angelbaby Bar** 1/F, Huale Building, No.1, Zhong Hang Bei Lu, Hua Qiang Bei, Futian District. (2830 7788). 天使宝贝 福田区华强北中航北路1号华东大厦一楼

**Art de Vivre** Sculpture Academy, No.8 Zhongkang Rd., Shangmeilin, Futian District (8251 0369) 福田区上梅林中康路8号雕塑家园

**Before Sunset Bar** Bar Street, CITIC Plaza, Futian District (13510131001) 中信广场酒吧街

**Brown Sugar Jar** G9 Huangguan Technology Park, Tairan 9 Lu, Futian District. (8320 7913) 红糖罐 福田区泰然九路皇冠科技园2栋G9

**Calio Bar** Shop 055, 2/F, Coco Park, Fuhua San Lu, Futian Dist. (2533 1844) 福田区福华三路星河亦活购物公园2楼055号

**Chicago Club** G/F, Gate 4 of Shenzhen Stadium, Sungang Lu, Futian District (8324 0294) 福田区笋岗路深圳体育馆四号门首层

**Crystal** Bldg E, Bar Street, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2598 5509) 福田区深南中路中信广场酒吧街E栋

**Curv Bar** 1/F, The Ritz-Carlton, Shenzhen, 116 Fuhua San Road, Futian District (2222 2222) 福田区福华三路116号深圳丽思卡尔顿酒店1楼

**Duke's**, The Langham, Shenzhen, No. 7888, Shennan Dadao, Futian District (8828 9888). 福田区深南大道7888号深圳朗廷酒店

**Day and Night** Building A3, Bar Street, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2598 9203) 福田区深南中路

中信广场酒吧街A3栋

**Demon 1) Building C, Bar Street, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2615 7405) 2) 78-79, Bar Street, Coco Park, Fuhua San Lu, Futian District (2531 3800) 1) 福田区深南中路中信广场酒吧街C栋 2) 福田区福华三路COCO 商城, 地铺78-79**

**Evening Show 4-5/F, Building 2, Huanggang Business Center, Fuhua San Lu, Futian District (8270 8888; 8278 3999; 137 2435 3542). 福田区福华三路卓越世纪中心2号楼裙楼4-5层**

**E Bar South Door, Shenzhen Gym, Sun Gang Road, Futian District (8327 6642) 福田区笋岗路体育馆南面**

**Executive Lounge 25/F, Grand Mercure Oriental Ginza Shenzhen, Shennan Da Dao Xi, Futian District (8350 0888) 福田区深南大道西东方银座美爵酒店25楼**

**Ella Entertainment Park East Gate, Shopping Park, Fuhua Yi Lu, Futian District 福田区福华一路购物公园东门**

**Feeling Bar No.133, Block B, Coco Park, Fuhua Lu, Futian District (2691 5888, 2691 5999). 福田区福华路购物公园B区133号**

**Free man Bar Block 12, Shenzhen Stadium, Shanguo Bei Lu, Futian Dist. (8321 7133) 福田区上步北路深圳体育馆12区**

**Frankie's No.33-34, Building 3, Gui Huayuan Garden, Fenghuang Dao, Guihua Lu, Futian Free Trade Zone (8271 9220) 福田保税区桂花路凤凰道桂花苑花园3栋一层33-34号铺**

**Gold Rush Bar 2/F, The Pavilion Hotel, 4002 Huaqiang Bei Lu, Futian Dist. (8207 8888 ext. 8225) 华强北路4002号圣廷苑酒店二层**

**Honolu Club Top/F, Donghai Jingtian Yinzuo, Jingtian Bei Jie, Futian District 景田北街东海景田银座顶层**

**hot? La Casa No.139 Coco Park, Fuhua Lu, Futian District. (8290 3279) 悦坊 福田区福华路城建购物公园139号**

**La Vie Club 3/F, above Lili Marleen, Gou Wu Gong Yuan, Mintian Lu, Futian District (8295 9399). 拉薇酒吧, 福田区民田路购物公园利玛玛酒吧楼顶层**

**Lavo Bistro & Lounge 1M/F, Room 1B, Tower 3, Kerry Plaza, No. 1, Zhongxin Si Lu, Futian District (8899 9676; 8255 7462) 福田区中心四路一号嘉里建设广场T3栋1M层1B室**

**Leo Bar Bar Street, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2598 9898) 福田区深南中路1095号中信城市广场国际休闲街A4**

**Light Club 1/F, AB Block, Shenzhen Culture Creative Park, Fuqiang Lu, Futian District (8337 9999) 福田区福强路文化创意园AB座首层**

**Lili Marleen Fuhua Yi Lu (opposites Coco Park Starbucks), Futian District (8295 0548) 福田区福华一路购物公园星巴克对面**

**McCawley's Irish Bar Shop 151-152, Coco Park, Futian District. (2531 3599) 福田区购物公园151-152**

**Mexico Fans Club 1/F, Eight District Bldg, Tiuyuan, Futian District (8329 3138) 体育馆八区首层**

**O'live Club, No.138, Block B, North of Shopping Park, Min Tian Lu, Futian District (8860 1818). 欧莉酒吧, 福田区民田路购物公园北园B区138号**

**O! Garden No. 138, Mintian Lu, Futian District. (8889 6999) 福田区民田路138号购物公园**

**Pepper Club, 2/F, Shopping Park, Fuhua Lu, Futian District (8319 9040). 福田区福华路购物公园二楼**

**Q Club B138, North COCO Park, Mintian Lu, Futian Dist. (2531 3566) 福田区民田路**

购物公园北园B区138号

**Rapsallions Bar, No.138 Min Tian Lu, North of Shopping Park, Futian District (0755-8359 7131). 瑞布斯酒吧, 福田区民田路城建购物公园138号**

**Time Out Bldg A1, Bar Street, CITIC City Plaza, 1095 Shennan Zhong Lu, Futian District (2594 0778) 福田区深南中路1095号中信城市广场国际休闲街A1栋**

**Tonga Bar 1010 Central Walk, Fu Hua 1 Lu, Futian District 福田区福华一路3号怡景中心城, 1010号铺 (大中华喜来登酒店旁) (8780 1687)**

**True Color Club 1) Guo Qi Club, 25/F, Block A, Guo Qi Bldg, Shangbu Nan Lu, Futian District (8212 9333) 2) Dong Yuan Club, 3-4/F, Dong Yuan Bldg, Dongyuan Lu, Futian District (8227 4834) 3) Zhen Hua Club, 2/F, Zhong Hang Yuan Bldg, Zhenhua Lu, Futian District (8324 0986); www.true-colorclub.com 1) 国企总部, 福田区上步南路国企大厦A座25楼 2) 东园分店, 福田区东园路东园大厦3/4楼 3) 振华分店, 福田区振华路中航苑大厦2楼;**

**True Color Club 1) Guo Qi Club, 25/F, Block A, Guo Qi Bldg, Shangbu Nan Lu, Futian District (8212 9333) 2) Dong Yuan Club, 3-4/F, Dong Yuan Bldg, Dongyuan Lu, Futian District (8227 4834) 3) Zhen Hua Club, 2/F, Zhong Hang Yuan Bldg, Zhenhua Lu, Futian District (8324 0986); www.true-colorclub.com 1) 国企总部, 福田区上步南路国企大厦A座25楼 2) 东园分店, 福田区东园路东园大厦3/4楼 3) 振华分店, 福田区振华路中航苑大厦2楼;**

**Sports Bar 7/F, Grand Mercure Oriental Ginza Shenzhen, Zhuzilin, Shennan Dadao, Futian District (8350 0888 ext. 88605) 体育吧 福田区深南大道竹子林东方银座美爵酒店**

**Vinsplus Room 6, 1/F, Kerry Plaza, No.1 Zhongxin Si Lu, Futian District (8273 2082) 荣仕廊酒店 福田区中心四路1号嘉里建设广场裙楼一层6室**

**Xpats Bar & Lounge FL1016 & FL1017 (next to NYPD), East Side Walk, Central Walk Shopping Mall, Fuhua Lu, Futian District (8280 1352) 福田区福华路中心城东门1016-1017铺**

**Wall Street Club (Wine & Cigars) 4/F, Marco Polo Shenzhen, Fuhua Yi Lu, Futian District (8298 9888) 福田中心区福华一路深圳马可波罗好日子酒店楼**

**Yes Bar 2/F, She Ji Bldg, 3001 Sungang Xi Lu, Futian District (8325 5116, 8361 7612) 福田区笋岗西路3001号设计大厦2楼**

**Yi Bar & Lounge 6/F, Four Seasons Hotel Shenzhen, 138 Fuhua San Lu, Futian District (8826 8900) 逸廊酒吧 深圳四季酒店6楼, 福田区福华三路138号**

## NANSHAN

**3D Bar 1)11, Bar Street, Window of the World, Nanshan District (2690 1559) 2)17, Block A, Bar Street, Poly Culture Centre (8628 7911) 1) 世界之窗欧陆风情酒吧街头11号 2) 南山保利文化广场A区17号**

**hot? Aulon Wine Bar Shop 32, Coastal Road II, Wanghai Lu, Shekou (2688 3381) 蛇口望海路南海玫瑰二期2号2楼**

**Bar Leo 1/F, Poly Culture Centre, Nanshan District (8628 6868) 南山区中心区保利文化广场一楼21号 (保利剧院对面)**

**Barfly No.3-12, Garden City Phase III, Gongye Ba Lu, Shekou, Nanshan District. (2667 2532) 南山区蛇口工业八路花园城三期3-12号**

**Blu Bamboo, No. 3-4, Xinghua Lu, Sea World Plaza, Shekou, Nanshan District (134 1003 7390) 南山区蛇口海上世界兴华路3-4号**

**Bill & Helen 1st floor, Taizi Hotel, No.5, Taizi Road, Shekou, Nanshan Dist. 2668 5972) 南山区蛇口太子路太子宾馆一楼**

**Boomerang, A1-39, Poly Cultural Center, Hoo Haibin Lu, Nanhai Dadao, Nanshan District (8655 2054). 回旋镖酒吧, 南山区后海大道后海滨路保利文化中心A1-39号**

**Brown's Wine & Cigar House Shop 55-56 Commercial Street, Portofino Club House, Xiangshan Lu, OCT, Nanshan District (8608 2379) 南山区华侨城香山路波托菲诺会所商业街55-56号**



**The George & Dragon.** The quintessential British pub; good draft beers, ales, stout, cider, hearty pub food, w BBQ's, screening non-stop sports, secluded beer garden. Your home away from home.

**George & Dragon British Pub Shop No.3, Back of Taizi Hotel, Taizi Lu, Seaworld Plaza, Shekou, Nanshan District (2669 8564). 南山区蛇口海上世界太子路太子宾馆一楼后推3号商铺**

**Cheers Gan Bei Bar Shop 60, Coastal Rose Garden II, Wanghai Lu, Shekou (2683 2864) 蛇口望海路南海玫瑰二期60号商铺干杯酒吧**

**Club Tropicana B/F, Nan Hai Hotel, Gongye Yi Lu, Shekou, Nanshan Dist. (2669 2888 ext 513) 蛇口工业一路南海酒店负1楼**

**Crocetta B106, Sea World Square, Shekou, Nanshan District (8833 6272) 南山区海上世界环船广场B106**

**hot? CJW OCT BAY No.15 Qushui Bay, OCT BAY, No.8 Baishi Lu, Nanshan District (8639 5266) 欢乐海岸CJW南山区白石路8号欢乐海岸曲水湾15栋**

**Coco Club 1) Bar Street, CITIC City Plaza, 1093 Shennan Zhong Lu, Futian District (2598 9998) 2) No.6, European Customs Bar Street, Window of World, Nanshan District (2692 9098); 3) Haide plaza, Coastal city, Wenxin Wu Lu, Nanshan District 1) 福田区深南中路中信广场深圳国际酒吧街F栋 2) 南山区世界之窗欧陆风情酒吧街6号; 3) 南山区文心五路海岸城购物中心海德广场202-1**

**hot? Club Viva International Bar Street, West of Seaworld Square, Shekou, Nanshan District. (2669 7365) 南山区海上世界广场西侧国际酒吧街**

**ENIGMA Bar Beside the KTV, Seaworld, Shekou Nanshan District (2667 7744) 蛇口海上世界海上明珠旁边**

**Eagle Bar Block 20, OCT Bay, No. 8 Baishi Lu Dong, Nanshan District. (8654 1082) 老鹰吧 南山区白石路8号欢乐海岸曲水湾20栋**

**First Meet Bar No. 101, Zone C, Huanchuan Plaza, Sea World, Shekou, Nanshan District (8827 8696) 南山区蛇口海上世界招商局环船广场C区101**

**Furstenberg 102B, Wanghai Huijing Yuan, Haichang Jie, Nanshan Dist. 南山区海昌街望海汇景观苑商铺102B**

**George & Dragon British Pub Shop No.3, Back of Taizi Hotel, Taizi Lu, Seaworld Plaza, Shekou, Nanshan District (2669 8564). 南山区蛇口海上世界太子路太子宾馆一楼后推3号商铺**

**Galleon Restaurant & Bar interContinental, 9009, Shennan Lu, OCT, Nanshan District (3399 3388) 南山区深南路华侨城洲际大酒店**

**Good Time Bar 202-2 Haide Plaza, Coastal City, Wenxin Wu Lu, Nanshan District (8635 9286) 南山区文心五路海岸城购物中心海德广场202-2**

**Jazz Garden No.5, Window of the World Bar Street, Nanshan District (2660 0032). 爵士花园, 南山区世界之窗欧陆风情酒吧街5号**

**Jordan's Bar 55 South Sea Rose Garden, Phase 2, Wanghai Lu, Shekou, Nanshan District. (2668 6040) 南山区蛇口望海路南海**

玫瑰园二期55号

**Idutang OCT Loft, Enping Jie, OCT, Nanshan Dist. 南山区侨城东恩平街华侨城创意文化园**

**La Piazza G/F, The Venice Hotel Shenzhen, No.9026 Shennan Dadao, Nanshan District (2693 6888) 南山区深南大道9026号深圳威尼斯酒店首层**

**La Maison Shop 108, Nanhai Rose Garden, Building 29-32, No. 91, Wanghai Lu, Nanshan District. (2681 6410) 南山区望海路91号29-32栋南海玫瑰花园108号**

**Listen Bar G/F Xin Neng Yuan Bldg, Nanhai Boulevard, Nanshan District (2643 3939) 南山区南海大道新能大厦首层**

**Liberty Bar, Building 115-117, Sea World Plaza, Shekou, Nanshan District (134 2385 3725). 自由吧, 南山区蛇口海上世界115-117号**

**Butterfly Dream Music Bar, 14 Qushui Bay, OCT Bay, 8 Baishi Lu Dong (8654 1185/86541186) 蝴蝶梦音乐餐厅, 白石路8号欢乐海岸酒吧街14栋**

**Lounge 1982, 1/F, InterContinental Shenzhen, 9009 Shennan Road, OCT (3399 3388) 深南大道深圳华侨城洲际大酒店1楼**

**Luna Bar & Restaurant 12pm-2am, G/F, Fuzon Hotel, No.1 Kanle Lu, Shekou, Nanshan District (2682 7888) 南山区蛇口康乐路1号金鑫富酒店楼下**

**hot? McCawley's Irish Bar Shop 118, Sea World, Shekou, Nanshan District (2668 4496) 南山区蛇口海上世界广场118号**

**Mosaic Club Shop 18, Coastal Rose Garden II, Wang Hai Road, Shekou, Nanshan District (10 minutes walk past the Golf Club) 望海路南海玫瑰花园二期18号商铺**

**Musibase Bar 1) Building 2, Bin Hai Zhi Chuan, Haide San Lu, Nanshan District (8612 5125) 2) G/F Maple Leaf City Hotel, No.1039 Nanhai Dadao, Nanshan District. (2235 3933). 根据地音乐现场 1) 南山区海德三路滨海之窗2楼 2) 南山区南山大道1039号枫叶城市酒店首层**

**Old Heaven Books Shop 120, Building A5, OCT Loft Phase II, Overseas Chinese Town, Nanshan District. (8614 8090). 旧天堂书店 南山区华侨城侨城创意文化园北区A5栋120铺**

**Oscar's Sports Bar & Grill F/2, Holiday Inn Shenzhen Donghua, Donghua Park, Nanhai Lu, Nanshan District (8619 3999 ext.3208) 南山区东华假日酒店2楼**

**O Seven, Building 13A, OCT Bay, Baishi Lu Dong, Nanshan District (2660 0707; 2690 0707). 南山区白石路8号欢乐海岸曲水湾13A**

**Penny Black Jazz Cafe Shop 134, Building A5, OCT Loft Phase II, Overseas Chinese Town, Nanshan District (8609 8585). 黑邮票爵士咖啡, 南山区华侨城创意文化园北区A5栋134**

**Ritz Bar 52 South Sea Rose Garden Phase 2, Wanghai Lu, Shekou, Nanshan District. (2681 2793) 南山区蛇口望海路南海玫瑰园二期52号**

**Rose Bank, 2/F, Shop 210-211, Building A4, OCT Loft Phase II, Overseas Chinese Town, Nanshan District (8633 7473). 南山区华侨城创意文化园北区A4栋2楼210-211号**

**Spurs Country Music Bar, Above McDonalds in Seaworld Plaza, Taizi Lu, Shekou, Nanshan District. 南山区蛇口太子路海上世界广场麦当劳楼上**

**Seagull Restaurant & Bar South of Sea World, Shekou, Nanshan Dist. (2688 0000, 2682 0768) 南山区蛇口海上世界南边海景广场旁边**

**Snake Pit Shop 20, Phase 2, Rose Garden, Wanghai Lu, Shekou, Nanshan District. (130 4883 7140) 南山区蛇口望海路南海玫瑰园二期20号**

**Sports Bar 7/F, Grand Mercure Oriental Ginza Shenzhen, Zhuzilin, Shennan Boulevard, Futian District (8350 0888 ext. 88622) 福田区深南大道竹子林深圳东方银座**



美酒酒店7楼

**Spy Glass** Lanhong Haoyuan No.6, Hai-chang Lu, Shekou, Nanshan District (134 3093 9084) 南山区蛇口海昌街彩虹家苑6号

**Suzy's Lounge Bar** 120, East Block, Coastal City, Haide San Dao, Nanshan Dist. (8629 0169) 南山区海德三道海岸城东座120商铺

**Keys Livehouse 1/F** Block B2, OCT LOFT, East Industrial Park, Overseas Chinese Town, Nanshan District. (8620 0661, 2661 6379) 苏荷爵士现场 南山区华侨城东部工业区B2栋

**The Base Bar** 1-2/F, Xi HaiAn Bldg, Nanyou Dadao, Nanshan District (2649 0296) 南山区南油大道西海岸大厦1-2楼

**The Jin Bar** 115 - 117 Sea World Square, Shekou 蛇口海上世界 115-117号

**True Color Club** OCT Club, Eco-Square, OCT Nanshan District (2691 3479) www.truecolorclub.com 华侨城店, 南山区华侨城生态广场酒吧 A109

**The Tavern Sprots Bar** 3/F, Shop 20-24, Sea World, Taizi Lu, Shekou, Nanshan District. (2602 4936) 南山区蛇口太子路18号蛇口海上世界20-24号商铺3楼

**thax The Terrace** Above Starbucks, Seaworld Plaza, Shekou, Nanshan District (2682 9105) 南山区蛇口海上世界广场2楼星巴克楼上

**UKlub Wine Gallery Recreation Building** 18, OCT Bay, No.8 Baishi Lu Dong, Nanshan District (8389 9898; 8389 9798) 南山区白石路东8号欢乐海岸曲水湾18栋

**thax V Bar** 2/F, The Venice Hotel Shenzhen, No.9026 Shennan Daodao, Overseas Chinese Town, Nanshan District (2693 6888 ext: 8015) 深圳南山区华侨城深南大道9026号威尼斯酒店2楼

**Vague Club** 6/F, Building B, Tiley Center Business Square, Haide San Dao, Nanshan District. (86290001) 魅·私人会所 南山区海德三道天利中央商务广场B座5层

**Vrumm Tapas & Bar**, A1-42, Poly Cultural Center, Coastal City, Houhai Metro Station Exit E1, Nanshan District (8626 7117). 南山区海岸城保利文化广场A1-42, 后海地铁站E1出口

**X-TA-SEA** 1/F, Cruise Inn, Sea World, Shekou, Nanshan District (2686 7649) 南山区蛇口海上世界太子路明华轮酒店1楼

**Ying Lian Bar** NO.7, European Customs Bar Street, City Inn Window of World (135 1078 1877) 世界之窗城市客栈欧陆酒吧街7号

**Simplicity Bar** Chang Qing Garden, Nanshan Da Dao, Nanshan District (2657 2776) 南山区南山大道长青园

**Simple Living Bar** 104 Area C, Eco Plaza, OCT, Nanshan District (2691 2691) 华侨城杜鹃山东街生态广场C区104号

## LONGGANG

**Barefoot Beach Bar and Restaurant** Gate 1, Xichong Beach, Longgang District (136 8490 0652; 158 1472 7944) 龙岗区西涌沙滩一号门

## HEALTH

### CHINESE MEDICINE

**Shenzhen Traditional Chinese Medical Hospital** 1 Fuhua Lu, Futian District (8835 9666) www.szszzy.cn 福田区福华路1号

**Shenzhen Zheng Wenyong Traditional Chinese Medical Hospital for Tumor Disease** 4/F Jianda Building, Technology Zone, Nanshan District (2663 2761 2663 2762) 南山区科技园恒达大厦四楼

### DENTAL

**Viva Dental** 1) Room 1118, Block A, Inter-

national Chamber of Commerce Building, Fuhua Yi Lu, Futian District. (8205 6515, Fax: 8205 6516) 2) L2/F, Galaxy Center Shopping Mall, No.5, Zhongxin Lu, Futian District (2361 8563; 2361 8565) 1) 福田区福华一路深圳国际商会大厦A座1118室 2) 福田区中心五路星河发展中心购物广场L2层

**Meng En Dental** R1809,F18,Golden Central Tower, Jintian Lu, Futian District.(3322 8038/3322 8278) www.mengendental.com 福田区金田路金中环商务大厦1809室

**Ace Dental** 3049 Excellence Times Plaza, Yitian Lu, Futian District (8381 5811) 卓越齿科 深圳市福田区益田路卓越时代广场3049室

**Arrail Dental** Unit 2, G3&G4/ F, Di Wang Commercial Center, Shun Hing Square, 5002 Shennan, Dong Lu, Luohu District (2583 5608). www.arrail-dental.com 罗湖区深南东路5002号信兴广场地王商业中心G3&G4层2单元

**A-Top Dental** 1) 2/F Guihua Building, 46 Guiyuan Lu, Luohu District. (8213 1198) 2) Shopping arcade (opposites the west gate of Shenzhen University), Hui Fang Yuan Garden, Nanhai Dadao, Nanshan District. (8213 1198) 3) 2/F Honglong Building, Nanhai Dadao, Nanshan District. (8213 1198) 4) 2/F Bitao Yuan (opposites Bitao Football Field), Taizi Lu, Nanshan District. (8213 1198) www.top917.cn 1) 罗湖区桂园路46号桂花大厦2楼 (原桂园派出所对面) 2) 南山区南海大道荟芳园商业区 (深圳大学西门对面) 3) 南山区南海大道鸿隆大厦2楼4) 南山区太子路碧涛苑2楼 (碧涛球场对面)

**Dental Bauhinia** 9/F,Block B,Shenzhen International Chamber of Commerce Tower,138 Fuhua Yi Lu,Futian District,(8371 1696, 8371 2696) http://www.dental-bauhinia.com 紫荆齿科 福田区福华一路138号国际商会大厦B座9层

**H&J Dental Clinic** Room 1105-1106, Block B, Pavilion Hotel, Huaqiang Bei Lu, Futian District (8207 5220). www.huijieck.cn 福田区华强北路圣廷苑酒店B座1105-1106室

**Hua Mei Dental** 6/F,Baoli Building, Intersection of Nanhai Dadao and Chuangye Lu, Nanshan District. (2642 9141, 2642 9142) 南山区南海大道与创业路交汇处保利大厦6楼606室

**Ming Lun Clinic** 1/F Dong Jia Bldg (adjoins Panglin Hotel), Jiabin Lu, Luohu District (2518 5502) 罗湖区嘉安路东大厦1楼 (彭年酒店附楼)

**Reborn Dental Implant Center** Rm 801, New World Center, No. 6009, Yitian Road, Futian District. (2398 2858) reborn dental@hotmail.com ; http://www.reborn dental.com/en 瑞邦种植牙专科 福田区益田路6009号新世界中心大厦801室

**Shenzhen Shimoto Dental Clinic** 2/F, Peng Ai Hospital, 1122 Nanshan Dadao, Nanshan District. (8622 4459, Japanese hotline: 13662206000). Daily 8.30am-10pm. www.sdc-shenzhen.com 南山区南山大道1122号鹏友医疗美容医院2楼

**U-Dental Clinic** Unit F, 24/F, Jin Run Mansion, 6019 Shennan Da Dao, Chegongmiao, Futian District (8280 0366, 8280 0399) 福田区车公庙深南路6019号金润大厦24层F单位

**U-Family Dental** No.109 Shopping Street, Xihai Mingzhu Garden, Taoyuan Lu, Nanshan District (8625 0573) www.ufamily-dental.cn 南山区桃园路1号西海明珠花园地面商业109号

**Victoria Dental** Room 1510, Tower 3A, Excellence Century Center, Fu Hua San Lu, Futian District (8837 3300) 维港齿科, 福田区福华三路卓越世纪中心3号楼A座1510室

### INTERNATIONAL MEDICAL

**Chiho Medical Centre** Unit 203, Block B, International Chamber of Commerce Building, Fu Hua Yi Lu, Futian District. (8830 1498; 8830 1468; 8830 1499) kokusaclinic@tpmmmedical.com; www.chiomedicalcentre.com 福田区福华一路国际商

会大厦B座203单元

**CanAm International Medical Center Shenzhen** E0119, Fraser Place, 1033 Nanhai Dadao, Shekou, Nanshan District. (2688 7106) 南山区蛇口南海大道1033号泰格国际公寓E0119

**Distinct Clinic 1)** Shenzhen Shekou Medical Center, 5/F, Tower A, Wanrong Building, Gongye Si Lu, Nanshan District (8666 4776) 2) Shenzhen Exhibition Center Clinic, Room 0219, International Chamber of Commerce Building, Fuhua San Lu, Futian District (8347 9801). 3) Coastal City Pediatric Clinic, Room 1012, Coastal City West Building, Haide San Lu, Nanshan District (2167 7955) 卓正医疗 1) 南山区南海大道和工业四路交汇处万融大厦A座5层 2) 福田区福华三路168号国际商会中心裙楼0219单元 3) 南山区海德三道海岸城西座写字楼1012室

**Dayabindu International Counseling & Psychology Services** A1311, 13/F, Golden Central Tower, Fuhua Lu, Futian District (8280 2248). Individual & marriage counseling, psychotherapy, and trainings in English, Spanish & Putonghua(with interpreter). www.dayabindu.com 福田区福华路金中环国际商务大厦13楼A1311

**Far-east Women & Children Hospital** 5/F, No. 2097, Shen Nan Dong Lu, Luo Hu District (8261 3384) 深圳市罗湖区深南东路2097号5楼http://en.woman91.com/

**Home Women & the Children's hospital** 12018 Shennan Dadao, Nanshan District. (3391 9122) 南山区深南大道12018号

**International SOS Shenzhen Clinic.** 6 Nanhai Dadao, Industry Mansion (East Annex), Shekou, Nanshan District. (2669 3667) 环宇一家综合门诊部. 蛇口南海大道6号工业大厦附楼.

**Shenzhen Renjia International Clinic 3rd Floor**, No.6 Tianxia Tongjian Building, Nanxin Lu, Nanshan District. (2607 9966, 2649 3191) 仁济诊所 南山区南新路田厦统建楼6栋3楼

**Shenzhen Puji Clinic** 1-4/F, Phase 2, Huibin Plaza, Dongbin Lu, Nanshan District. (2649 1709, 2649 1333, 8603 9111). 南山区东滨路汇滨广场二期裙楼1-4层

**Shenzhen Wu Zhou International Clinic** 3/F Block B, Wu Zhou Chinese And Western Union Medical Hospital (7 Kehua Lu), Keyuan Bei Lu, Science And Technology Park, Nanshan District (135 5479 2040) 南山科技园科园北路深圳五洲中西医结合医院(科华路7号)B座3F

**The Hong Kong University-Shenzhen Hospital International Medical Center.** Haiyuan Yi Lu, Futian District (8691 3388, www.hku-szh.org) 香港大学深圳医院 福田区海园一路(白石路与侨城东路交汇)

### LOCAL MEDICAL SERVICES

**Renai Hospital** Fuqiang Lu, Futian District (8830 8188) 仁爱医院 深圳市福田区福强路

**Shenzhen Humanity Hospital** 2056 Hongling Zhong Lu, Luohu District (2589 0396). www.boai.com 罗湖区红岭中路2056号

**Shenzhen Affiliated Hospital to Beijing University** 1120 Lianhua Lu, Futian District (8392 3333) 福田区莲花路1120号

**Shenzhen Friendship Hospital** Intersection of Bagua San Lu Dong and Hongling Bei Lu, Futian District (8243 3698). 福田区八卦三路东与红岭北路交界处

**Shenzhen Pengcheng Hospital** Changhong Da Sha, 3013 Sungang Donggang Lu, Luohu District (8211 2525). 罗湖区笋岗东路3013号长虹大厦

**Shenzhen Sun Hospital** 1048 Bao'an Nan Lu, Luohu District (2556 3998). 罗湖区宝安南路1048号

## SPORTS

### FITNESS

**Fitness Center 6/F**, The Ritz-Carlton, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222) 福田区福华三路116号深圳丽思卡尔顿酒店6楼

**FRESHe Fitness B1/F** of Vanke(xia sha) Jinyu Lanwan Building, Furong Lu, Futian District. (8254 8784) www.freshfitness.com 弗莱斯国际健身会馆, 深圳市福田区福荣路下沙万科金域蓝湾负一层

**Oriental Ginza Club** 5/F, Grand Mercure Oriental Ginza Hotel, Zhuzilin, Shennan Boulevard, Futian District (83500888 ext.88208) 福田区深南大道竹子林东方银座美爵酒店5楼东方银座会所内

**Total Fitness** 6/F Kingglory Plaza, Renmin Nan Lu, Luohu District (8261 1313). Opening time: 10am-10pm. www.totalfitness.com.cn 罗湖区人民南路金光华广场6楼

## FOOTBALL

**Gaelic Football** Gaelic Football welcomes both male and female members whoever enjoys the traditional Irish sport. www.shenzhencelts.com 深圳爱尔兰足球俱乐部

**Inter Shenzhen Football** The first expat football team in Shenzhen. Find out more at www.intershenzhen.com

## YOGA

**In Yoga** 3/F, Building B, Wu Zhou Xing Yuan, Xinwen Lu, Futian District (3320 2391) www.inyoga.com.cn 福田区新闻路五洲星苑B栋3楼

**Jing Yuan Yoga Club** 1) Rm1809, Block A, Shen Fang Building (Women's World Fashion Plaza), Huaqiang Bei Lu, Futian District (8286 2888) 2) 12/F, East Section, Hai'an Building, Haide San Dao, Nanshan District (8829 3888) www.sz.yoga.com 1) 福田区华强北路深纺大厦(女人名店) A座1809; 2) 南山区海德三道海岸大厦东座12楼

**Shang Shan Yoga Room** 1221, D Building, Yuyuan Xin Garden, Longgang Zhongxin Cheng (2890 0766) www.ssyoga.net 龙岗中心城愉园新苑D栋1221室

**Yogalife Yoga Center** 2/F Hai Bin Commercial Center, Sea World, Shekou, Nanshan Dist (2689 0137). www.withinyoga.com 南山区蛇口海上世界海滨商业中心二楼

**Hotz Yoga Room** 202, Huacai New World, Haide Er Dao, Nanshan District (2121 2203) www.hotzyoga.com 南山区海德三道华彩新天地202室

## LEISURE

### SPORTS GROUPS

**Shenzhen Superren Ultimate Frisbee** Shenzhen team. www.szultimate.com. Join our club or team contact Jeff at myshufu@live.com or call 137 5110 0329.

**Shenzhen Wanderers** Join the Shenzhen Wanderers for 5-a-side football practice every Monday in Nanshan, 8.30pm. -10.30pm. http://www.shenzhensstuff.com/group/shenzhenswanderers

**Shenzhen Celts** Irish football for men and women of any level - make friends and get fit! http://szcelts.weebly.com/. Contact Coner at szcelts@gmail.com or call 139 2458 1413.

## EDUCATION

### INTERNATIONAL SCHOOLS

**American International School**, No. 82, Gongyuan Lu, Shekou, Nanshan District (8619 4750) 南山区蛇口公园路82号青少年活动中心

**Buena Vista Concordia International School (BCIS)** GuangShen Highway, BaoAn exit, XiCheng, Bao'an District. info@bcis.net.cn;

BCIS.net.cn; (2823 8166). 曦城协同国际学校, 宝安区广深高速公路宝安出口

### Funful Shenzhen Bilingual School

Inside Goldfield Seaview Garden, Xinzhou Nan Lu, Futian District (2381 0830). www.funful.com.cn 福田区新洲南路金地海景花园

### Green Oasis School

No 4030, Shennan Middle Road, Tianmian, Futian District. (8399 6712) admission@greenoasis.org.cn www.greenoasis.org.cn 福田区田面村深南中路4030号

### Hailida International Kindergarten

Xinganghong Kindergarten, intersection of Tai'an Lu, Luohu District (2549 0253). www.hailida.com.cn 罗湖区太安路口新港湾幼儿园

### Mensa Kindergarten

No.13, Xin Housha Lu, Yongkou Cun, Houjie Town, Dongguan. (Tel: 0769 8152 5999; 8290 1900; 8290 1919, Fax: 0769 5152 5222) 菁华园幼儿园 东莞市厚街镇涌口村新厚沙路13号

### International School of Nanshan Shenzhen

A Canadian school accepting application for Pre-Grade 1 through Grade 12. 166 Nanguang Lu, Nanshan District (2666 1000, 2606 6968). admission@isnsz.com www.isnsz.com 南山区南光路166号

### Oxstand International School

No.2040, Buxin Lu, Luohu District. (2581 3954/138 2355 1821/135 1006 5811) eva@oxstand.com.cn 深圳奥斯翰外语学校 罗湖区布心路2040号

### Peninsula Montessori Kindergarten

The Peninsula one, Jin Shiji Lu, Shekou Nanshan District (2685 1266) 半岛城邦国际幼儿园 南山区蛇口东角头金世纪路1号半岛城邦一期

### Quality Schools International

2/F Bitao Center, 8 Taizi Lu, Shekou, Nanshan District (2667 6031). www.shk.qsi.org 南山区蛇口太子路8号碧涛中心2楼

### QSI International School of Shenzhen

(Futian) A1, TCL Science Park, No. 1001 Zhongshan Yuan, Nanshan District (8371 7108) 中山园路1001号TCL科学园A1栋

### Shekou International School

Jingshan Villas, Gongye Er Lu, Shekou, Nanshan District (2669 3669). www.sis.org.cn 南山区蛇口工业二路鲸山别墅内

### Shenzhen (Nanshan) Concord College of Sino-Canada

166 Nan'guang Lu, Nanshan District (2656 8886). www.ccsc.com.cn 南山区南光路166号

### Shenzhen Oriental English College

Bao'an Education City, National Highway 107 (Bao'an Airport North) Bao'an District (2751 6669). www.szoec.baoan.net.cn/ 宝安区107国道宝安教育城(宝安国际机场北)

### Shenzhen Soccer Schools Sports Training Services for Kids in Futian and Shekou with Qualified English Speaking Coaches.

602 Haibin Garden, Xinhua Lu, Shekou, Nanshan District. (26690765, 13823112524) cathy@shenzhensoccerschools.com www.shenzhensoccerschools.com 南山区蛇口兴华路海滨花园海虹阁602

### St. Lorraine Chinese-English Kindergarten

1) Tongjing Garden, Shadong Lu, Liantang, Luohu District (2582 4450) 2) Gemdale Haijing Garden, Xinzhou Nan Lu, Futian District (8330 3329). www.st-lorraine.edu.hk/zhenchun 1) 罗湖区莲塘沙东桐景花园 2) 福田区新洲南路金地海景花园

### The Child-loving Pre-school (Shenzhen) Education Center

1) 16 Jingtian Dong Lu, Xiangmi San Cun, Futian District (8391 0751, 8390 5242) 2) Jian Xin Yuan, Xin Xin Garden, Shixia Er Lu, Futian District (8345 1123, 8345 1146) 1) 福田区香蜜三村景田东路16号 2) 福田石厦二路新新家园建鑫苑

**UP** We maximize infants & toddlers learning abilities. Rm 307 A/B/C, 3/F, East Pacific Square, Hongli Xi Lu, Futian District (8339 0166; 8339 0266) www.upchildren.

com 福田区香蜜湖红荔西路东海城市广场三楼307A/B/C

## LANGUAGE TRAINING

**C Mandarin** Rm 1516, Reith Center, Tower A Century Holiday Plaza, Shennan Dadao, Nanshan District. (8662 6522, 8662 6533). info@cmandarin.com http://www.cmandarin.com/ 西曼德汉语培训学校 南山区深南大道9030号瑞思中心世纪假日广场A座1516室

**Classic Mandarin** 1) Room 11F Seaview Plaza, No.18 Taizi Lu, Shekou, Nanshan District (2688 6112). 2) Rm 601, Unit 1, Building 4, Guanhaitai Garden, Wenxin Wu Lu, Nanshan District (8605 2515). 3) Room 22B, Building C2, Galaxy International Park and Apartment, Fuhua San Lu, Futian District (8344 6661). 4) Room 903, Block C, Mingzhu Square, Changqing Lu, Chang'an Town, Dongguan (0769-8158 5950). www.classic-mandarin.com 1) 南山区蛇口太子路18号海景广场11F室2) 南山区海岸城文心五路观海花园4栋1单元601室3) 福田区福华三路星河国际C2栋8B室4) 东莞长安镇长青路明珠广场C栋903

**ING English 1)** 4/F Rm405, Jingtian Fu Er Building, Futian District (6139 3296) 2) 2/F Xiulin Xin Ju, 7 Meiyuan Lu, Nanshan Dist (2642 8428) 3) Rm 102, Block 52, Yuan Ling Garden, Yuan Ling Xi Lu, Futian District (2594 0606) 4) 2/F Hongshuwai Club, Shahe Dong Lu, Nanshan District. (8626 8094) 1) 福田区景田路102号405室2) 南山区梅园路7号秀林新居2楼3) 福田区园岭西路园岭小区52栋102; 4) 南山区沙河东路中信红树湾社区南会所二楼

**Hanbridge Mandarin** 2/F Hongshuwai Club Shahe Dong Lu, Nanshan District. (8626 8094) 南山区沙河东路中信红树湾社区南会所二楼

### I Mandarin Chinese School

1) 1F, West Wing, Xincheng Building, 1027 Shennan Dadao, Futian District. (2598 7982) 2) Rm 8, 2/F, Youran Ju, Liuzhou Zhiye Center, Nanhai Dadao, Shekou, Nanshan District. (2682 8811) 3) Rm1706, Main building of Golden Central Tower, No.3037, Jintian Lu, Futian District. (15811815474) 爱玛德 1) 福田区深南中路1027号新城大厦西座1F 2) 南山区蛇口南海大道和工业八路交汇处六洲置业中心悠然居2楼3) 福田区金田路3037号金中环商务大厦2楼1706

**Huazhen Mandarin** 1605B, Eastern Tower of Coastal City, No.33 Wenxin Wu, Nanshan District (8278 0705; 2167 4466). www.huazhenchinese.com; huazhenchinese@hotmail.com. 南山区文心五路33号海岸城东座16楼05B

**HT Chinese School**, 1) Rm 2302, Modern International Building, No. 3038 Jintian Lu, Futian District (136 3290 9630). 2) Rm 17C, Profusion Holiday E, Nan Guang Lu, Nanshan District (3663 0235) www.ht-1.cn. 1) 福田区金田路3038号现代国际大厦2302室 2) 南山区南光路缤纷假日E栋17C室

**ING English 1)** 2/F Honghao Garden, 2004 Xiangmei Bei Lu, Futian District. (8353 6200) 2) 2/F Xiulin Xin Ju, 7 Meiyuan Lu, Nanshan District. (2642 8428) 3) 2/F, Building No.8, Baishida Garden, Luohu District. (2561 3600) 4) 2/F, Hongshuwai Club, Shahe Dong Lu, Nanshan District. (8626 8094) 1) 福田区香梅北路2004号宏浩花园2楼2) 南山区梅园路7号秀林新居2楼3) 罗湖区白仕达8号楼2楼4) 南山区沙河东路中信红树湾社区南会所二楼

**La Seine French Training Center** Room 1108-1112, Honggui Building, 2068 Honggui Lu, Luohu District (2586 5656). www.laseine.com.cn 罗湖区红桂路2068号红桂大厦11楼1108-1112室

**Linda Lee Interactive Chinese** B Bihua Lu, Bitao Yuan Villa, Taizi Lu, Shekou, Nanshan District (2686 2019). www.lindalee.com.cn 南山区蛇口太子路碧涛苑别墅碧桦路B号

**Jiahua Language School** Unit3106B The Modern International Futuhua road, Futian District (2396 0365 / 2396 0363) www.jiahuaschool.com 福田区福华路现代国际大厦31层3106B

**New Concept Mandarin** 3/F, Bitao Center, 8 Taizi Lu, Shekou, Nanshan District (2688 3577). www.newconceptmandarin.com 南山区蛇口太子路八号碧涛中心三楼

### Newcity Chinese School

Room 4A, Building 6, Yang Ri Wan Pan, Coastal City, Nanshan District (15820427254). 南山区海岸城漾日湾畔6栋4A

### New Oriental English Training

10 Kexing Lu, Science-based Industrial Zone, Nanshan District (8980 4966). http://shenzhen.neworiental.org 南山区科技园科兴路10号

**Prosen Mandarin** Room 302, East Pacific Square, Hongli Lu, Futian District (400 0980 987) 福田区香蜜湖红荔西路东海城市广场302室

**Qianmo Chinese** 3/F, Hongfu Tower, Caifu Building, Caitian Lu, Futian District (8295 2151) 福田区彩田路彩福大厦福禧楼三楼

### Sinomatian Immersion Chinese

Suite 301, Block 'A' Haibin Huayuan (Seaview Garden), Seaworld, Shekou, Nanshan District 希语麦田沉浸式汉语 深圳市蛇口海上世界海滨花园A栋301室

**Union Mandarin** 2A Bibo Building, Haibin Garden, Xinghua Lu, Shekou, Nanshan District. (2688 4090) 南山区蛇口兴华路海滨花园碧波阁2A湖区深南东路5002号地王商业中心11楼

## HOTEL

Hotels with the sign of a golden key are members of the Golden Key Alliance.

★★★★

**999 Royal Suites & Towers** No.1003, Shennan Dong Lu, Luohu District (2513 0999; Fax: 2513 0839). www.999royal-suites.com; sales@999royal-suites.com. 丹枫白露酒店 罗湖区深南东路1003号

**Best Western Shenzhen Felicity Hotel** 1085 Heping Lu, Luohu District. (2558 6333) www.bwsc.net 罗湖区和平路1085号

**Century Kingdom Hotel** Baige Lu, Buiji Town, Longgang District (8996 9999) 龙岗布吉镇白鸽路

**Crowne Plaza Shenzhen Longgang City Centre** 9009 Longxiang Avenue, Longgang city centre, Longgang District. (3318 1888) 深圳龙岗珠江皇冠假日酒店 龙岗区龙岗中心城龙翔大道9009号

**Crowne Plaza Hotel & Suites Landmark Shenzhen** 3018 Nanhu Lu, Luohu District (8217 2288) 罗湖区南湖路3018号

**Futian Shangri-La Hotel Shenzhen** No.4088 Yitian Lu, Futian District (8828 4088). 福田区益田路4088号福田香格里拉大酒店

**Four Seasons Hotel Shenzhen** 138 Fuhua San Lu, Futian District (8826 8888) 深圳市福田区福华三路138号

**Golden Central Tower** Intersection of Fuhua Lu and Jintian Lu, Futian District (8383 9918). www.jinzhonghuan.com 福田区福华路与金田路交汇处

**Grand Hyatt Shenzhen** No.1881 Baoan Nan Lu, Luohu District (8266 1234) www.shenzhen.grand.hyatt.com 罗湖区宝安南路1881号

**Grand Mercure Oriental Ginza Shenzhen** Shennan Dadao Xi, Futian District (Zhuzilin metro station) (8350 0888) 福田区深南大道西 (地铁竹竹林站)

**Grand View Hotel** 277 Fuhua Lu (Exit C at Gangxia metro station), Futian District (8297 6888). www.szgviewhotel.com 福田区福华路277号 (地铁岗厦站C出口)

**Hilton Shenzhen Shekou Nanhai** 1177, Wanghai Lu, Nanshan District 深圳蛇口希尔顿南海酒店 南山区望海路1177号 (2162 8888)

**InterContinental Shenzhen** 9009 Shen-

nan Dong Lu, Overseas Chinese Town, Nanshan District (Exit C at the Huaqiaocheng metro station) (3399 3388). www.intercontinental.com 南山区华侨城深南东路9009号 (地铁华侨城站C出口)

**JW Marriott Shenzhen** No.6005 Shennan Dadao, Futian District. (2269 8888) 福田区深南大道6005号

**Kempinski Hotel** Hai De San Dao, Hou Hai Bin Lu, Nanshan District (8888 8888) http://www.kempinski.com/cn/ 南山区后海滨路海德三道

**Marco Polo Shenzhen** Fuhua Yi Lu, CBD, Futian District (8298 9888). www.cn.marccopolohotels.com 福田中心区福华一路

**Mission Hills Resort** No.1 Mission Hills Dadao, Bao'an District (2802 0888) 观澜湖酒店集团 宝安区观澜湖高尔夫大道1号

**Pavilion Hotel** 4002 Huaqiang Bei Lu, Futian District (8207 8888) www.pavilionhotel.com 福田区华强北路4002号

**Ramada Plaza Shenzhen** Meilong Lu and Minwang Lu Cross, Minzhi Lu, Longgang District (8171 1333). 深圳豪派特华美达广场酒店 梅龙路与民旺路交汇处 www.ramadazs.com

**Shangri-La Hotel** East of the Luohu Train Station, Jianshe Lu, Luohu District (8233 0888). www.shangri-la.com 罗湖区建设路火车站东侧

**Shenzhenair International Hotel Shenzhen** 6035 Shennan Da dao, Futian District (8881 9999). 深圳深航国际酒店, 福田区深南大道6035号. www.szahotel.com

**Shangri-La Futian Hotel** No. 4088 Yitian Lu, Futian District. (8828 4088) 福田香格里拉大酒店, 福田区益田路4088号

**Sheraton Shenzhen Futian Hotel** Inside the Great China International Exchange Square, Fuhua Lu, Futian District (8383 8888) 福田区大中华国际交易广场内

**Sheraton Dameisha Resort** 9 Yankui Lu, Dameisha, Yantian District (8888 6688) 盐田前海沙盐葵路(大梅沙段)9号

**Sunshine Hotel** 1 Jiabin Lu, Luohu District (8223 3888). www.sunshinehotel.com 罗湖区嘉宾路1号

**St. Regis Shenzhen** No.5016 Shennan Dong Lu, Luohu District (8308 8888) 深圳瑞吉酒店 罗湖区深南东路5016号

**Tangla Hotel Shenzhen**, No.588 Ji Xiang Zhong Lu, Longgang City Center, Longgang District (8998 8888). 深圳友和国际唐拉雅秀酒店, 龙岗区中心城吉祥中路588号

**The Interlaken OCT Hotel Shenzhen** East Overseas Chinese Town, Dameisha, Yantian District (8888 3333). www.interlakenhotel.com 盐田区大梅沙东部华侨城

**The Langham, Shenzhen**, No. 7888, Shennan Dadao, Futian District (8828 9888). 深圳朗廷酒店, 福田区深南大道7888号

**The Pavilion Longgang** 168 Dayun Road, Longgang District. (8989 9888) www.pavilionhotel-longgang.com 中海圣廷苑酒店 龙岗区大运路168号

**The Ritz-Carlton, Shenzhen** 116 Fuhua San Lu, Futian District (2222 2222) 福田区福华三路116号

**The Westin Shenzhen** 9028-2 Shennan Dadao, Nanshan District (2698 8888) www.westin.com/shenzhen 南山区深南大道9028号-2

**The Venice Hotel Shenzhen** No.9026, Shennan Dadao, Overseas Chinese Town, Nanshan District (2693 6888) 深圳威尼斯酒店 南山区华侨城深南大道9026号

**Holiday Inn Dong Hua** Dong Hua Yuan, Nan Hai Boulevard, Nanshan District. 8619 3999 南山区南海大道东华园

**Hwongtee V Hotel** No.2028 Jintian Lu, Huanggang Business Center, Futian District. (8891 1111) 深圳皇庭V酒店 福田区金田路



**Wu Zhou Guest House** 6001 Shennan Dadao, Futian District (8313 9480). www.wuzhouguesthouse.com 福田区深南大道6001号

★★★★

**Century Plaza Hotel** No. 1 Chunfeng Road, Shenzhen (8232 0888)http://www.szcphotel.com 罗湖区春风路1号

**Four Points by Sheraton** 5 Guihua Lu, Free Trade Zone, Futian District (8359 9999) 福田区保税区桂花路5号

**Grand Skylight Garden Hotel** Tianmian City Building, Shennan Zhong Lu, Futian District (8281 6666) www.ggsihotel.com 福田深南中路天面城市大厦

**Jinhui Jasper Hotel** International Mayor Communication Center, Shennan Dadao, Nanshan District (8610 0888) 南山区深南大道国际市长交流中心

**Master Club** 183 Taining Lu, Luohu District (2568 9222) 罗湖太子路183号

**Minghua Hotel** 8 Guishan Lu, Shekou, Nanshan District (2668 9968). www.minghua-hot.com 南山区蛇口龟山半岛路8号

**New Times Hotel** 4018 Jiabini Lu, Luohu District (2590 1909) 罗湖区嘉宾路4018号

**Novotel Bauhinia Shenzhen** Qiaocheng Dong Lu, Overseas Chinese Town, Nanshan District (2548 3461) 南山区华侨城侨城东路

**Seaview Hotel** Overseas Chinese Town (Exit A at Huaqiaocheng metro station), Nanshan District (2660 2222) www.seaviewhotel.com.cn 南山区华侨城 (地铁A出口)

★★★

**City Inn** Overseas Chinese Town (Huaqiaocheng metro station), Nanshan District (2693 0666). www.cityinn.com.cn 南山区华侨城

**Golden Lustre Hotel** 3002 Chunfeng Lu, Luohu District (8225 2888) 罗湖区春风路3002号

**Greatwall Hotel Shen Zhen** 2086 Honggui Lu, Luohu District (2558 3369). www.great-wallhotel.com 罗湖区红桂路2086号

**Hai Tao Hotel** 8 Gongye Yi Lu, Industrial Zone, Shekou, Nanshan District (2668 1688) 南山区蛇口工业区一路8号

**Vienna Hotel (Meilin)** No.33/35, Zhongkang Lu, Shangmeilin, Futian District (8331 7168) 福田区上梅林中康路33-35号

☆

**Shenzhen Loft Youth Hotel** Building 3, Enping Lu, Overseas Chinese Town, Nanshan District (2694 9443, 26601293) 南山华侨城成恩街3栋

**Vision Fashion Hotel** Inside Shenzhen Grand Theater, Shennan Dong Lu, Luohu District (2556 1570) 视界风尚酒店, 罗湖区深南东路5018号深圳大剧院内

**HRS.cn** HRS Customer Service Hotline (China) (8007201388/4007201388) www.hrs.com www.hrs.de www.hrs.cn 全球订房网

### SERVICED RESIDENCE

**Ascott Maillen** Shenzhen No.3 Yanshan Road, Nanshan District. (2160 0188). 南山区沿山路3号

**Reits Service Apartment** Yan shan Lu, Shekou, Nanshan District. (2667 3667) Email:info@reits-service.com 瑞特兹服务公寓 南山区蛇口沿山路11号

**Chicago Suites International** 9 Yanna Lu (next to Hualian Building), Futian District (8281 0888). 福田区燕南路9号 (华联旁)

**Fietser International** 6012 Shennan Dadao, Futian District (8292

8666). 福田区深南大道6012号

### BOOKSTORES

**Xin GuanCha Cangjin Magazine Shop** Exit A, Shi Jie Zhi Chuang metro station, Shennan Da Dao, Nanshan District (8122 9950) 新观察藏金杂志店 (深圳市满金商行, 深南大道世界之窗地铁站A出口)  
**Shenzhen Book Center** 2-4/F, Zhonghe Building, intersection of Shennan Zhong Lu and Shangbu Lu (8281 5900). 深圳购书中心, 深南中路步路口中核大厦2-4楼

**Shenzhen Book Mall** 1) Central Walk branch, Fuzhong Yi Lu (Shao Nian Gong station of metro Line 4), Futian District (8289 3888) 2) Luohu branch, 1-4/F Jinshan Building, 5033 Shennan Dong Lu, Luohu District (8207 3031) 3) Nanshan branch, the intersection of Nanhai Dao Dao and Haide Er Dao (next to Haiya Department Store), Nanshan District (8612 2001) 4) Yantian branch, 1/F Yantian Culture Center, Shayan Lu, Yantian District (2522 7061) 5) Bao'an branch, 272 Jian'an Yi Lu, Section No. 10, Bao'an District (2778 2400) 6) Huaqiang branch, 3/F Wanshang Electric Appliance City, 3018 Huaqiang Bei Lu, Futian District (8376 5480). www.szbookmall.com 1) 中心城, 福田区福中一路 (地铁四号线少年宫站) 2) 罗湖, 罗湖区深南东路5033号金山大厦1-4楼 3) 南山城, 南山区南海大道与海德二道交界处 (海雅百货旁) 4) 盐田店, 盐田区沙盐路盐田文化中心一楼5) 宝安区, 宝安区十区建安一路272号6) 华强店, 福田区华强北路3018号万商电器城三楼

**Yiwen (Eon) Books** South section of Shenzhen Book Mall Central Walk branch, Fuzhong Yi Lu, Futian District (2399 2112). http://ebooks.com.cn It specializes in imported foreign language books. 福田区福中一路中心书城南区

### SPORTING GOODS STORES

**Decathlon** 1) Junction of Nanhai Dadao and Gongye Ba Lu, Shekou, Nanshan District. (2689 7878) 2) Building 1, No.255 east Shahe Lu, Nanshan District. (next to IKEA) (8623 9003) 1) 南山区蛇口南海大道与工业八路交界处 2) 南山区沙河东路225号一号楼 (宜家对面)

**Vafox Outdoor Equipment Shop** 1) Hangyuan Bldg, Zhenhua Lu, Futian District (0755-8323 1232) 2) junction of Zhenxing Lu and Yannan Lu, Futian District (0755-8325 9153) 3) 5) Guimiao Lu (opposites Sui Bao Department Store), Nanshan District (0755-2607 2878) 4) 3085 Shennan Dong Lu (opposites the Men Zhen Bu bus station), Luohu District. 1) 福田区振华路航苑大厦后 2) 福田区振兴路-燕南路交叉路口3) 南山区桂油路5号 (罗百百货对面) 4) 深南东路3085号 (门诊部车站对面)

**VR Hiker Outdoor Equipment** 1) No. 53 Binjiang Xincun, Dongyuan Lu, Futian District (8227 6991) 2) Block B No. 103, Yufeng Building, Shangbu South Road, Futian District (2513 6992) 3) No.5 Building 32, Block 2, Haiyue garden, Industrial Road Eight, Nanshan District (2683 8035) 4) 1/F, No.1107, Block 4 Jinxu jiangnan, Meilong Middle Road, Minzhi Street, Bao'an District (8178 7733) www.vrhiker.net 1) 福田区东园路滨江新村53号 2) 福田区上步南路玉丰楼B幢103号 3) 南山区工业八路海月花园二期32幢5号地铺 4) 宝安区民治街道梅龙中路锦绣江南四期一楼商铺1107号

**Trek Shop** No.48, Phrase 2, Costal Rose Garden, Shekou, Wanghai Lu, Nanshan District (2688 5755) 绿色先锋 南山区蛇口望海路南海玫瑰园二期48号商铺

### SHOPPING

#### IMPORTED FOOD SHOPS

**Charlie's Store USA & Co.** 1) Shop 8, 1/F Bitao Center, Taizi Lu, Shekou, Nanshan District (2667 2701) 2) Shop 030, UG/F, Central Walk, Fuhua Yi Lu, Futian District (8280 1418). It features all kinds of imported food from the U.S. and Europe.

1) 南山区蛇口太子路碧涛中心一楼8号 2) 福田区福华一路中心城广场UG层030号

**Flaschengeist** Shop A2-08, 2/F, Poly Cultural Center, Houhaibin Lu, Nanshan District. It features various liqueurs, sparkling wines, drinks, olive oils and vinegars imported from Australia. www.flaschengeist.com.cn 南山后海滨路保利文化广场A区二楼A2-08铺  
**The Butcher Shop & Fine Foods** Shop 6, 1/F, Honlux Hotel, Sea World Plaza, Shekou, Nanshan District (2685 8295). Daily 10am-8pm. It offers a wide selection of imported food from chilled meat to fine cheese. 南山区蛇口海上世界鸿隆公寓1楼6铺

**Yichiban Food** Shop 6, Banshan Ming Dian Fang, intersection of Gongye Er Lu and Yanshan Lu, Shekou, Nanshan District (2667 6655). It specializes in imported Japanese food. 南山区蛇口工业二路与沿山路交汇处半山名店坊6号

### SUPERMARKETS

**Carrefour** 1) 906 Changxing Nan Lu Xi, Nanshan District (2606 3532) 2) Zone No.1, Meilin Yi Cun, Futian District (3399 2799) 3) Lvjing Garden, intersection of Fuqiang Lu and Xinzhou San Ji, Futian District (8829 1855) 4) 68 Songyuan Lu, Luohu District (2215 4438) 5) Xiangbin Square, intersection of Jian'an Yi Lu and Xinzhen Lu, Bao'an District (2965 5669) 6) 2-3/F, Ganglong Shopping Center, east of Guangshen Gonglu, Section No.80, Xixiang Jiedao, Bao'an District (3381 6080) 7) Yijing Central Walk, Fuhua Yi Lu, Central District, Futian District (8280 1666) 8) B1/F, Poly Culture Square, intersection of Wenxin Wu Lu and Haide Yi Dao, Nanshan District (beside Kempinski Hotel) (3302 2308) 1) 南山区常兴南路西906号 2) 福田区梅林一村一区裙楼 3) 福田区福松路与新洲三街交汇处西北侧绿景花园 4) 罗湖区松园路68号 5) 宝安建安一路新洲路交汇处香缤广场 6) 宝安区西乡街道80区广深公路东侧港隆城购物中心2-3楼 7) 福田区中心区福华一路怡景中心购物广场负1层 8) 南山区文心五路与海德二道交汇处保利文化广场B1层 (凯宾斯基酒店旁)

**Jusco** 1) B1/F, City Plaza, 1093 Shennan Zhong Lu, Futian District (25942828) 2) 1-2/F, Dongjun Commercial Building, Sino-Link Garden, Taining Lu, Luohu District (2594 2828) 3) Wuzhou Shopping Center, near Shenzhen-Huizhou Highway, Longgang District (8488 1688) 4) B1/F, Coco Park, Fuhua San Lu, Futian District www.jusco.cn 1) 福田区深南中路1093号中信城市广场B1 2) 罗湖区太子路百仕达花园第四期东都商业楼1-2层 3) 龙岗区深惠路旁万鑫五洲风情购物中心 4) 福田福华三路购物公园B1层

**Metro** 1) No.4008 Bao'an Bei Lu, Luohu District. (8360 8888) 2) Building 4, No.255 Shahe Dong Lu, Nanshan District. (8602 8888) 3) A1A2, Building 1, Guan Cheng Shi Jia, Qianjin Lu Nan, Bao'an District. (3680 8888) 麦德龙 1) 罗湖区宝安北路4008号 2) 南山区沙河东路255号4栋 3) 宝安区前进路南侧冠城世家1栋1座A1A2

**Olé** 1) Shop B48, The MIXC, 1881 Bao'an Nan Lu, Luohu District (8266 8166) 2) B2/F Holiday Plaza, 9028 Shennan Da Dao (metro Window of the World station, Exit A), Nanshan District (8629 8208) 1) 罗湖区宝安南路1881号万象城B48铺 2) 南山区深南大道9028号益田假日广场负二层 (地铁世界之窗站A出口)

**ParkNShop** 1) 102 of Generalization Market, OCT Portofino Community, Nanshan District. 2) Part of G/F, Le Parc, Fuzhong Lu, Futian District. 3) G/F, Crystal Garden, 8 Taizi Lu, Shekou, Nanshan District. 1) 南山区华侨城波托菲诺社区综合市场102 2) 福田区福中路黄埔雅苑商场首层 3) 蛇口工业区太子路8号碧涛中心一楼

**Walmart** 1) 1-3/F Bai Hua Yuan, Shangbu Zhong Lu, Futian District (8327 0660) 2) 1-3/F, Zhong Shan Hua Yuan, 12 Fenghuang Lu, Luohu District (8214 0686) 3) 1-3 Hu Jing Hua Yuan, Honghu Lu, Luohu District (2562 9815) 4) B1/F Jia Li Center, 2008 Renmin Nan Lu, Luohu District (8236 1475) 5) Intersection of Gongye Da Dao and Dong-

bin Lu (2681 6711) 6) 1-2/F Hong Zhou Wen Ding Jia Yuan, Nanxin Lu, Shennan Da Dao, Nanshan District (2646 0707) 1) 福田区上步中路百花园1-3层 2) 罗湖区凤凰路12号中山花园裙楼1-3楼 3) 罗湖区洪湖路湖景花园1-3层 4) 罗湖区人民南路2008号嘉里中心B1层 5) 工业大道和东滨路交汇处 6) 南山区深南大道南新路洲文鼎家园1-2层

**Fraser Place Serviced Residences** 8 Nanhai Da Dao, Shekou, Nanshan District (2688 3333). 南山区蛇口南海大道8号

**Honlux Apartment** Taizi Lu, Shekou, Nanshan District (2681 6666) 南山区蛇口太子路

**Portofino International Apartment** Overseas Chinese Town, Nanshan District (8608 0101) www.octgy.com 南山区华侨城波托菲诺国际公寓

**Qu Apart+tel** 9172 Binhe Lu, Futian Shenzhen (4006788815) www.uniqueparttel.com 福田区滨河路9172号

**Somerset Garden City, Shenzhen** No.1068 Nanhai Da Dao, Nanshan District (2602 9988) 南山区南海大道1068号

**Shangri-La Residence Futian Shenzhen** 4088 Yi Tian Lu, Futian District (8828 4088) 福田区益田路4088号

### MY HOME

#### PROPERTY SERVICE

**Ascott Maillen** Shenzhen No.3 Yanshan Road, Nanshan District. (2160 0188). 南山区沿山路3号

**Coast Times** (Expat Relocation & Real Estate Services) 19E, Seascope Square, Taizi Lu, Shekou, Nanshan District. (8884 6287; 2641 1929). www.shenzhenrent.com; service@shenzhenrent.com 南山区蛇口太子路海景广场19E

**China Merchants Property Consultants (CMPC)** Rm 825-826, 8/F, Zhaoshang Building, Zhao shang Road, Shekou, Nanshan District (8886 7798) www.cmcc.com/en 南山区蛇口招商路招商大厦8楼 825-826室

**Easy Service** (One-stop service for Expatriates) Room 1023, International Mayors Plaza, Nanshan District. (88825921; 18923797512) www.easyservice.cc; info@easyservice.cc 南山区华侨城国际市长大厦1023室

**Locker Locker Self Storage** 4/F, Building 429, Bagua San Lu, Futian District. 福田区八卦三路429栋4楼 (8860 0308)

**Santa Fe Real Estate** Rm2207, CNPC Power Hotel, Nanshan Dadao, Nanshan District (2652 8055) www.santaferelo.com 南山区南山大道中油大厦2207室

**Shenzhen Good House Easy Life Property Ltd.** Shop Middle 135, Sea Taste, Wanghai Lu, Shekou, Nanshan District (8882 9178; 2160 0686; fax: 2667 8888). jgyj\_zjb@we18.cn; www.shenzhenlease.com. 深圳市嘉尚易居房地产经纪有限公司 南山区蛇口望海路海韵嘉园商业裙楼中135号

**Somerset Garden City, Shenzhen** No.1068 Nanhai Da Dao, Nanshan District (2602 9988) 南山区南海大道1068号

**Centaline Property** 3/F, Xin Hua Bao Xian Bldg, Mintian Lu, Futian District. (Tel: 8221 1880, Fax: 3398 0901). www.szentaline.com.cn 深圳市福田区民田路新华保险大厦3楼

**Century 21** Huitai Building, Yanhe Nan Lu, Luohu Dist. (2230 2899) 罗湖区沿河南路汇泰大厦

**DTZ** Rm2809-2815, Di Wang Commercial Centre, 5002 Shennan Dong Lu, Luohu District (Tel: 8212 5111, Fax: 8246 0001). www.dtz.com 罗湖区深南东路5002号地王大厦28楼 2809-2815室

### INTERIOR DESIGN

**Arting Décor** 7/F, B Tower, Lianhe Plaza, Binhe Lu, Futian District (Tel: 8295 1183, Fax: 8295 1184).



## BUBBA MAC'S SMOKEHOUSE BBQ

On the third-floor rooftop of McCawley's in Sea World, you'll find Bubba Mac's Smokehouse BBQ. The decor is authentic Deep South with recycled timber, old steel and a touch of neon for warmth and ambiance. Specialties - including smoked brisket, pulled pork shoulder, slabs of pork ribs, chicken and pulled turkey - are cooked 'low

and slow,' hot-smoked over wood in a special smokehouse oven, and served with special in-house rubs and marinades. Expect meltingly tender meat that falls straight off the bone. Just right with a bourbon or American beer!

// Shop 118, Sea World, Shekou 海上世界118号商铺 (2668 4496)

Win!

We've got two RMB200 vouchers for Bubba Mac's Smokehouse BBQ to give away. For a chance to win, simply email [editor.prd@urbanatomy.com](mailto:editor.prd@urbanatomy.com) with the subject 'Bubba' and how you like your BBQ by April 20.



## INTERCONTINENTAL HOTEL

Two new luxury weekend buffets are keeping things fresh in April at the InterContinental: Go Thai at Coriander on Saturdays offers curries, spring rolls and other great Thai dishes prepared by the hotel's Thai and Indian chefs (RMB308 plus 15 percent). On Sundays, try out an array of Brazilian flavors at Alenha and relax with

free-flow sparkling wine and soft drinks, a choice of fresh seafood and meat (RMB368 plus 15 percent) and live music. Both run from 11.30am to 2.30pm.

// InterContinental, 9009 Shennan Dadao, Overseas Chinese Town, Nanshan District 南山区华侨城深南大道9009号 (3399 3388)

## LISTINGS

[www.szyating.com](http://www.szyating.com) 福田区滨河路联合广场B座7层702

**Creative Space Decoration Design Co. Ltd**  
Rm603, Block A, Hai Song Bldg, Tairan Jiu Lu, Che Gong Miao, Futian District (Tel: 8384 9994, Fax: 0755-8384 9994). [www.china-cy.com](http://www.china-cy.com) 福田区车公庙泰然九路海松大厦A座603室

**Ease International Tower**  
21A&21B, Haiying Bldg, Caitian Nan Lu, Futian District (Tel: 8291 3509, Fax: 8292 4630). [www.easespace.com](http://www.easespace.com) 福田区彩田南路海鹰大厦21A/B座

**J&A Interior Design Co. Ltd**  
1101 Building B Haisong Da Sha Tairan Jiu Lu, Che Gong Miao, Futian District (Tel: 8341 6061, Fax: 8341 3626). [www.szjap.com.cn](http://www.szjap.com.cn) 福田区车公庙泰然九路海松大厦B座1101

**KB PARTNERS & ASSOCIATES LTD.**  
Interior design, construction, space planning 1)21/F Prosperity Center, 982 Canton Road, Kowloon, Hong Kong (852 26251178) [www.kbpartners.com.hk](http://www.kbpartners.com.hk); 2)G-H 23/F Daqing Building, Shennan Lu, Futian District, Shenzhen (6169 1587) [www.szkbp.com](http://www.szkbp.com) 1) 香港九龙广东道982号嘉富商业中心21楼 2) 深圳市福田区深南大道大庆大厦23GH

**UCS Group**  
m18D, Building 9, Xiang Shi Mei Lin, Zhulin Si Lu, Futian District (Tel: 8826 0166, Fax: 8826 0506). [www.ucsom.com](http://www.ucsom.com) 福田区竹林四路香诗美林9栋18D

**Trueway Interior Design** Rm 813-815, Chemical Industry Building, 2 Tianbei Si Lu, Luohu District (Tel: 2550 0121, Fax: 2550 0131). [www.truway.com.cn](http://www.truway.com.cn) 罗湖区田贝四路2号化工大厦813-815室

**Ricky C.T. Wong Design Consultants (HK) Limited** Rm 710 Shenmao Commercial Center, 59 Xinwen Lu, Futian District (Tel: 8294 5411, Fax: 8294 5400). [www.wangwalung.com](http://www.wangwalung.com) 福田区新闻路59号深茂商业中心710室

### FURNISHING MALLS

**IKEA** 8188 Beihuan Da Dao, Nanshan District. (Intersection of Shahe Dong Lu and Beihuan Da Dao) (400-800-2345). Opening hour: 10am-10pm. [www.ikea.com/cn](http://www.ikea.com/cn) 南山区北环大道8188号 (沙河东路和北环大道交界西北角)

**IQ Air** Shop 27, Phase 2, Nanhai Rose Garden, Wang Hai Lu, Shekou, Nanshan District. (26820754/26830617) [www.iqair-china.com](http://www.iqair-china.com) 南山区蛇口望海路南海玫瑰园二期27号商铺

**Ligne Roset** Shop 1020-1021, Galaxy Century, Caitian Lu, Futian District. (2399 1868). [www.ligne-rosset.com.cn](http://www.ligne-rosset.com.cn) A world-famous French manufacturer of luxury designer's furniture. 福田区彩田路星河世纪大厦一楼1020-1021号

**Trendy Home** 1) Shop 318, 3F Garden City, Shekou, Nanshan District (2686 5158) 2) Shop 406, Top Living, Xinghe Shiji Building, 3069 Caitian Lu Futian District (2399 1048) 3) Shop 315, 3/F The Mix, 1881 Bao'an Nan Lu, Luohu District (8269 0246). [www.trendyhome.com.cn](http://www.trendyhome.com.cn) 1) 南山区蛇口花园城3F318铺 2) 福田区彩田路3069号星河世纪大厦第三空间创意生活馆406铺 3) 罗湖区宝安南路1881号万象城3楼315铺

**B&Q** 1) 4008 Bao'an Bei Lu, Luohu District (2593 7788) 2) Yun Song Building, intersection of Binhe Lu and Tairan Jiu Lu, Che Gong Miao, Futian District (3336 6611) 3) 3028 Nanshan Da Dao, Nanshan District (8612 1666) [www.bnq.com.cn](http://www.bnq.com.cn) 1) 罗湖区宝安北路4008号 2) 福田区车公庙滨河路与泰然九路交汇处云松大厦3楼 3) 南山区南山大道3028号

**Ecannon** 3/F, Wal-Mart Shopping Center, OCT, Shennan Da Dao, Futian District (2694 1000). [www.ecannon.cn](http://www.ecannon.cn) 福田区深南大道华侨城沃尔玛商场3楼

**Hoba Home Furnishings** 1) Junction of Baoan Bei Lu and Meiyuan Lu, Luohu District (8244 9538) 2) 3006 Caitian Lu, Futian District (8291 1695) 3) 1-4/F, Cai Tian Ming Yuan, 3010 Caitian Nan Lu, Futian District (8291 1695) 4) Qianjin Yi Lu, Zone No.5, Bao'an District (2785 6780). 1) 罗湖区宝安北路与梅园路交汇处 2) 福田区彩田路3006号 3) 福田区彩田南路3010号彩天名苑裙楼1-4楼 4) 宝安区25区前进一路

**Top Living** 1-4/F, Galaxy Century Building, 3069 Caitian Nan Lu, Futian District. (8882

3000). <http://www.topliving.cn/> 福田区彩田南路3069号星河世纪大厦负一到四楼

**Kinhom** 1) Bao'an Bei Lu, Luohu District (8213 3507) 2) Junction of Nigang Lu and Bao'an Bei Lu, Luohu District (8242 6999) 3) Huang Ting Shi Ji, Yitian Lu, Futian District (8283 6316). [www.kinhom.com](http://www.kinhom.com) 1) 罗湖区泥岗路与宝安北路交汇处 2) 罗湖区宝安北路 3) 福田区益田路皇庭世纪裙楼

### SUPERMARKETS

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**Jusco** 1) B1/F, City Plaza, 1093 Shennan Zhong Lu, Futian District (25942828) 2) 1-2/F, Dongjun Commercial Building, Sino-Link Garden, Taining Lu, Luohu District (2594 2828) 3) Wuzhou Shopping Center, near Shenzhen-Huizhou Highway, Longgang District (8488 1688) 4) B1/F, Coco Park, Fuhua San Lu, Futian District [www.jusco.cn](http://www.jusco.cn) 1) 福田区深南中路1093号中信城市广场B1 2) 罗湖区太子路百仕达花园第四期东郡商业楼1-2层 3) 龙岗区深惠路旁万鑫五洲风情购物中心 4) 福田福华三路购物公园B1层

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**ParkNShop** 1) 102 of Generalization Market, OCT Portofino Community, Nanshan District. 2) Part of G/F, Le Parc, Fuzhong Lu, Futian District. 3) G/F, Crystal Garden, 8 Taizi Lu, Shekou, Nanshan District. 1) 南山区华侨城波托菲诺社区综合市场102 2) 福田区福中黄埔雅苑商场首层 3) 蛇口工业区太子路8号碧涛中心一楼

**Walmart** 1) 1-3/F Bai Hua Yuan, Shangu Zhong Lu, Futian District (8327 0660) 2) 1-3/F, Zhong Shan Hua Yuan, 12 Fenghuang Lu, Luohu District (8214 0686) 3) 1-3 Hu Jing Hua Yuan, Honghu Lu, Luohu District (2562 9815) 4) B1/F Jia Li Center, 2008 Renmin Nan Lu, Luohu District (8236 1475) 5) Intersection of Gongye Da Dao and Dongbin Lu (2681 6711) 6) 1-2/F Hong Zhou Wen Ding Jia Yuan, Nanxin Lu, Shennan Da Dao, Nanshan District (2646 0707) 1) 福田区上步中路百花园1-3层 2) 罗湖区凤凰路12号中山花园裙楼1-3楼 3) 罗湖区洪湖路湖景花园1-3层 4) 罗湖区人民南路2008号嘉里中心B1层 5) 工业大道和东滨路交汇处 6) 南山区深南大道新洲路文鼎家园1-2层

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# LISTINGS

9026 Shennan Lu, OCT, Nanshan District. (185 66260692). www.qnippbymarieke.com. 马丽歌发型设计-化妆造型, 南山区华侨城深南大道9026号威尼斯酒店2楼

**Tony & Guy 1** 103, Section C, SeaWorld Shekou, Nanshan District (2290 9521); 2) Unit S248, Phase 2, the Mixx, 1881 Baoran Nan Lu, Luohu District (1) 南山区蛇口望海路海上世界C区103店2) 罗湖区宝安南路1881号华润中心万象城S48号

## MASSAGE + SPAS

**OR Sense Spa G/F, Mega-Plus Space**, No.1019 Nan Hai Dadao, Shekou, Nanshan District. (2683 8226, 2683 8336). www.sensespa.com.cn (spareservation@hotmail.com) 森之泉水水疗休闲会所 南山区蛇口南海大道1019号南山医疗器械产业园A栋一楼

**Avana Spa G/F, Maillen Club, 1Yanshan Lu**, Shekou, Nanshan District. (2681 9040) 南山区蛇口望海路1号美伦会所首层

**Casson City 38 Futian Nan Lu, Futian District** (8395 2999) 嘉祥城国际俱乐部, 福田区福田南路38号

**Heavenly Spa 4/F, The Westin Shenzhen Nanshan**, No. 9028-2, Shennan Dadao, Nanshan District (8634 8860) 威斯汀天梦水疗, 南山区深南大道9028-2-深圳益田威斯汀酒店4层

**Iridium Spa 75/F, St. Regis Shenzhen**, No. 5016, Shennan Lu Dong, Luohu District (8308 8888). 罗湖区深南东路5016号瑞吉酒店75楼

**Oriental Ginza Club 5/F, Grand Mercure Oriental Ginza Hotel, Zhuzilin, Shennan Dadao**, Futian District. (8350 0888 ext.88208) 福田区深南大道竹子林东方银座美商酒店5楼东方银座会所内

**Gold Coast Club Inside Shenzhen Kaili Hotel**, 2027 Jianbin Dong Lu, Luohu District. 罗湖区嘉宝东路2027号深圳凯利宾馆内

**Spa Moment 1** 3/F, Man Ha Shopping Mall, Huaqiang Bei Lu, Futian District (8335 6066) 2) 3/F, Block B, Central Hall, United Plaza, 5022, Binhe Da Dao, Futian District (8295 1129) 3) Shop G301, Di Wang Commercial Center, 5002 Shennan Dong Lu, Luohu District (2583 9777). www.spamoment.net. 1) 福田区华强北路曼哈姆城3楼 2) 福田区滨河大道5022号联合广场B座中心大堂3楼 3) 罗湖区深南东路5002号地王大厦G301铺

**Mandara Spa 4/F, Marco Polo Shenzhen**, Fuhua Yi Lu, Futian CBD (8298 9888). Opening time: spa: 12am to 12pm/ salon: 12am to 8pm (closed on Mondays). www.mandaraspas.com 福田商厦福华一路深圳马哥孛罗酒店4楼

**Queen Spa & Dining B1-4/F, Golden Metropolis Bldg, Chunfeng Lu, Luohu District** (8215 8822) 罗湖区春风路金色都汇1楼-4楼

**Thaya Oriental 1/F, Haitao Hotel, 8 Gongye Yi Lu, Shekou, Nanshan District** (2683 3173). www.tspa.com 南山区蛇口工业一路8号海涛酒店一楼

**The Ritz-Carlton Spa 5/F, The Ritz-Carlton**, Shenzhen, 116 Fuhua San Lu, Futian District (2222 2222 ext.8468) 福田区福华三路116号深圳丽思卡尔顿酒店5楼

**Waterfall Spa & Wellness InterContinental Shenzhen**, 9009 Shennan Da Dao, Overseas Chinese Town, Nanshan District (2690 6888). 南山深南大道9009号华侨城洲际酒店

**Zense Spa 2 Wenjin Zhong Lu, Luohu District** (8239 9999). www.zensespa.com 罗湖区文锦中路2号

## NAILCARE

**Angel's Touch Shop03, Building S, Phrase 4, Pure Waterfront Villas, Overseas Chinese Town, Nanshan District** (2600 3508) www.angeltouch.com.cn 南山去华侨城纯水岸四期S栋商住楼03号

**Lovely Nails Shop 96, LG/F, CITIC City Plaza, Shennan Zhong Lu, Futian District** (2598 9925) 福田区深南中路中信城市广场LG层96铺

**OR Nail Salon Shop B1S-039, B1/F, Coco Park, Fuhua San Lu, Futian District** (8290 3011). 福田区福华三路星河购物公园B1层 B1S-039商铺

**Nail Culture Ritz-Carlton Shenzhen**, 116 Fuhua San Lu, Futian District (2222 2222-8468) 福田区福华三路116号深圳丽思卡尔顿酒店内

**Zhi Dian Art Nail Salon ShopS176, 1/F, South Section, Book Center(Zhong Xin Shu Cheng), Hongli Lu, Futian District** (2399 1398) 福田区红荔路中心书城南区1楼S176

## SHOP

**Paleolithic**, Shop 116, Block 2, Nanhai Ecool, No.6 Xinhua Lu, Nanshan District (2685 3477). 五岩画, 南山区蛇口兴华路6号南海意库2栋116号

## DANCE

**Mernisa Belly Dance Club Room101, Dongfeng Automobile Area, Yannan Lu, Futian District** (8321 0815). www.bellydancing.com.cn 福田区燕南路8号东风汽车大院101

**Salsa Shenzhen** The premier salsa club in Shenzhen. Find out more at www.salsasz.com

**Yinia Belly Dance Training Center Room6C Haiying Building, Exit A of Gangsha metro station, Futian District** (8287 0819). www.szdupiwu.com 福田区岗厦地铁站A出口海鹰大厦6C室

## GOLF

**Century Seaview Golf Club Yang Chou Bay, Nan'ao County** (8440 0888). www.century-seaviewgolf.com 龙岗区南澳镇洋畴湾

**Mission Hills Golf Club-China** No.1 Mission Hills Da Dao, Bao'an District (2802 0888) 观澜湖高尔夫球会 宝安区观澜湖高尔夫大道1号

**Sand River Golf Club 1** Baishi Lu, Nanshan District (2690 0111). www.srgc.cn 南山区白石路1号

**Shenzhen Firestone Public Golf Club** Guangming Town, Bao'an District (2788 8999) 宝安区光明镇

**Shenzhen Golf Club** Opposites Xiang Mi Lake Resorts, Shennan Da Dao, Futian District (8330 8888) 福田区深南大道香蜜湖度假村对面

**Shenzhen Jiulong Hills Golf Club** Jiulong Hills Green Base, Fumin Village, Guanlan Town, Bao'an District (2798 6222) 宝安区观澜镇富福民九龙山绿色基地

**Shenzhen Noble Merchant Golf Club** Shahe Dong Lu, Nanshan Dist (2690 9999) www.nmgolf.com.cn 南山区沙河东路

**Shenzhen OCT Yunhai Valley Golf Club** San Zhou Tian, Yantian District (2888 1111) 盐田区三洲田

**Shenzhen Tycoon Golf Club** Jiu Wei Village, Xixiang County, Bao'an District (2748 3999) 宝安区西乡镇九围村

**Xili Golf and Country Club Tang Lang Village, Xili Town, Nanshan District** (2655 2888). www.xiligolf.com 南山区西丽镇塘朗村

## BUSINESS

### BUSINESS ASSOCIATIONS

**Atlantic Canada Business Network** Rm 205, 2/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District, Shenzhen (Tel: 2658 8371; fax: 2658 8372). www.atlantic-canada.org 南山高新科技园南区留学生创业大厦2楼205室

**Australian Trade Commission (Austrade) Shenzhen** Rm21-C, Building of Shenzhen Development Bank, 5047 Shennan Dong Lu, Luohu District (Tel: 6130 3218; fax:

6130 7049) www.austrade.gov.au 罗湖区深南东路5047号深圳发展银行大厦21楼C座

**China-Italy Chamber of Commerce** Rm220, 2/F, International Chamber Of Commerce, Fuhua San Lu, Futian District (Tel: 8632 9518; Fax: 8632 9528). www.cameraitalia.com 福田区福华三路国际商会中心2楼220室

**Egypt-China Business Council (South China)** Rm 201, 2/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8635 0900; fax: 8635 0901). 南山高新科技园南区留学生创业大厦2楼201室

**European Union Chamber of Commerce** Rm 308, 3/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8635 0920; fax: 8632 9785). 南山高新科技园南区留学生创业大厦3楼308室

**French Chamber of Commerce in South China (CCIFC)** Room 318, 3/F Chinese Overseas Scholars Venture Building, South section of Hi-tech Industry Park, Nanshan District (Tel: 8632 9602; fax: 8632 9736) www.ccifc.org 南山区科技园南区留学生创业大厦3楼318室

**German Chamber of Commerce** 217 Chinese Overseas Scholars Venture Building, Hi-Tech Industrial Park, Nanshan District. (8635 0487) www.china.ahk.de 南山区高新科技园南区留学生创业大厦217

**IFE Business service Limited** 15/F, Tower 2, Kerry Plaza, Zhongxin Si Lu, Futian District (3304 3438) 福田区中心四路嘉里建设广场2座15楼

**Israel's Trade mission to China Shenzhen Liaison Office** Rm 306, Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 2671 2226; Fax: 2671 2223). www.israeltrade.org.cn 南山区高新科技园南区留学生创业大厦306室

**New Zealand Trade & Enterprise Shenzhen office** Room535, 5/F, Podium Building Cafu Square, 5 Guihua Lu, Futian Free Trade Zone (3391 1656) 福田保税区桂花路5号加福广场裙楼535号



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**The American Chamber of Commerce in South China** Rm 208, 2/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 0755-2658 8342; fax: 0755-2658

8341). www.amcham-southchina.org 南山区高新科技园南区留学生创业大厦2楼208室

**The British Chamber of Commerce**, Shenzhen Sub-Chamber Rm 314, 3/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 2658 8350). 深圳市南山区高新科技园南区留学生创业大厦3楼314室

**The Brussels Enterprise Agency** Rm 222, 2/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8632 9700; fax: 8632 9705). www.investin-brussels.com 深圳市南山区高新科技园南区留学生创业大厦2楼222室

**The Korea Chamber of C&I Shenzhen** Rm 312, 3/F Overseas Chinese Scholars Venture Building, southern section of High-Tech Industrial Park, Nanshan District (Tel: 8635 0985; fax: 8635 0907). sz.korcham.net.cn 深圳市南山区高新科技园南区留学生创业大厦3楼312 6011 Shennan Dadao, Futian District. 2) New World Centre, 23/F, New World Centre, No.6009, Yitian Lu, Futian District. 3) New Times Plaza, 3/F New Times Plaza, No.1 Taizi Lu, Shekou, Nanshan District. 4) Panglin Plaza, 35/F Panglin Plaza, No.2002 Jiabin Lu, Luohu District. 5) Futian Anlian, 26/F, An Lian Building, No.4018 Jintian Lu, Futian District. 6) 8/F, International Plaza, No.8 Lujiang Lu, Siming District, Xiamen. (400 120 1205) www.regus.cn 1) 福田区深南大道6011号NEO企业大道A座44楼 2) 福田区益田路6009号新世界中心23楼 3) 蛇口太子路1号新时代广场3楼 4) 罗湖区嘉宝路2002号彭年广场35楼 5) 福田区金田路4018号安联大厦26楼 6) 厦门市思明区鹭江道8号国际银行大厦8楼

## SOCIAL ASSOCIATIONS

**Shekou Women's International Club** A social club opens to membership for all expatriate ladies living in Shekou and surrounding areas. www.swiconline.com

**Shenzhen Asian Culture Society** A non-profit networking organization in Shenzhen (134 2372 0417, Mary Ann MacCartney). www.shenzhenacs.com

## OTHERS

**Chartis Insurance Company China Limited Shenzhen Branch** 11/F, Diwang Commercial Center, 5002 Shennan Dong Lu, Luohu District (Tel: 3685 6162; fax: 3685 6150) 罗

## ARTS

### GALLERIES & ART SPACES

**A-Lift Unit 116, Building A4, Eastern Industrial Park, Overseas Chinese Town, Nanshan District** (8271 9826). 提南山区华侨城东部工业区创意文化园A4栋116号

**Artron Art Gallery** Intersection of Caitian Lu and Meilin Ba Lu, Futian District (8251 2151). www.artrongallery.com 福田区彩田路与梅林八路交汇处

**Art Loft Gallery F1-104, OCT LOFT, Overseas Chinese Town, Nanshan District** (8610 6997). www.art-loft.cn 南山区华侨城创意文化园F1栋104铺

**Babu Gallery** Room 208, Building A3, East Industrial Park, Overseas Chinese Town, Nanshan District (8609 5506). www.babu-art.com 南山区华侨城东部工业区A3栋208室

**Bao'an Fine Art Institute** 74 Xin'er Lu, Zone No.4, Bao'an District (2778 2645). Free Admission. Mon-Fri 9:12pm, 2-6pm. www.sbart.com 宝安区西乡新安二路74号

**Beyond Gallery** 3/F, Building No.1, Shenzhen 22 Art Zone, Baocheng Gongyuan Lu, Bao'an District. (2784 6166). www.beyond-gallery.com 宝安区22区宝城公园路深圳22艺术区一号楼4层

**Bridge Gallery** Shop 115, Building A4, OCT Loft Phase II, Overseas Chinese Town, Nanshan District. www.bridgegallery.cn 桥舍, 南山区华侨城创意文化园南区A4栋115号

**Echo Art Living Museum** Shop 53, Nanhai Rose Garden Phase 2, Wanghai Lu, Shekou, Nanshan District. 南山区蛇口望海路南海玫瑰园2期53号铺



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# WALKS THE WALK

## I LEFT SHENHUA BLUE – DROGBA LEFT IN THE RED...

BY IAN WALKER



Didier Drogba and Nicolas Anelka in happier early Shenhua days

**F**ormer England international goalkeeper, Ian Walker played for Tottenham Hotspur, Leicester City and Bolton Wanderers. He is now goalkeeper coach of Shanghai East Asia, and a newly signed *That's* columnist.

I was taking a break in Spain when I heard Nicolas Anelka had signed for Shanghai Shenhua. We had been teammates at Bolton and had kept in touch, so I dropped him a line to see how it was going. He replied asking whether I'd fancy coming out to China to coach the team's goalkeepers if something came up? I drove up to Madrid, got a Chinese visa and flew out without a contract.

My first indication that things weren't going to be plain sailing at Shenhua came on the day I landed. I was due to watch the club's game against Tianjin the following day, when I learned that the coach, former France international and Monaco and Fulham boss Jean Tigana, had been sacked.

The information had obviously not been satisfactorily relayed to Tigana, however; apparently he had got on the team bus ready to go to the stadium, despite being told not to. So Tigana is sitting at the front of

*Club president Zhu Jun threatened to play himself alongside Drogba against Manchester United. Didi refused to play*

the bus and all the players are sitting at the back... but the driver won't move until he gets off!

Apparently he turned up at the stadium as well. I don't know what it was over – whether it was money, or that he was simply upset at being let go – but it was bizarre.

For me though, it's always just been coaching the goalkeepers – that's what I enjoy. So a few days later I went into training to say hello to all the players, and Nico tells me that he's basically going to be the manager, and was going to bring in his own coaches. We all met that night, and that was it.

Fast forward a few months to when Didier Drogba came in and everyone was buzzing. The whole football world in China was buzzing, because it was huge – he had just won the Champions League, scoring the winning penalty.

And he was just what you'd

expect: doing extra training; helping the Chinese players improve; displaying that will to win. People say players just come here for the money, but you would see him in some of the games – especially when it was a dubious result where the referee had maybe given the other team a couple of goals – and he'd go absolutely mad. He really wanted to win.

Behind the scenes it was a different story. When players arrive in a new city, clubs will put them up in a hotel. Shenhua put Drogba in the Peninsula. He had been staying there for maybe a month when he got a phone call from his agent or credit card company saying, "You've got a bill here from the hotel for 16 grand."

It was ridiculous, putting a player up in a hotel they couldn't afford and then sending his credit card company the bill. So straight away he started laughing. 'What's going on?' From there, I'm not sure if he even got paid a single month's salary.

According to FIFA rules, if you don't get paid for three months, you can leave. Didi was only at Shenhua for three or four months, so I think you can work that one out.

I don't know what club president Zhu Jun was thinking, bringing him over with all that fanfare. But I suspect a lot can be made of Zhu using Drogba to raise the profile of his gaming company – you bring a guy in, you use him to promote a computer game, and then you don't pay him. Maybe he had no intention of paying Didi all along.

I never really spoke to Zhu much – he talked to me probably twice in two years – but he obviously fancies himself as a player. He was always having five-a-side games with his mates at the training ground, and even started himself in a friendly against Liverpool a few years back.

He threatened to do the same while I was there, playing himself up front alongside Drogba in the Manchester United friendly. Didi wasn't having any of it, and made it known that if Zhu tried it on, he would refuse to play.

Anyway, it was a real shame letting Drogba go. Everyone at the club was a little bit deflated after he left. You get someone like him in who could give so much – he enjoys it, he wants to stay, he wants to win and for the club to do well – then the president just treats him like that. It's just crap – rubbish for the whole league, rubbish for Chinese football.

Anelka soon followed him back to Europe, and in the end I left Shenhua for the same reason – I didn't trust them to pay me. But things went well for the near two years that I was there. And just before I left, my protégé, Wang Dalei, was sold to Shandong Luneng for RMB30 million. I've been told that it's a record for an Asian goalkeeper, so I think I did alright for them.



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